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Dancing with your Oklahoma State President Gwynn Nell Swanson



July 18, 2011 – All packed and ready to leave to Overland Park, KS for the 64th Annual IC Convention. Ramona Paine-Means drove down that morning to ride with us along with Wanda Morrow arriving about the same time. Went to pick up Nancy Buck and got on the road to Claremore to pick up Sue Knight. Needless to say the car was loaded! It was a really neat trip to travel with my sisters. Talking all the way seemed to make the drive shorter. Oh, my gosh! I have 3 Sooner Seniorettes in my car!! Boy, do I have to be nice!!! Arrived at the hotel in Overland Park about 4 pm. Checked in our rooms then went down to register. I participated in quite a few events during that week. The ESA Foundation Fund Fest is always fun to attend. I helped set up, monitored the auction tables and did some shopping myself. Up Wednesday morning to attend the State President's Workshop. That evening helped with the Convention Site tables promoting the 2012 IC Convention in Oklahoma, attended the Welcome Party & Dinner and went to the opening ceremonies rehearsal. Thursday morning the first General assembly started off with the Flag ceremony in which I was honored to represent our GREAT State of Oklahoma by carrying the Oklahoma State Flag and attended the PICPA No-Host Luncheon. This was the first time I have attended such an event and really enjoyed it. Earlier that evening, all of the Oklahoma members car-pooled to the home of Robbin Brown's mother. She graciously opened her home to us for dinner and the state caucus; went back to the hotel to attend the Mystery Night event. Friday attended the Second General assembly, presided over the Central State Regional council meeting along with Marsha Barnes of Kansas. That evening five of us went to check out the Casino. The banquet on Saturday evening was exciting and the installation of 2011-2012 IC President, Rose Pasillas was beautiful. The astonishing amount for St. Jude was \$9,142,732.00! Sunday morning packed up all the memories and headed home. What a fun time at IC Convention. Seeing all of my friends and making new ones will last forever.

July 29-30, 2011 – Dan & I attended one of my family reunions in Madill, OK. If you have not eaten good fried catfish lately, you need to go and eat at Catfish Platter just north of the border of Oklahoma and Texas on Hwy 377. It is the best fried catfish you will ever eat!! Catfish Platter caters our reunion every year on Friday night.

August 11, 2011 – Friday night we gathered at the Holiday Inn in Norman for the 2012 State convention planning meeting. Lots of items were discussed and plans are coming together for a fun week end at the 2012 State Convention. After the meeting we all gathered in my room for snacks, drinks and socializing.

August 12, 2011 – The August Leadership Seminar was fun. My two guest speakers were very informative and enjoyable to listen to. The first speaker was Diane Hamill of Ardmore and she represented the DAR (Daughters of the American Revolution). Her power-point program showed us the many ways that DAR and ESA were similar. The second speaker was Andrea Robinson, Robbin Brown's daughter. Her speech on "The Basic Principals of Leadership" was excellent. We enjoyed several other speakers, skits, laughter, a good lunch and Shopping on the Mall.

August 23, 2011 – I attended the Easter Seals Annual meeting and Luncheon in OKC where the Oklahoma Council of ESA was presented with a Certificate of Appreciation.

August 27, 2011 – District II held their Leadership in Guthrie. District Coordinator Sylvia Ochs held a really good Leadership. Her special speaker was Donna Rynda. She spoke on "How to Listen". Donna and I had a one-on-one talk about learning how to listen.

September 6, 2011 – Attended Delta Kappa business meeting. We are excited for the coming year and the many challenges!

Looking forward to the other District Leaderships scattered across the state. Every week-end in September will be busy for me attending the different District Leaderships.

Remember the tour of the Oklahoma City Easter Seals office on Thursday, October 6 at 10:45 am. There will be a Dutch treat lunch following the tour.

The OSD tour/District IV meeting is October 8th in Sulphur.

The Give Thanks Walk in Oklahoma and Tulsa will be November 19, 2011 at the same Mall it was at last year. Everyone is encouraged to register and help with this event.

And of course, don't forget the November State Council meeting November 12. Information of the meeting will be coming soon.

Have a Happy Thanksgiving and don't be like the turkey and stuff yourself. Enjoy your time with family and give thanks to God for all of your blessings.

ESA love to all, Gwynn Nell



1st Vice President Joyce Gibson

Happy & Glorious Fall, Everyone!!!

The leaves are changing color and the weather is beautiful. I love this time of year. Chapters are back in full swing of things and we have some exciting events coming up. I hope all of you enjoyed the District Leaderships. Those Coordinators worked hard and did a great job. Please continue to show them love by attending their upcoming meetings. Thank you for supporting the Coordinators and the Districts.

I have several positions that need to be filled on the Executive and General Board to help us have a successful and fun filled year 2012 to 2013. If you aren't sure about the responsibilities of a particular position, the Blue Book is an excellent place to start. If you have any questions about a particular position or you need help finding your perfect fit, please feel free to contact us. The Nominating Committee members Nellrita Barrick, Jacque Edwards, Lola Jaegars, Peggy Pate and Peggie Sprinkle are more than happy to assist you in anyway.

The Executive Board consists of: 2nd Vice President, Recording Secretary, Treasurer, Parliamentarian, Petticoat Journal, PJ Editor, and Project Director.

The qualifications for an elected office are:

- A) An active chapter may nominate any member for an elected office, except Corresponding Secretary.
- B) A candidate for elected office must have held the office of Chapter or City Area Council President.
- C) Must be an active member of their chapter in good standing.
- D) Must have been an active ESA member a minimum of two years.
- E) Must have attended at least one previous State Convention.
- F) Give her consent in writing.

- G) Candidates for the office of 1st Vice President or 2nd Vice President shall have served at least three terms as an elected officer or two terms as an elected officer and two terms as an appointed chairperson prior to the nomination.
- H) Consent of the candidate and qualifications shall be sent to the Nominating Committee by March 1.

The Nomination form for the 2012-2013 officers is available in this issue or on the website at http://oklaesa.org/forms%20reports.htm. Chapter Presidents please nominate someone by filling out one OR MORE of these forms. You can send them by email or regular mail.

We are a team and we all do well by helping each other.

Joyce Gibson
ESA Oklahoma State 1st Vice President
P.O. Box 179, Norman, OK 73070
Phone 405-364-0484
Email: firstyp@oklaesa.org or joiesa02@aol.com



2nd Vice President/Educational Chairman Tina Davenport McKamie

Can you believe the long, hot summer is gone? Time is passing fast - Christmas and the New Year is just around the corner. Don't let time get away from you. Begin submitting your educational reports now. Go to our website (www.oklaesa.org) to find the report form.

