

**ESA....
A Sweet
Indulgence**

Oklahoma Epsilon Sigma Alpha Petticoat Journal

Volume 65, Issue 1

Aug/Sept 2016



From the First Lady of Oklahoma ESA....

Too hot for sweet indulgences? Of course not! Never!! And I think we're off to a good start of enjoying our sweet indulgences.

Even though summer heat is here while I'm writing this, by the time you read this summer will be just about over and school will be starting soon. I know time flies, but wow! My first council meeting has come and gone and now I'm on to preparing for leadership.

If you missed the June State Council meeting, you missed an awesome presentation from one of Beta Mu's newer members, Debra Johnson on organization: Special O.P.S. Organization, start with one drawer at a time, Planning, and Self care.

As a ways and means project, the council voted to sell tickets at \$10 each for 1 week vacation in Branson with a \$500 gift card. Each chapter is asked to sell 10 tickets which you will be receiving soon. The chapter that sells the most will win \$100. However, I need a ways and means chairman to head this project and run with it. Please contact me right away if you would be willing to serve as chairman.

Our membership chairman, Jo Rott, and the membership committee, myself and several others will be visiting chapters at their meetings or if you prefer, your recruitment parties or any event or function you'd like us to come to. We are so excited to get started!

I appreciated the opportunity to represent Oklahoma at the IC Convention in Loveland, CO in July. Thank you! It was wonderful! Hope everyone had a sweetly indulged summer!

I'm planning a day of learning that will be "fun for all ages" for our September 10 Leadership. We'll also have "shopping on the Mall" so be sure to get your "booth" rented soon. Cost is \$10 and send it to our Treasurer, Jenny Lizama. Deadline is August 31st.

We'll need YOU to make it successful, however! So, load up your cars for September 10 and experience why ESA is a Sweet Indulgence and Fun for All Ages!!!

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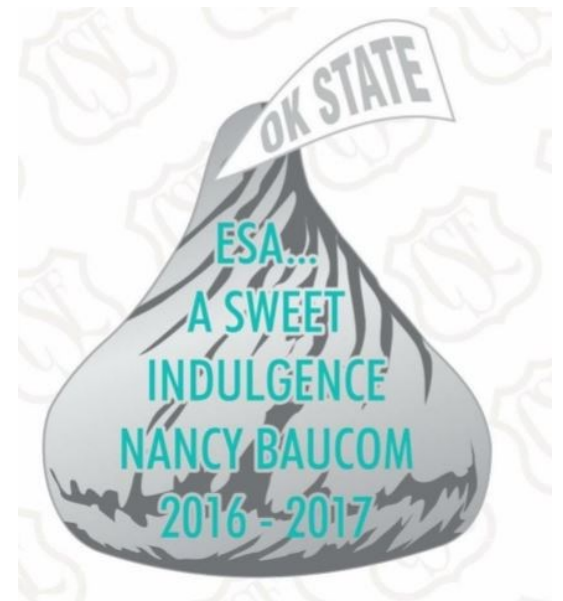
MARC Information



Nancy Baucom, President

138 SE Surrey Ln. Lawton, OK 73501

Phone: 580.512.6047 Email: Rnbaucom@aol.com



Petticoat Journal
August/September 2016

2017 CONVENTION REPORT

*“What is a southern farmer’s favorite tool?”
Cotton candy*

Welcome to the 2017 “ESA in Candy Land” Convention.

Theta Tau, Zeta Gamma, Delta Kappa and Beta Mu Chapters are so excited and ready to welcome you to Lawton to the Hilton Garden Inn on April 28, 29-30, 2017.

Our skit chairman, Linda Leveridge , has provided some great skits at the 2016 State Convention and June State Council meeting inviting members to join us for a wonderful convention fill with a lot of sweet treats along the way!

We are eagerly waiting your arrival to convention in 2017.

Convention Registration form is found elsewhere in the PJ and in every edition.