I encourage each chapter to complete at least one educational program utilizing my theme "Get Fit, Get Healthy". Explore new ideas to improve your health. You don't have to give up living to be fit and healthy. Just incorporate exercise and proper nutrition into your daily routines. Being fit and healthy will help us achieve most of our goals. And that is to be able to live a long productive life.

By submit your educational reports, you could be eligible for the following awards:

Gold Link Award V - each chapter submitting at least six timely reports. Gold Seal Entry - a notebook compiling all the chapter educationals for the year with a minimum of six timely reports. Distinguished Athenian V - a chapter educational director is recognized for outstanding contributions to her chapter, community and State Council. To be eligible she must submit a Gold Seal Entry and be nominated by her chapter president. State Educational Director Special Award - present and report an educational program on this year's theme "Get Fit, Get Healthy". Be sure your chapter dues are paid by January 1, 2012 to be eligible to compete.

Please note my new e-mail address for submitting your reports or contacting me.

Tina Davenport McKamie 8057 Blocker Road McAlester, OK 74501 tinamckamie@gmail.com (918) 469-3420 home (918) 916-2199 cell (918) 426-3272 work

Health Tip:

It turns out you don't have to completely overhaul your life in order to fit into your jeans better. Researchers recently pinpointed two simple strategies that could do the job. Part 1: Just walk an extra 500 steps every day. Part 2: Trim a mere 100 calories from one meal each day (that's roughly equivalent to eating one less tablespoon of butter, drinking three fewer sips of soda, or leaving three or four bites at a meal). In a study, overweight people who were coached to do exactly that ended up doing big favors for their waistlines. Not just because they removed a few extra calories from their day, but because embarking on this simple plan inspired them to make even bigger changes. They turned into overachievers, cutting 300 calories a day from their diets and walking an extra 1,450 steps per day. That translates into shedding about a pound every 10 days or so. And it was their commitment to baby steps that really got the ball rolling.



EDUCATIONAL: Healthy Snacking Tina Davenport-McKamie

My Plate

The Department of Health recently introduced a new guide that takes the guesswork out of putting together a healthy meal. MyPlate, which replaces The Food Pyramind, helps consumers make healthier food choices with emphasis on fruit, vegetables, grains, protein and dairy. The MyPlate guide encourages a more plant-based eating plan. It is also designed to help improve Americans' understanding of the portion of each food group that creates a healthy diet.

The MyPlate icon displays a plate when divided into quadrants, encourages larger amounts of vegetables and fruits and slighter small amounts of protein and grains. In addition, a serving of dairy is located at the top corner of the icon with consumption encouraged at each meal.



A glance at the new guide shows that half your plate should consist of fruits and vegetables. Eating more fruits and vegetables will help reduce calories and increase

vitamins and minerals. The rest of your plate should be a combination of mostly whole grains and a smaller amount of lean protein with a side of dairy. The divided plate also discourages super-sized portions, which can lead to weight gain.

Including a colorful variety of fruits and vegetables in meals and snacks helps maintain a healthy weight and may reduce the risk of many diseases, including heart disease. Fruits and vegetables are a valuable source of the following nutrients important for overall health:

- → Calcium Essential for healthy bones and teeth; needed for normal muscle, nerve and gland functions.
- → Fiber Diets rich in fiber have been shown to decrease risk of heart disease.
- → Iron Needed for healthy blood and normal cell functions.
- → Magnesium Required for healthy bones; low levels may cause muscle cramps and high blood pressure.
- → Potassium Helps maintain healthy blood pressure.
- → Vitamin A Keeps eyes and skin healthy and protects against infections.

Vitamin C - Helps heal cuts and wounds and keeps teeth and gums healthy

Tips for choosing a great plate include:

MyPlate's advice: "Enjoy your food, but eat less."

- → Balance calories as an individual, find out the number of calories needed for a day as a first step in weight management by going to www.ChooseMyPlate.gov.
- \rightarrow Enjoy the taste of food, but eat less pay attention to hunger and fullness cues before, during and after meals to recognize when to eat and when to stop. Eat slower and eliminate television viewing while enjoying food which leads to mindless eating.
- → Avoid oversized portions use a smaller plate, bowl and glass. Portion out foods before sitting down to eat. When eating out, choose the smaller size option, or take home part of the meal.
- \rightarrow Make half the plate fruits and vegetables choose red, orange, dark green vegetables like tomatoes, sweet potatoes, and broccoli along with other vegetables at meal time. Add fruit as part of the meal as a side dish or dessert.
- \rightarrow Switch to fat-free or low-fat(1%) milk these lower fat versions have the same amount of calcium and other essential nutrients as whole milk, but with fewer calories and less saturated fat.
- → Make half the grains whole to eat more whole grains; choose whole wheat bread instead of white bread and choose brown rice instead of white rice.
- → Foods to eat less often cut back on foods high in solid fats, added sugars, and salt.
- → Compare sodium in foods use the Nutrition Facts label to choose lower sodium version. When selecting canned items choose "low sodium", "reduced sodium" or "no salt added".
- → Drink water instead of sugar drinks cut calories by drinking water or unsweetened beverages. Soda, energy drinks, and sports drink are a major source of added sugar and calories

What we have learned over the year is that consumers are bombarded by so many nutrition messages that it makes it difficult to focus on changes that are necessary to improve the American diet.

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Treasurer's Report Linda Southerland

HAPPY FALL!!!

It seems that the weather is finally going to cool off, and I do hope winter will not equal summer and be record breaking. We certainly do not need as much snow and ice like we had last year. We can wish for a mild, wet winter.

I also hope everyone is staying well or on the way to being healthy anyway.

This is just a friendly reminder that it is nearing the time to pay dues. Remember, the State dues were increased in June. Changes in dues are as follows: The <u>state dues</u> shall be thirty dollars (\$30.00) per chapter plus **five dollars** (\$5.00) per member. Please adjust your dues to reflect this increase. <u>District dues</u> will remain at \$10.00 per chapter plus any adjustments or assessments voted on by your district. <u>International Council (ESA Membership Headquarters)</u> dues remain at \$35.00 per chapter.

State Dues should be remitted to Linda Southerland, 708 S. 8th, Clinton OK 73601.

District Dues should be remitted to your District Treasurer AND

IC Dues should be sent to ESA Membership Headquarters, 363 W. Drake, Fort Collins CO 80526

| I hope all chapter and district treasurers remembered to submit the Tax Facts to ESA Membership Headquarters prior to September 15 th . |
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| Linda Southerland, 2011-2012 Treasurer, |
| |
| Project Director Margaret Kramer |
| Greetings from State Project Director! |
| Well my summer has been very busy, I traveled from OK. to Ga. to NY. to Ga. to Tulsa to Belize to Tulsa to Norman to Ga. to OK. to Ga. back to OK. Good thing I retired! |
| I would like to thank everyone for their kind words and expression of sympathy in the recent death of my brother. During the ruff times it sure warms the heart to know that I have so many sisters who care. |
| I still do not have all of the information sheets available from the Schools; classes did not start until 8/29. Jane and Sue are working on getting them to me ASAP, I will forward them to the individuals and chapters when available. It is my GOAL to have each chapter sponsor at least on student this year. It sure would be a terrific accomplishment to have all the students sponsored. The OSB has many students who just need remembrances on special occasions and not a monthly allowance. I would appreciate if each and everyone would open their hearts and sponsor a child this year. If we sacrifice a cup of Starbuck's or a cocktail at dinner monthly we can bring a smile to the face of a child when they receive a card or note of encouragement from us. |
| I am looking forward to the October 8 tour at the School for the Deaf in Sulphur, I hope to see as many of |

you ladies as possible. It is homecoming weekend and many of the students will be there to meet their sponsors. Lunch is \$8.00.

I have been able to open a Project checking account and finally deposited the checks that have been donated to the Project Fund. Remember to pencil in the State Project Fund when preparing your chapter 2011-2012 budget. I want to express my sincere appreciation for all you have done for the children and look forward to a banner year in donations and sponsorship. If you have any questions please feel free to call me.

Keep the School Administrators, faculty and students in your prayers as they embark on a new and challenging school year.

My best wishes for the health and energy necessary to accomplish your chapter goals! God Bless. Margaret



District II Sylvia Ochs

District Two Leadership meeting was held Saturday, August 26, 2011 at Noble Avenue Baptist Church Fellowship Hall in Guthrie, Oklahoma.

The Speaker was Donna Rynda, well known speaker for corporate organizations, church groups and other small companies. She advised all how "To Do Nothing" and fun was had by all.

Salad luncheon was furnished by Kappa Theta #3454 and music entertainment by Cheryl Tarter. Mrs. Tarter had written a song entitled "Sail Away With ESA" which was the Director's theme. It was written to the tune "Around the World in 80 Days". All participated.

There were approx. 30 people in attendance. Our annual meeting will be held March 24, 2012 at Inter Bank in Kingfisher with installation of officers.



District IV Ellen Clark

DISTRICT IV HAS BUSY YEAR

Dist. IV members have held two meetings this year and the final meeting will also be the installation of new officers at the Sunnylane Methodist Church in Del City with Kay Brader being installed as Coordinator.

The first meeting was held in Midwest City at the Spencer Event Center with Coordinator Ellen Clark conducting a leadership seminar. Guest speaker for the event was Cpl. Kelli Bruemmer of the Oklahoma County Sheriff's Dept. She reminded everyone that it was getting easier and easier for someone to steal your identity, so always be alert. Don't leave your purse unattended in a store and definitely not in your car when you go into a store, even for a short time. Approximately 40 members and guests were in attendance. Doris Kemp, Ways and Means Chairman held a bake sale and made \$138.00 for the budget.

The second meeting was held in Sulphur at the School for the Deaf. A silent auction was held on baskets of goodies from each chapter and over \$208.00 was the profit. District IV has a special project this year for the Greiner School in Lawton. Their goal is to be able to present a \$300.00 check to the school. Sue Cole, Social Worker for the School for the Deaf entertained the group by signing to the music and words of "Open Hands" by Matt Papa, which was very impressive.

A nominating committee was elected at this meeting. New officers will be announced at the meeting on March $10^{\rm th}$, in Del City.



Care Connection Counselor Peggie Sprinkle



Peggie Sprinkle Care Connection/Hope for Heroes Chair

Please consider having a special *Hope for Heroes* event during the week of November 6-12. 2011 - to show your support for our military personnel, their families and veterans.

This is a special week but it is not the only time during the year Oklahoma ESA members can honor these extraordinary people who are sacrificing so much for us. I know there are many Oklahoma ESA chapters/members doing good things for/with our military personnel, their families and veterans. Please report these projects to me so I can record your wonderful support. There is a special *Hope for Heroes* form on the Oklahoma's web site. I would really like to hear from each chapter this year - and send me a picture! Oklahoma sisters are the greatest and I want to share all your good works with everyone!

A special prayer - Heavenly Father we are asking that you watch over all our men and women fighting for our freedom. We ask that You bless them and their families. We thank You and give You the praise and glory. Amen

Peggie Sprinkle 8201 E. Norman St. Broken Arrow, OK 74014 (C) 918-813-3382 peggieokesa@cox.net careconnection@oklaesa.org



Convention Janice Shockley

Convention 2012

I just spoke with Linda the "barn builder" and she assured me that all will be in order to have a barn raising on Friday night at "ESA In The Country". The talented and willing workers from Sigma Chi, Beta Mu, Zeta Gamma and Delta Kappa will be ready to assist in making the weekend of April 27, 28 & 29, 2012 a memorable and fun convention. But we will need all of our Oklahoma ESA sisters support with your attendance for this weekend in the country.

Gwen the Goose, Lola the Lamb, Robbin the Robin, Sue the Siamese Cat, and Wanda the Whippoorwill have made a list of all the things that you need to know to prepare for this country weekend.

- 1. Registration cost is \$85.00 and due by April 13, 2012 to avoid the \$25.00 late fee. Registration form is included in this issue of the P.J. Mail to Robbin Brown.
- 2. Registration deadline to be eligible to participate in the drawing for a free registration is November 1, 2011. This could be you by simply sending in your registration a little early.
- 3. Holiday Inn room reservations are due by April 13, 2012. Be sure to mention ESA to get the special room rate of \$79.00.
- 4. Place you add for the convention program by April 1, 2012 to Sue Knight. The ad form is included in this P.J. Remember there is a prize of \$100.00 to the person selling the most add that total to the most money.
- 5. Wanda Morrow will have the convention charms for sale at each State Council meeting at a cost of \$7.00. These cute charms are a hot item and going fast.

I hope you will join us for a fun weekend in the country – that's "ESA IN THE COUNTRY". I will keep you posted as more news becomes available.

I am looking forward to seeing everyone at the November State Council meeting.

Janice Shockley 2012 Convention Chair 2405 Weatherford Norman, OK 73071 (H) 405-321-5907 convention@oklaesa.org



2012 Oklahoma State Convention - "ESA IN THE COUNTRY"



April 27, 28, & 29, 2012

Room rate of \$79 plus tax per night – Reservations due by Friday, April 13

Free Parking - Free hot buffet breakfast 2012 Oklahoma State Convention - "ESA IN THE COUNTRY"



St. Jude Coordinator – Judi York

ESA's "Circle of Life" is no more. It is now ESA for St Jude. We are happy for this change because it says what we really are.

This past year ESA raised \$9,142,732 for St. Jude. We are so proud of this total. We are even prouder that Oklahoma was in the top 10 states and we raised \$587,299. Thank you to each and every one of you for all you do for St. Jude.