Ramona Paine
Rockingchair18@hotmail.com
Cathy Holsted
Nanakitty22@sbcglobal.net
Convention Chairmen

73rd Annual Oklahoma State Convention

"America the Beautiful"

Saturday, April 30, 2016

First General Assembly Minutes

Tietje German, Corresponding Secretary, called for seating at 7:50 a.m.

Lola Jaegers, Sooner Seniorett, conducted the Opening Flag Ceremony.

Oklahoma State Council President Billye Peterson declared the 73rd Annual OK State Convention of ESA International in session at 8:30 a.m.

Dr. Peterson led the membership in the Opening Ritual.

A devotional was offered by Peggy Hughes, Chaplain.

Robbin Brown, Convention Chair and Sooner Seniorett, welcomed the attendees to the convention. Robbin then introduced Sheraton Hotel Director of Sales, Tammy McDaniel. Ms. McDaniel thanked the membership for coming to the Sheraton for the weekend. Ms. McDaniel informed the group that she and her staff were available to meet the needs of the attendees during their stay and were looking forward to seeing that ESA has a memorable weekend.

INTRODUCTIONS

President Peterson recognized the 9 first-time convention attendees including the 4 new pledges. The Head Table was then introduced:

Corresponding Secretary, Tietje German
IC Representative, Sherry Day, 1st Vice President, President Elect
MARC Representative, Chip Shaffer, MARC Hope for Heroes Chair
Convention Chair, Robbin Brown
Convention Registration Chair, Linda Voss
Parliamentarian, Peggy Campbell
1st Vice President/Nomination Committee Chair, Nancy Baucom
2nd Vice President/Education Director, Peggy Sprinkle
Recording Secretary, Margaret Kramer
Treasurer, Synovia Lemmings
Credentials Chair, Karen Barker

The Sooner Seniorett were introduced and recognized by Billye for their achievements and the proficiencies they bring to OK ESA.

Corresponding Secretary Tietje German read letters from ESA IC President Rickie Brown and ESA Executive Director Charlotte Carloni; followed by regrets.

The Committee to read the minutes of this convention: Maxine Wheelan, Midwest City, Chair, with members Jakki Gatzke, Shawnee and Joyce James, Talihina.

Cathy Holsted, Chair of committee to read the minutes of the March 5, 2016, State Council Meeting, reported that the minutes printed in the April/May Petticoat Journal were correct.

Peggy Campbell, Parliamentarian, moved the Convention rules be adopted as printed in the Convention program on page 22, the motion was seconded. With no discussion, the President called for a vote, all present were in favor, the motion carried.

Robbin Brown, Convention Chair moved that the Convention Program be adopted as printed and distributed to the paid registrants of the convention. The motion was seconded, there was no discussion, a vote was called by the President; all present were in favor. The motion carried.

Karen Barker, Credentials Chair, moved Article III, Section 3. - Contest and Awards and Article XII, Section 3, - Voting of the OK State Council Bylaws that states: Chapter and members' dues must be paid by January 1 for voting and contest awards for this convention be set aside due to the many discrepancies found in reporting. Coming from a committee no second was required. There was no discussion. President Peterson called for a vote; all present were in favor, the motion carried.

Credentials report: There are 37 Oklahoma chapters, 24 chapters were in attendance, total votes 70 with 39 eligible votes for Election. Karen moved the report be adopted, the motion was seconded and with no discussion a vote was called for; all present were in favor, motion carried.

Linda Voss, Convention Registration Chair reported:

Oklahoma Members present	<u>112</u>	MAL's	<u>0</u>
Out of State Members	<u>2</u>	ELAN's	<u>1</u>
Guests	<u>1</u>	MESA	<u>0</u>
DESA	<u>0</u>		
TOTAL REGISTRATION	<u>116</u>		

Rosalie Griffith, Chair ESAMC Corporation, gave an update on headquarters activities and focus. Rosalie informed the membership that there were 2 vacancies on the International Board. The term is three years, it is a working, non-paid position that meets twice a year and has monthly conference call meetings. Rosalie encouraged members who were interested in the position to apply.