We have been partners with St. Jude for 40 years. What a milestone! There is a 40 year pin available that you can order through ESA merchandise. It is a great way of showing your support for St. Jude. The cost is \$40. There is also a Team ESA t-shirt, jacket and visor available. It has both the ESA and St. Jude logo on the shirt.

On November 19 the Give thanks. Walk will take place at Penn Square Mall in Oklahoma City (Aletha Bolt, Chair) and at Woodland Hills Mall in Tulsa (Dawn Haley, Chair.) Please support these walks by volunteering your time or sponsoring a member who is walking.

On December 3 in Memphis is the St. Jude Memphis Marathon. Rosalie Griffith, Deb Hughes and me will be in Memphis representing Oklahoma ESA. If you have a couple of extra dollars lying around we could use your support.

If you have an event planned for St. Jude, please let me know. Post it on the website so that we can all participate.

After the first of the year we will start the St. Jude Dream Homes and Radiothons. We have a lot happening for St. Jude in Oklahoma. Please join in and be a part of saving the lives of children.



Credentials: Joyce Lacey-Kenney

Please remember to pay your Chapter dues. MUST BE PAID BY JANUARY 1, 2012. I cannot issue ballots at convention unless the dues are paid be January 1, 2012. Thanks.

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Easter Seals Jo Ann Rott

Why Easter Seals and Autism?

More than a century ago, Easter Seals was front and center during the polio epidemic, working tirelessly to help children and adults with polio gain the skills they needed to live independently through medical rehabilitation and various therapies. Now, Easter Seals is the country's leading provider of services for people with autism today.

Easter Seals has been providing services and support to children and adults with disabilities, and to their families who love them, for more than 85 years. Over the last 20 years, Easter Seals has seen a dramatic increase in the number of people with autism the organization serves both through its services developed specifically for people with autism and through services that include children and adults with autism among other service recipients.

The Centers for Disease Control and Prevention's (CDC) new findings on the prevalence of autism validates the belief that autism is an epidemic of our time. The fact is, many families are living with autism today and there is a need for increased funding, services and supports for individuals with autism.

Autism is treatable! There is yet no known cause or cure, nor one single effective treatment, autism is treatable. People with autism, at any age, are capable of making significant progress through personalized interventions and therapy, and can and do lead meaningful lives. This is where Easter Seals come in. Getting the right support at the earliest state in life can help a child gain the skills he or she needs to be successful.

While there are several organizations researching to find the cause and cure for autism, Easter Seals is the nation's leading provider of services and support for children and adults living with autism and their families. Easter Seals works internationally to provide children and adults with autism individualized treatment plans and comprehensive services.

Easter Seals also advocates in Washington DC, encouraging Congress to finance research to improve services and supports and pursuing public policy solutions for the challenges familes with autism face.

Did You Know?

The diagnosis of autism has been estimated to occur in as many as 1 in 110 individuals, is four times more prevalent in males than females, and has been growing at an estimated rate of 100-200 percent every five years. Every 20 minutes, another child is diagnosed with autism. Join Easter Seals, the leading provider of autism services. WE CANMAKE LIFE BETTER for the millions of individuals touched by autism.

Go to easterseals.com. Click on the **Act For Autism** link and sing a petition for increased funding for autism.



ESA Foundation Counselor Ramona Paine

Greetings!

What a great time we had at IC Convention!!! The first annual Foundation Fund Fest (formerly known as Casino Night) was held on Tuesday night with a full house. Approximately \$11,000 was raised for your Foundation at FFF.

Also at the Foundation Counselor meeting on Wednesday we were informed that 165 scholarships had been presented.

Seventeen Oklahoma students received scholarships.

- Beta Zeta/Robert Glenn Rapp Foundation 4@\$1000
 Candy DeBeer, Blanchard; Tiffani Coker, Colbert; Cassandra Sharp, Langley and Katlyn Johnson, Muldrow.
- "Doc" and Cathy Holsted Honorarium Endowment \$1000 Jamie Tate, Luther
- Hawkins-Tuma Memorial Endowment \$500
 Francesca Banks, Newcastle
- Mary Louis Smith Memorial Endowment \$2500 Celina Pong, Yukon
- Melvin & Lucille Haymaker Endowment 3@\$2000
 Dakota Semrad, Hennessey; Ashley Fuska, Hennessey and Brandon Hubbard, Kingfisher
- Myra Starr Honorarium Endowment \$500 Kasey McConnell, Duncan
- Oklahoma Council District IV Endowment \$350 Dana Rogers, Ada
- Oklahoma Council District II Endowment \$500 & Stormy Valley Endowment \$500
 Patrick Luong, Oklahoma City
- Oscar & Joyce Whitewing Honorarium Endowment \$500 Kasy McConnell, Duncan
- Tulsa Area Council Endowment \$1000 Emily Fanning, May
- Vi Gardner Memorial Endowment \$500 Jordyn Snow, Lexington
- York Family Endowment \$1000
 Tyler Swafford, Wellston

Ramona Paine, ESAF Counselor 604 W. Wheat Capital Road Enid, OK 73701 580.242.0741 Ramona.paine@gmail.com



Philanthropic Darla Barton

Good Fall everyone,

Hope this finds you with cooler temperatures. Wanted to let you know that I received an e-mail from our IC Philanthropic Chair, informing me that, "the mileage rate we will be using for 2011-2012 is \$.555. This should be used for all chapters' calculations."

Also at a recent district meeting, I was asked if extra points would be given for submitting monthly Philanthropic reports. Though I would love to see them monthly, there are no extra points given for this. The deadline remains April 1st or reports postmarked by April 1st.

Have an awesome Thanksgiving ladies. Keep up the good work!

Darla Barton
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(H) 580-323-3493
Darla_barton@sbcglobal.net
philanthropic@oklaesa.org



Publicity Leslie Farabee

Please look at the new Publicity report form from the Oklahoma State Council website. I look forward to seeing what each chapter has been up to. Please send to Leslie Farabee, 807 N. Elm St., Owasso, OK 74055. Thank you. Have a wonderful year.

Leslie Farabee Publicity Chairman



Beta Iota #4283 McAlester

BETA IOTA is already going great guns. We had an organizational meeting in August at Betty B's house to make plans for the new year....but mostly we just visited. But last night was our first meeting and we started off with Tawanna Cathey giving us an inside report on how to "Get Fit with Social Security" complete with informational handouts. We had 15 members present including Elaine Ockletree who has not been well for a long time; a new transfer member whom you all know and love.....Margaret Kramer! Amber, our new president, has already proven herself to be a good leader and that she will be "Taking Care of Business" this year!

| June Miller | | |
|-------------|--------|--|
| | Z Z | |

Beta Psi #0498 Clinton

Rock and Roll in ESA, we surely did at the spring state convention. What a joy to have fourteen of our gals there with three of them being first-timers! We were elated with the many awards and recognitions Beta Psi received, especially our DIANA Award state winner, Betty Finnell, for her leadership in the "Wounded Warrior Hunt" for the soldiers or the Iraq and Afghanistan wars. Pride, filled our hearts as six from our chapter accepted positions on the 2011-2012 state board.

Outstanding, best describes our Founders Day Banquet in May as we celebrated the successful past year and to honor some of our own. Roberta Wermy was recognized as Beta Psi's Pledge of the Year and Doris Cook was crowned as Woman of the Year. Nellrita Barrick received her 20-year pin with Joy Agan and Katrena Rightnowar getting their pins for 30 years of service.

The annual Zeus Award was presented to Bill Waldrop as Nellrita told his story of volunteer work with the local AARP, Boy Scouts of America and the Ombudsmen organization.

Then, the summer was adventurous and fun for several of us. Hosting the St. Jude Dream Home in Edmond and working the Telethon, our volunteers grew from two on the first one to ten this year. Our summer

socials, the "Hen Party" and the "Mystery Dinner" were scrumptious and entertaining. An increase in member involvment continued through June State Council and the August Leadership.

As this comes to print, our "Fall Rush" will have occurred and the October Enrollment will have met our anticipation as Beta Psi shares ESA!

November will find us participating in our second "Hope for Heroes" event this year. And, ticket sales will begin for the December Cajun Bean Dinner and Silent Auction, our one fundraiser for the year.

Enjoy the cooler air and beauty of the autumn days!

Nellrita Barrick



Beta Zeta #3158 Oklahoma City

Wow....has this been one hot summer or what!. Althea Bolt and Billie Fritch joined the rest of the Oklahoma delegation and attended the IC convention in Overland Park, Kansas in July. Billie and Maxine Wheelan, Delta Chi, MWC, drove and roomed together. Aletha was already there and we ran into her soon as we got to the hotel which was good as we didn't have a room yet so she showed us where everything was and we stayed in her room awhile, then went to listen to a young man who has overcome Tourette Syndrome and he made us all realize that everyone has a story and to be more tolerant with each other. The convention went by so fast that before we knew it, it was time to pack our bags and come home. A great convention; the Kansas girls did a wonderful job, made everybody feel welcome and Oklahoma will do the same I'm sure when we host IC convention in 2012 in Norman. Aletha and Billie also attended the Leadership meeting in Norman; Beta Zeta made English Toffee candy and sold it on ESA on the mall. We sold it all and hope everyone who bought some enjoyed. We would probably take orders and make it again if there was an interest. Let us know. Billie and Aletha made the Dist. 2 Leadership in Guthrie where we had a delicious lunch and listened to a great speaker and just had a good all around time. We're looking forward to the Give Thanks Walk for St. Jude in Oklahoma City in November. Several of the chapter participated last year and will again I bet. Hope everyone survived the hot,hot,hot,hot summer.

Billie Fritch



Delta Kappa #3538 Norman

LEARNING SERVING GROWING

Summer has now passed on and Delta Kappa has hit the cement running. We are really excited about our year. Our new officers are in place, we have a great slate of educationals and socials planned as well as variety of new service projects to kick off. We welcomed backed Helen Checorski, who has been on our injured reserve list(watch out ladies for those Zumba classes). We have several members still out recovering from surgery that will be rejoining us soon as well as several new prospective members. Our first social is a wine tasting party at Native Spirits on the lake yum yum!! Delta Kappa ready to learn, serve, and grow in 2012.

| Linda Leveridge | | |
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Epsilon Kappa #1945 Hominy

Epsilon Kappa has had a very busy summer. Our auction is October 1, 2011, at the Horace Mann School Gymnasium, and we've been working hard to make it the biggest and the best ever. We'll have lots of goodies for everyone, tools for the men and pretty things for the ladies. All proceeds from our auction goes towards our philanthropic projects.

We had a "girls night out" at the Mexican restaurant in Cleveland, where we learned how to make camouflage blankets for our troops over seas. We also had a guest night at the same time and everyone enjoyed a delicious pizza dinner. We're helping pay for postage for the blankets. The Cleveland Retirement Manor have been helping with our Hugs for Hopes project, and the residents proudly filled Billye Peterson's car with neck pillows, teddy bears, etc. We had some good publicity in our local paper with our projects, too.

Epsilon Kappa is looking forward to seeing all of our District III members in Hominy on September 24. It will be nice to have everyone come to Hominy for a change. It's been a long time since we've been hostesses for our district.

By the time you receive this issue of the P.J. we should be able to sit back and take a deep breath before we get busy pledging some new members. Our state membership chairman is our chapter president, too, and we know that Mary Johnson is going to keep us busy!

| Joyce Whitewing | | |
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Gamma Zeta #3464 Edmond

Making a Difference School for the Deaf, Sulphur, Oklahoma

Several members of Epsilon Sigma Alpha's Gamma Zeta chapter in Edmond visited the Oklahoma School for the Deaf in Sulphur, Ok on October 8 to help make a difference. Helping insure the deaf and hard-of—

hearing students in Oklahoma have the same opportunity as all children to be successful in a barrier-free environment is a goal of Gamma Zeta as well as the School for the Deaf (OSD).

OSD is a residence for the deaf and hard-of-hearing students ages 2 – 18. The school teaches K-12 students in Sulphur, Oklahoma. In 1898 the school provided for the education of blind Indian children of the Five Civilized Tribes. In 1907 OSD was established. The school has grown from the original 3 buildings to the campus that includes a gym, auditorium, student-center complex, superintendent's residence, Long Hall, Blattner Hall, Vocational Building, Griffins Hall, and the physical plant facilities.

Independent educations plans are designed to meet the needs of every student. The outreach program provides evaluation for children from ages 2-21, in-service training programs, consultation for adaptations and modifications to child's educational environment. OSD provided 2,506 direct services to deaf or hearing-impaired students and 14,847 contacts of families, schools, and hearing-impaired organizations.

You too can help Gamma Zeta make a difference by volunteering or a monetary donation. Contact Gamma Zeta's President Pat Strickland at 715-3366 or 250-4266.

Each second Wednesday of every month is a general fundraiser at Johnnies in Edmond where Johnnies will donate a percentage of each diner's receipt to Gamma Zeta. Philanthropic organizations include our national project for St. Jude's Hospital, and all the rest goes to Oklahoma and Edmond projects such as Ok School for the Deaf, Coffee Creek Riding Stables, Free to Live, Mobile Meals, UR Special, Boy's Ranch, and the Hugs Project.