Sherry Day, IC 1st Vice President/President Elect, greeted the assembly and shared her excitement about spending the Convention weekend in Oklahoma.

Chip Shaffer, MARC Hope for Heroes representative to Convention, shared MARC activities, future meeting and board openings. He encouraged OK members to consider filling a Board position.

Nancy Baucom, 1st Vice President/Nominating Committee Chair, introduced Slate of Officers for 2016-2017:

District II Coordinator	Libby Zaage, Kappa Theta # 5414, Guthrie
District III Coordinator	Linda Jones, Alpha Rho #4350, Broken Arrow
District IV Coordinator	Linda Voss, Zeta Gamma #4253. Shawnee
District V Coordinator	Sandy Lackey, Alpha Theta #1038, Muskogee
Sr. Past President	Linda Southerland, Beta Psi #0498, Clinton
Jr. Past President	Billye Peterson, Gamma Zeta #3464, Edmond
Petticoat Journal Editor	Lori Few, Beta Iota #4283, McAlester
State Project Director	Linda Leveridge, Delta Kappa #3538. Norman
Parliamentarian	Carrie Willingham, Beta Psi #0498. Clinton
Treasurer	Jenny Lizama, Gamma Delta #0702, Tulsa
Corresponding Secretary	Joyce Gibson, Delta Kappa #3538, Norman
Recording Secretary	Synovia Lemmings, Beta Psi #0498, Clinton
2 nd Vice President	Margaret Kramer, Beta Iota #4283, McAlester
1 st Vice President	Peggie Sprinkle, Beta Gamma #0391, Tulsa
President	Nancy Baucom, Beta Mu #0606, Lawton

Nancy moved that the Slate of Officers be elected by acclamation. The motion was seconded. There were no objections, and the Slate of Officers was approved as presented.

Nancy Baucom, 1st Vice President/President Elect announced 2017 State Convention will be held April 28, 29, 30, 2017 at the Hilton Garden Inn, Lawton. "ESA in Candyland" is the theme. Convention Co-Chairs are Cathy Holsted and Ramona Paine.

President Billye opened the floor for nominations for the 2017-2018 Nominating Committee. As 1st Vice President, Peggie Sprinkle will chair the committee and Jr. Past President Billye Peterson will be a member. It has been past practice to have a member from each District serve on the committee. Nominations were as follows:

- District II Sylvia Ochs, Kappa Theta, Guthrie
- District III Deb Hughes, Beta Gamma, Tulsa
- District IV Gwynn Nell Swanson, Delta Kappa, Norman
- District V Tina McKamie, Beta Iota, McAlester

Sue Knight moved the nominations cease and the slate be accepted by acclamation. There was a second; there were no objections; and the Nominating Committee was approved as presented.

Synovia Lemmings, Treasurer reported:

Balance Forward from 2014-2015	<u>\$ 757.07</u>
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Receipts	<u>\$10,347.45</u>
Disbursements	<u>\$ 8,098.48</u>
General Fund Balance as of 4/30/2016	<u>\$ 3,006.04</u>
Speaker's Fund	<u>\$ 923.93</u>
IC Campaign Fund	<u>\$ 219.36</u>
2012 IC Convention Fund	<u>\$ 5,515.14</u>
Certificate of Deposit	<u>\$ 4,000.00</u>

The Treasurer's Report will be filed for audit.

State Project Director, Tawanna Cathey thanked the members for their generosity in monies donated to the Project Fund as well as sponsoring of the children at both Oklahoma Schools for the Blind and Deaf. Tawanna reported:

Balance Forward from 2014-2015	\$ 4,250.01
Disbursements	\$ 4,250.00
Receipts	\$ 5,325.00
Balance as of April 30, 2016	\$ 5,325.01
Allocations for 2015-2016	
\$5325.01/203= 26.2315 per student	
Oklahoma School for Deaf: 113 students	\$ 2,964.16
Oklahoma School for Blind: 90	\$ 2,360.84
Total Students	203

The State Project report will be filed for audit.

Peggy Campbell, Parliamentarian, presented By-Law Changes that were printed in the April/May issue of the P.J. Copies were available for those who requested. Peggy moved Article XI Meetings, Section 1, Regular Meetings be accepted as proposed. Coming from a committee no second was required. Hearing no discussion, a vote was called; all were in favor, the motion carried.

Peggy further moved that Article XI Meetings, Section 2 be accepted as proposed. Coming from a committee no second was required. Hearing no discussion, a vote was called, all present were in favor, motion carried.

Peggy further moved that Article XI Meetings, Section 3 be accepted as proposed. Coming from a committee no second was required. Hearing no discussion, a vote was called, all present were in favor, motion carried.

Peggy moved that Article XV Executive and General Board Meetings, Section 2 Regular Meeting be accepted as proposed. Coming from a committee no second was required. There was no discussion. A vote was called, all present were in favor, the motion carried.

The by-laws will be revised and posted on the Oklahoma website.

There was no Unfinished Business.

There was no New Business.

Announcements were made.

The First General Assembly of the 73rd Annual Oklahoma State Conventions was recessed at 10:55 a.m. by Dr. Billye Peterson, to reconvene Sunday, May 1, 2016 at 9:00 a. m.

Respectfully Submitted,

Margaret Kramer

OK State Council

Recording Secretary 2015-2016

73rd Annual Oklahoma State Convention

"America the Beautiful"

Sunday May 1, 2016

Second General Assembly Minutes

The Celebration of Life "Remember Our Heroes" was conducted by Peggy Hughes, Chaplain.

The Convention second general assembly was called to seating by Billye Peterson, President. Peggy Hughes, Chaplain offered the Brunch Invocation.

Dr. Peterson declared the Second General Assembly of the 73rd Annual Oklahoma State Convention in session. The meeting was reconvened at 10:08 a.m.

Billye acknowledged and thanked the 2015-2016 Board members for their hard work.

Margaret Kramer, Recording Secretary, moved to dispense with the reading of the 1st General Assembly minutes of the 73rd Annual OK State Convention, the motion was seconded, there were no objections, the motion carried. The minutes will be distributed and posted on the Oklahoma ESA website.

Tammy Bowman, Auditor, reported that the State Project, Directory, PJ, and Easter Seals books were audited and were found to be correct and in good order. The State Convention Treasurer's books were not completed and the final audit will be performed at the close of the 2016 State Convention. The State Treasurer's audit through March 31, 2016 was found to be acceptable; a final audit will be completed on receipt of the April 2016 bank statement. The pending final audits will be reported at a future State meeting.

Margaret Kramer announced the 2016-2017 State Educational Theme - "Indulge in Happiness".

2018 OK State Convention - Peggy Sprinkle, 1st Vice President

Date: April 27, 28, 29, 2018

Theme: Diamonds in the Garden of ESA

Hotel: Crown Plaza, Tulsa, Room Rate \$99.00 per night

Ramona Paine announced the 2016-2017 Sooner Seniorette officers:

President - Tina Davenport McKamie

Secretary/Treasurer - Linda Southerland

Historian - Dr. Billye Peterson

Rosalie Griffith, ESA Membership Corporation President, welcomed Chip Shaffer to Oklahoma by presenting him with a headband and feather. Sherry Day was given 3 feathers to add to her headband she had previously received since she has visited Oklahoma 3 times.

Sherry Day, IC Rep., gave a farewell message and thanked the members for a fun and memorable weekend. Ms. Day invited all to attend the IC Convention in Loveland, Co., July 10 thru 17, 2016.

Chip Shaffer, MARC Rep., invited all to attend the MARC Conference, October 7-9, 2016 in Minnesota. He gave highlights of the events and fundraisers that were being planned for the weekend. Mr. Shaffer informed the attendees that MARC awards a monetary scholarship to the child of a Purple Heart Recipient.