On October 18, Gamma Zeta and Freddies Restaurant on East 2nd are having a fundraiser for Hugs for Heroes. Hugs for Heroes, Inc. goal is to help as many troops as possible feel appreciation from home in the form or notes and small items that can make the hardships they endure just a little easier to bear. No one can compensate the troops for their service to our country. We can affirm that the community appreciates their service and sacrifices. Every penny of each donation is used only to purchase and ship items to our troops. All donations are tax deductible.

Several members of Epsilon Sigma Alpha's Gamma Zeta Chapter toured the Easter Seal facility in OKC October 6. The Gamma Zeta Chapter of Epsilon Sigma Alpha helps raise monies for this worthy organization. Since 1925 Easter Seals has provided exceptional services, educational outreach, and advocacy so that people living with disabilities can live, learn, work and play in our community. Last year Easter Seal's speech service helped 251 children across the state, assisted 6 children with outpatient surgery and needed equipment, and 1620 individuals received resource information; this organization also served 122 people with their inclusive child development center, and 74 adults participated in their day-service program. Last year Easter Seals helped a total of 3183 individuals. If you would like to help raise money or volunteer for Easter Seals contact Gamma Zeta's President Pat Strickland at 715-3366 or 250-4266.



Kappa Theta #5414 Guthrie

Kappa Theta members have had a busy year and are gearing up for a busy fall.

During the month of July, members met at The Stables Café for our monthly business meeting. After the business meeting adjourned, we took a fun field trip to Curves exercise studio. Members attending were President Libby Zaage, Jacque Edwards, Educational Director Sylvia Ochs and Connie Johnson. We were very impressed with the workout that the machines give you. None of us were familiar with how the exercise studio worked and we really enjoyed ourselves.

For the month of August, we again met at The Stables Café for our business meeting. The following members also attended President Gwynn Nell Swanson's August Leadership in Norman: President Libby Zaage, Sylvia Ochs, Sooner Seniorette Jacque Edwards and OK State Council Parliamentarian Connie Johnson. We are proud of the great job that Gwynn Nell did on hosting her August Leadership.

Kappa Theta ladies were host to the District II August Leadership Meeting in Guthrie on August 27th. District II Coordinator Sylvia Ochs did an excellent job and we are very proud of her. Donna Rynda spoke to those attending about the importance of being a good listener and attendees were treated to a salad luncheon hosted by the ladies of Kappa Theta. Sylvia's daughter Cheryl Tarter played piano for us and we learned a new song that Cheryl had written especially for her mother's theme "Sail Away with ESA". We had a great attendance and appreciate those of you that took time to attend our meeting.

On August 31st, Kappa Theta ladies met at the skin care salon of Liza Machtolff to learn about the importance of good skin care and the dangers of sun exposure and skin cancer. We are in such a rush some times that we don't think about taking proper care of our skin and it was very interesting to learn ways to do so.

We are planning to hold a White Elephant Auction and cookout in September to raise funds for our chapter. We had planned to hold it in August but decided that we would hold off for cooler temperatures which hopefully will arrive soon.

It was good to see all of our ESA sisters at various meetings. May God Bless each and everyone of you and your families.

| Connie Johnson | | |
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Omega Pi #3832 Tulsa

Well it looks like we have all survived the hottest summer Oklahoma has had in a long time, but it certainly has slowed us down.

Our social in July was the TAC Bunco Bash with proceeds going to Community Food Bank and the Clare House. We had a good turn out and had a lot of fun throwing the dice. We had a lot of great prizes for the lucky winners and also great food for all.

Our August social was a couples party for Jenny Lizama celebrating her "40" birthday. She is one of our youngsters. It was at Marge Goodno's backyard and pool. Marge supplied the great grilled meat and we all brought side dishes to compliment it. We also had a beautiful birthday cake. No one jumped out of it but we did have a drop in visitor who came to serenade Jenny and tell a few stories or jokes.

We are looking to the summer heat leaving and all the things planned to the fall.

Joan Nightingale Publicity Chairman



Zeta Gamma #4253 Shawnee

Whew...what a hot summer it has been! I believe we are all ready for some cooler weather. I know the Zeta Gamma sisters are ready to get things going for the new year. Our first meeting was held at the home of Lora Thompson with six members present. After President Gwen Beasley conducted the meeting, Lora presented an educational on "Hunting the Red Fox". Her educational theme this year is S.E.A. – Sports, Exercise & Athletes. I know she has a few surprises in store for us. Six of our sisters attended the August Leadership in Norman where we sold cupcakes in a jar and pie in a jar at ESA on the Mall...yum!! Everyone had a great time. Robbin spent a fun day at Dist II Coordinators Sylvia Ochs leadership. Her guest speaker was dynamic and of course it's always a joy to spend time with your ESA sisters, too. Please continue to keep Lola Jaegers family in your prayers as they struggle with their daughter, Jennifer, illness. Also, Gwen Beasley. She recently was admitted to the hospital and had surgery but is doing much better. If anyone is in need of a pearl pin, our chapter has several to sell for \$12.00. See you in November at the State Council Meeting.

Robbin Brown Publicity Chairman

Oklahoma State Council of ESA Leadership Seminar Minutes August 13, 2011

The Oklahoma State Council of ESA Leadership Seminar was called to order by president, Gwynn Nell Swanson, at 10:04 a.m. on Saturday, August 13, 2011, at the Holiday Inn, Norman, Oklahoma.

President Gywnn Nell welcomed everyone. Members stood for the opening ritual led by Sooner Seniorette Deb Hughes. Sooner Seniorette Patsy Timmons led the membership in the Pledge of Allegiance.

Attendance included: one first-time attendee, one guest, no pledges, two DESA's/Elans, and no MAL's.

Chair to read the June 18 Executive & General Board meeting minutes Bunnie Sullins, reported the minutes will be placed on file as printed.

The president announced the following appointments: Committee to approve minutes of this meeting: Chair past state president Joyce Whitewing, with committee members: past state presidents, Linda Voss, Jacque Edwards.

The president introduced the first speaker, State Regent of the DAR, Diane Hamill from Ardmore. Mrs. Hamill presented a PowerPoint presentation on "What is the DAR (Daughters of the American Revolution)" and related how our two organizations were similar.

The president introduced Betty McCallister who will be the timekeeper for today's reports. First report was Membership Chair Mary Johnson, who gave out an "Ask Me Button . . . Bring out the BEST of ESA!" handout explaining a new membership program from IC. Everyone was given "Ask Me About ESA" aqua buttons. She also reported that each member who pledges a member will be given an ESA tote bag from ESA Headquarters.