Dr. Billye Peterson was presented with a life membership to the ESA Foundation from her board by Nancy Baucom. Pattie Heer presented Dr. Peterson with a book containing copies of the published Petticoat Journals. Susan Patterson then presented a Publicity scrapbook to Billye.

President Peterson presented her Gamma Zeta chapter members with the President's Trophy and expressed her sincere thanks for all their help and support during her Star Spangled year.

Dr. Peterson gave her farewell address.

Maxine Wheelan lowered Dr. Peterson's gavel.
Vivan Gibson and Lora Thompson raised Nancy Baucom's Gavel.

Dr. Peterson presented Nancy Baucom the President's Gavel.

Nancy Baucom, 2016-2017 OK State Council President, addressed the assembly.
President Baucom introduced the 2016-2017 Executive and General Board members.

Drawing for free convention registration, 50/50 and Quilt were drawn.

Announcements were made.

Lola Jaegers retired the flags.

The Chair, Nancy Baucom, declared the adjournment of the 73rd Annual Oklahoma State Convention at 11:38 a.m.

The membership joined in the Closing Ritual.

Respectfully Submitted,
Margaret Kramer
Recording Secretary 2015-2016

EPSILON SIGMA ALPHA INTERNATIONAL
OKLAHOMA STATE COUNCIL
2016 STATE CONVENTION

As of 5/17/16

Checking Account Balance	-	
INCOME:		
Oklahoma Members Registrations - 113 (\$ amount includes Refunds)	13,090.00	
Out of State Member Registration - 2	220.00	
Guest/DESA/ELAN Full Paid Registration - 1 +1 Elan	220.00	
Sooner Seniorettes Board Dinner/Guests - 12	312.00	
Banquet Guests - 25	1,250.00	
Banquet Guest - DAA paid by state	32.00	
2 Lunches (Outstanding Youths Paid by State)	52.00	
Lunch Guests - 7	189.00	
Brunch Guests - 3	60.00	
Hospitality-\$345(Less beginning cash-40; Nancy's Flowers-\$50; Peggy Campbell Purchases-\$183	72.00	
Charms	377.00	
Ads (\$100 to chapter selling most out of this)	2,265.00	
50/50 Jar (1/2 out of this)	536.00	
Raffle (Free Registration Out of This)	312.00	
Centerpieces- Bd Dinner-75; Awards-150; Banquet-47; Brunch-135	407.00	
Late Fees	65.00	
November meeting raffle	87.00	
November meeting Jewelry Sales	369.00	
Profit from T-Shirt Sales	563.44	
Donation from Left, Right, Center (Delta Kappa)	9.70	
Bake Sale - Leadership	46.00	
Bingo \$690 (Less: Free Reg-110; 50/50-268; Most Ads-100)	212.00	
Paint the Flag - (In and Out) - 23	805.00	
Total Income	21,551.14	21,551.14
EXPENSES:		
Ways and Means (Leadership Table)	10.00	
Tips	300.00	
Sheraton, Reed Center	16,028.19	
Sheraton, Reed Center (I.C. Rep's Room)	109.95	
Refunds	660.00	
Programs	474.75	
Registration Supplies	178.91	
Decorations	272.29	
Hospitality Room	79.55	
Paint the Flag (in and out)	805.00	
Chairman Expenses	33.00	
Oklahoma State Council 1/2 Profit After 1st \$1,000 (Less \$50 for Nancy's Flowers and Less \$109.95 for I.C. Rep's Room)	639.80	
Beta Psi 1/4 1st \$1000 + 1/4 of 1/2 Profit	489.93	
Gamma Zeta 1/4 1st \$1000 + 1/4 of 1/2 Profit	489.93	
Zeta Epsilon 1/4 1st \$1000 + 1/4 of 1/2 Profit	489.92	
Zeta Gamma 1/4 1st \$1000 + 1/4 of 1/2 Profit	489.92	
Total Expenses	-	21,551.14
Checking Account Balance	\$ -	-

***Peggie Sprinkle - 1st Vice
President/Nominating Committee Chair***



Hello Oklahoma ESA sisters - A new year has started and we are looking forward to a **great** year!

I am starting to look for wonderful, exciting people who want to be part of the 2017-2018 year. Please contact these members of the nominating committee if you are interested in running for an elective office :

Sylvia Ochs (ochrealestate@att.net) -District II or Deb Hughes (debokesa@hotmail.com) -District III or Gwynn Nell Swanson (gnswason@pldi.net) -District IV or Tina Davenport-McKamie (tinamckami@gmail.com)-District V.

If you are interested in any of the chair positions please let me know at peggieokesa@cox.net or 918-813-3382.

Looking forward to seeing you at all the leadership meetings and I would like to attend any of your chapter meetings in the next year. Please let me know.

Today: Smile
Wave
Say Thank You
Give a few hugs
Small things make a difference

From the Desk of Margaret Kramer, Educational



Director

Did you know that happy people are healthier people? Studies consistently show that those with a “glass half full mentality” can boast lower blood pressure, less stress, healthier body weights, and stronger hearts than their less optimistic neighbors. So see, there’s something to having a positive outlook on life. Here are eight ways that you can look on the bright side of a healthier life...



1. Turn That Frown Upside Down

You might notice that people more often gravitate to those with a sunnier disposition. However, the actual act of smiling emits serotonin (the happy hormone) and creates a stimulating, positive environment. While frowning creates negative energy and drives people away.



2. Happy People Are Inspired Not Jealous

Instead of looking at your coworker with the expensive car and bigger job title with envy, positive people choose to look upon them as a source of inspiration by channeling that negative, pointless jealousy into a catalyst for their own success.



3. Don't Play the Blame Game

We all know a person who blames everyone else for their problems. They're not very nice to be around, are they? If you complain to everyone about how the economy, work, and the government are bringing you down, you will bring everyone down within earshot and suddenly find yourself alone with no one to blame. Instead, take control of your current situation and be the harbinger of your own success.



4. Exercise Blasts Stress

There's more than a physical reason why doctors recommend an hour of activity a day. It's because healthy exercise helps blast stress, refresh oxygen, encourage blood flow, and even exposes us to sunlight (vitamin D), which literally helps us absorb happiness.



5. Forgive and Forget

Forgiveness may be hard to swallow, especially if your pride is in the way. However, forgiving means moving on, banishing negative, and making way for new, more positive chapters in your life. Otherwise, you stay in a state of negative limbo, never at peace to move on to a happier future.



6. Forget the Past

If you consider a bad childhood, bad financial decisions made years ago, or a breakup as a negative self-fulfilling prophecy for your future, your future will be pretty gloomy. Instead, take life's challenges as lessons, put them in your past, and consider yourself stronger for overcoming the negatives in your past.



7. Give Thanks

It turns out those with many blessings are grateful for those blessings. Take satisfaction for the good that's come into your life. Give thanks by taking inventory of the positive as well as the challenges

and what they've taught you along the way. Building a foundation of optimism under your life will ensure a strong, bright future.



8. See the Silver Lining

Do you concentrate on the silver lining or see the dark spots in every cloud? If you're constantly focusing on the negative—you're actually wasting time that you could be enjoying life. Thoughts full of doom and gloom will translate to life. However, focus your energy on the bright side and your life and future will take on the happy glow.

REMINDER: take some time daily to "Indulge in Happiness". Stay cool, looking forward to seeing a **HAPPIER** you at the September Leadership, Lawton, OK.

**Treasurer
Jenny Lizama**

Hello ESA Sisters!

I hope you are enjoying your summer and staying cool.

At the June State Council Meeting, the 2016-2017 budget was approved and will be printed in this issue of the PJ and will also be available on the website.

DUES DUES DUES

Chapter State dues are due now, but must be paid by January 1, 2017 in order to participate in contest, receive awards, and vote at State Convention. **Dues are \$30 per chapter plus \$5 per member (as of March 31, 2016).** Please send checks to: Jenny Lizama, 4829 S. 71st East Avenue, Tulsa, OK 74145. Thank you to Zeta Gamma, Shawnee for already paying their state dues!