ESA Foundation Counselor Ramona Paine, handed out "Plateaus of Achievement" certificates for 2010-2011 to the following:

Bronze (\$250-\$499) to Dawn Haley, Gamma Delta; Melba Spain, Omega Pi

Silver (\$500-\$599) to Eta Mu; Beta Mu; Billie Fritch, Beta Zeta; Ramona Paine, Theta Tau; Sally & John Moriarity; Nadine Moyer, Eta Epsilon

Crystal (\$1,000-\$4,999) to Teresa & Mark Harde; Stacey Clement; Kay Ingersoll, Sigma Chi

Turquoise (\$5,000-\$14,999) to Delta Kappa

Amethyst (\$100,000-\$149,999) to Cathy Holsted, Theta Tau

The ESA Foundation Counselor also announced the scholarship applications will be available around the first of September on the website and encouraged everyone to make sure students are aware of them. Foundation Membership Application forms were placed on all tables. Although dues must be paid by March 1, 2012, to be able to vote at IC, everyone was encouraged to pay this fall so dues reminders won't have to be mailed.

Easter Seals Chair Jo Rott, announced everyone is invited to a tour of the Oklahoma City Easter Seals office on Thursday, October 6 at 10:45 a.m. Dutch treat lunch will be after the tour. She encouraged everyone to buy cookies from her today to support Easter Seals.

President Gwynn Nell introduced the second speaker, Andrea Brown Robinson, who is the middle daughter of Sooner Seniorette Robbin Brown. Her excellent speech was on Basic Principles of Leadership.

Sooner Seniorette Judi York was the next presenter, and along with other Sooner Seniorette helpers, she presented a PowerPoint program on "Everything You Always Wanted to Know About..." Their first item was "Flag Protocol."

Judi announced there will be no more Circle of Life titles. As the current Oklahoma Circle of Life Chair, she said she will instead be called the Oklahoma St. Jude Coordinator and raising money for St. Jude will be called "ESA for St. Jude." She announced Oklahoma was in the top 10 states at International Council convention, with Oklahoma raising \$587,299 this year. ESA nationwide raised \$9,142,732, making our grand total over \$150 million as we celebrate 40 years supporting St. Jude. Special 40 year pins can be ordered for \$40 which supports St. Jude from ESA merchandise. St. Jude has "Team ESA" and "ESA and St. Jude" logo t-shirts. The Give Thanks Walk will be held November 19 in both Tulsa and Oklahoma City. Everyone is encouraged to register and help with the event. Rosalie Griffin, Deb Hughes, and Judi will be traveling to Memphis December 3 for the St. Jude Memphis Marathon and others are encouraged to participate. After the first of the year, planning will begin for the St. Jude Dream Homes and the Radiothons.

Treasurer Linda Southerland gave the following report: Beginning balance \$5,514.29; Income \$200.69; Expenses \$450.72; Balance as of July 1, 2011 \$5,063.57.

Jr. Past President/Disaster Fund Chair Jacque Edwards gave examples of disasters that may affect ESA members. Applications for up to \$5,000 are available from her or on the website. Over 20 claims were paid nationwide this past year, and several were from Oklahoma. Jacque has received \$500 so far this year, but much more is needed to replenish the fund. Make checks payable to Disaster Fund.

Meeting adjourned at 11:30 so members could shop at the ESA mall until lunch was served.

Chaplain Linda Leveridge offered the lunch blessing. She reported she had responded to 18 emails, sending cards and prayers to each person. Since she has not been able to access the oklaesa website, she encouraged everyone to send concerns to lleveridge@att.net. She also sent a report to IC Chaplain Sandy Alexander; new IC Chaplain is Margene Holtze from Nebraska.

2012 State Convention Chair Janice Shockley, and her "farm hands" performed a short skit during lunch reminding everyone to get their registrations for state convention in before November 1 in order to have their name in the drawing for a free convention registration.

The meeting reconvened at 12:55 p.m.

Corresponding Secretary Sue Knight, read regrets from Publicity Chair Leslie Farabee, Sooner Seniorette Billie Linville, and a note from Sooner Seniorette Dorothy Drumm.

Sr. Past President/Workshop Coordinator Deb Hughes, distributed handouts entitled "Brainstorm Convention Workshop Ideas." She encouraged members to check the ones they were most interested in and write any new suggestions on the back so next year's workshops would be meaningful.

Second Vice President/Educational Chair Tina Davenport-McKamie reminded members this year's theme is "Get Fit...Get Healthy." She gave a mini-educational on the benefits of laughter.

Care Connection/Hope for Heroes Chair Peggy Sprinkle showed a moving PowerPoint presentation on what Oklahoma chapters have been doing to support the military. Her handout gave suggestions on what individuals, groups, and community could do and suggested items for boxes for heroes. She also encouraged individuals and chapters to fill out the Hope for Heroes project form on the website and send to her.

Junior Past President Jacque Edwards presented IC award certificates to various individuals.

Sooner Seniorettes Judi York, Rosalie Griffith and Joyce Whitewing presented a workshop on Meeting Protocol.

Webmaster Aletha Bolt demonstrated on the big screen the new ESA website www.espilonsigmaalpha.org showing some of the primary links and what was in the Member Center. She then showed the www.oklaesa.org website (most passwords are: esa2008) and encouraged members to send pictures in JPEG format and flyers or articles in Word (.doc) or Adobe (.pdf) format. A free program to convert files to PDF can be found at www.primopdf.com. She then explained OK ESA Email accounts and showed how to log in. Open Office is a free program for those who don't have Microsoft Office. It can be found at www.openoffice.org.

District V Coordinator Ruth Thompson announced her Leadership would be Sept 17 at 9:30 a.m. at Bridgeport Dunes in Eufaula hosted by Chi Epsilon, Talihina and Gamma Kappa, Checotah. Lunch will be \$10.

District II Coordinator Sylvia Ochs handed out a flyer announcing her August 27 Leadership "Sail Away With ESA." Registration starts at 9:30 at the Noble Avenue Baptist Church with Donna Rynda as the featured speaker. Lunch will be \$10.

District III ESA member Peggie Sprinkle announced the September 24 Leadership would be at the Osage County Co-op in Hominy with registration at 9:30 a.m.

District IV Coordinator Ellen Clark announced her September 10 Leadership would be at the Spencer Event Center at Post Rd and NE 23 in Midwest City with registration at 9:30 a.m.

Gwynn Nell thanked everyone for giving her the opportunity to attend IC in Overland Park, KS. She thanked Robbin Brown's mother who opened her home to the Oklahoma delegates for dinner and the Caucus.

State Project Director Margaret Kramer said both schools had delayed their starting date because of the intense heat so student enrollment has been delayed. OSD will have approximately 150 students and OSB anticipates a larger enrollment than last year. Both schools are on a tight budget and the number of needy students is increasing. Each chapter is encouraged to sponsor at least one student this year and many individuals are needed for student sponsorships. If you've sent in a check to the State Project Fund, Margaret did not have access to the bank account, but a new account will be opened soon and checks will be deposited.

Directory Chair Mary Adams announced she has 7 directories left.

The president recognized all the Sooner Seniorettes. She announced the next Council meeting will be November 12 at the Goodrich Methodist Church in Norman.

Sooner Seniorettes Judi York, Rosalie Griffith, and Joyce Whitewing presented a workshop on Banquet Protocol and Table Etiquette.

Announcements:

Billye Peterson asked everyone to vote before Aug 26 for The Hugs Project at www.classyawards.org, a contest to win \$25,000 for postage for troop care packages. The 2 categories to vote in are Small Charity of the Year and Volunteer of the Year (choose Ray & Karen Stark). She also invited everyone to Gamma Zeta's Bountiful Harvest dinner and auction September 20 and encouraged everyone to purchase a raffle ticket for an Apple Ipad 2.

Mary Johnson announced that October is ESA membership month.

June Miller encouraged everyone to send her recipes for a cookbook her chapter is doing. Margaret Kramer announced the OSD tour will be October 8. Deb Hughes announced the winner of their raffle drawing.

Door prizes, furnished by TAC (Tulsa Area Council) were distributed. President Gywn Nell announced that door prizes for the November meeting will be furnished by District IV.

Sooner Seniorette June Miller led the closing ritual. Meeting adjourned at 3:15 p.m.

An International Convention meeting followed and was conducted by IC Convention Local Chairman Cathy Holsted.

Dr. Billye Peterson Recording Secretary



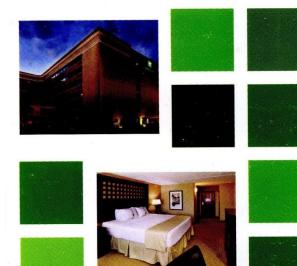


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Convention Program Ads



"ESA In The Country" Oklahoma State Convention April 27, 28, & 29, 2012



Now is the time to send in your camera-ready copy to appear in the 2012 Oklahoma State Convention Program.

Space is available for your special ad to honor your chapter, secret sister, Board members, and anyone who is near and dear to you.

Business ads will also be a great way for them to have statewide advertising and promote their business.

Pricing will remain the same as in the past and is listed as follows.

| Full page | e \$100.00 |
|---------------|------------|
| ¾ page | 75.00 |
| ½ page | 50.00 |
| ¼ page | 25.00 |
| Business card | 12.50 |

****Ad Deadline - April 1, 2012****

Remember---- \$100.00 goes to the member who sells the most ads that totals to the most money

Send your ad to: Sue Knight 26202 S. 4180 Rd. Inola, Ok. 74036

| Advertising Sales Sheet | |
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| This form must be completed and submitted with the ad | сору |
| Organization: Oklahoma State Council of ESA | |
| "ESA In The Country" 2012 Convention | |
| Sue Knight, Advertising Chairperson | |
| 26202 S. 4180 Road | |
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| Make checks payable to: 2012 State Convention | |
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| Name of person to contact if there are any | |
| Questions concerning advertising. | -1 W |
| Name | |
| Chapter Name & #: | _ |
| Daytime phone | |
| Email | |
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| Ads for Convention Program | |
| Full Page 8½ x 11 | \$100.00 |
| 3/4 Page | \$ 75.00 |
| ½ Page 8½ x 5½ | \$ 50.00 |
| ¹ / ₄ Page 4 ¹ / ₄ x 4 | \$ 25.00 |
| Business Card | \$ 12.50 |
| Deadline – April 1, 2012 | |
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| Ads will be placed in the back of the Convention | |
| Program book and will be printed in the same ink and | |
| paper color as chosen for the other pages. | |
| Ad pages should be submitted press ready. | |
| However, if you would like for us to compose you ad, | |
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| 1/4 PAGE | |
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| we will be most happy to do so. | |
| Black/white line art prints best; photos and artwork | |
| with shades or screens are accepted, but do not print | |
| well. | |
| Business cards convert easily into ¼ page ads, but | |
| avoid cards with dark or colored backgrounds and | |
| colored ink. | |
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Oklahoma State Council 69th Annual Convention "ESA in the Country"

April 27, 28 & 29, 2012

Holiday Inn Hotel – 1000 N. Interstate Drive – Norman, OK Phone: 405.364.2882 – Registration Deadline Friday, April 13, 2012



| <u>www.noiiday-inn.com/normanok</u> | | | | | | |
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| | CURRENT/PREVIOUS IC OFFICER | CURRENT/PREVIOUS ES | AF BRD | | GUEST | |
| | SPECIAL DIET MENU/MEDICAL REASONS ONLY ** CO | ONTACT: ** Janice Shockley- Co | nvention Chair 405 | 321-59 | 07, 2405 Weatherford, Nor | man, OK 73071 |
| | (gandjshock@sbcglobal.net) | | | | | |
| MEN'S | REGISTRATION: | | | | | |
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| | MEMBER'S FULL REGISTRATION FEE POSTMARKED BY Friday, APRIL 13, 2012 includes Friday night mixer, general assemblies, | | | | \$85.00 | |
| | workshops, Recognition Luncheon, Banquet & Brunch | | | | | |
| | GUEST'S REGISTRATION FEE includes Friday night mixer and Banquet | | | | \$40.00 | |
| DESA/ELAN REGISTRATION includes Friday night mixer, general assemblies, workshops, Recognition Luncheon, Banquet & Brunch | | | | \$85.00 | | |
| BANQUET GUEST FEE | | | | \$40.00 | | |
| LATE FEE | | | | \$25.00 | | |
| TOTAL | AMOUNT ENCLOSED | | | | | |

Enclose Check Payable to: 2012 ESA State Convention Fund

Mail Registration form and payment to: Robbin Brown, Registration Chair

PO Box 946

Choctaw, OK 73020 Phone: 405) 390-2080

Robbesa4@tds.net

CANCELLATION: If you find it necessary to cancel this registration, the full amount less a \$15.00 processing fee will be refunded if your written cancellation is postmarked no later than the Friday,

April 13, 2012 deadline. Registrations postmarked after Friday, April 13, 2012, will be assigned seating where vacancies exist. We cannot guarantee that late registrants will be seated with their chapters after Friday, April 13, 2012.

2011-2012 Calendar of Events

2011

Saturday, October 8 OK School for the Deaf Tour

District IV Meeting

Sulphur

Saturday, November 12 Executive & General Board Meeting

State Council Meeting

Norman

2012

Saturday, February 25 OK School for the Blind Tour

District III Meeting & Installation District V Meeting & Installation

Muskogee

Saturday, March 10 District IV Meeting & Installation

Del City

Saturday, March 17 Executive & General Board Meeting

State Council Meeting

Norman

Saturday, March 24 District II Meeting & Installation

TBA

April 27-29 69th Annual State Convention

"ESA in the Country"

Holiday Inn Hotel, Norman – 405-364-2882

Norman