I look forward to seeing all of you at the September Leadership Meeting. And feel free to contact me if you have any questions.

Jenny Lizama
2016-2017 ESA Oklahoma State Treasurer
4829 S. 71st East Avenue
Tulsa, OK 74145
jennylizama@gmail.com
Phone (918) 850-7219

EPSILON SIGMA ALPHA INTERNATIONAL	
Oklahoma State Council	
Approved Budget 2016-2017	
	2016-2017
	Approved Budget
GENERAL FUND	
Beginning Balance	2,992.93
INCOME	
Chapter Dues (\$30/chapter)	1,110.00
Chapter Members (\$5/member)	2,350.00
Convention Profit	639.80
Directories	720.00
ESA on the Mall	60.00

State Council Meals	1,500.00
Ways & Means (Consignment, Sale, Money Jar, etc.)	1,500.00
Total Income	7,879.80
GRAND TOTAL INCOME AVAILABLE	10,872.73
EXPENSES	
President	
IC Convention Registration (1st VP in April)	250.00
IC Convention Transportation	400.00
IC Convention Hotel (6 nights)	950.00
PICPA Lunch (1st VP in April)	40.00
State Convention Registration	110.00
State Convention Hotel	203.62
State Leadership Supplies	50.00
Gifts	15.00
President's Trophy (engraving)	30.00
Travel District Meetings (4)	200.00
Postage Paper Supplies	150.00
Copies/Printing	150.00
Miscellaneous	40.00
<i>Subtotal President Expenses</i>	<i>2,588.62</i>
First Vice President	
Travel District Meetings (4)	200.00
Postage, Supplies, Ballots	60.00
Convention Leadership	40.00
Registration	625.00
Transportation	300.00
<i>Subtotal First Vice President Expenses</i>	<i>1,225.00</i>
Second Vice President	
Transportation & Miscellaneous	200.00
Postage for Educational	40.00
Miscellaneous (Copies & Postage)	30.00
<i>Subtotal Second Vice President Expenses</i>	<i>270.00</i>
Corresponding Secretary	
Meetings Notices & Postage	75.00
Chapter President's Packets	75.00
Supplies	200.00

<i>Subtotal Corresponding Secretary Expenses</i>	<i>350.00</i>
Elected Officers	
Parliamentarian	25.00
Recording Secretary	25.00
Treasurer	50.00
Petticoat Journal Editor	5.00
Project Director	75.00
Jr. Past President/Disaster Fund	25.00
Sr. Past President/Workshops	10.00
<i>Subtotal Elected Officer Expenses</i>	<i>215.00</i>
Total All Elected Officer Expenses	4,648.62
Appointed Chair Expenses	
Association of the Arts	5.00
Auditor	5.00
Awards	5.00
Chaplain	150.00
ESA for St. Jude	25.00
Contest	5.00
Credentials	5.00
DAA (Plaque & Charity Donation)	225.00
Directory	380.00
Easter Seals	5.00
ESA Foundations Counselor	25.00
Hope for Heroes	5.00
Membership	75.00
Outstanding Chapter	5.00
Outstanding Sr. Youth (Cashier's Check)	400.00
Outstanding Jr. Youth (Cashier's Check)	200.00
Philanthropic	25.00
Publicity	20.00
Scrapbook	200.00
Secret Sister	5.00
Total Appointed Chair Expenses	1,770.00
State Convention	
Convention City (37 chapters @ \$2.50/chapter)	92.50
Convention Awards	100.00

DAA (1), Outstanding Youth (2), & St. Jude (3) Meals	200.00
Installation of Officers	75.00
Retiring President's Gift	55.00
Flowers (arm bouquet for incoming President)	50.00
Miscellaneous	50.00
Convention IC Rep Gift	35.00
Convention MARC Rep Gift	35.00
IC/HQ Rep Registration	110.00
IC/HQ Rep Hotel (2 nights)	203.62
MARC Rep Registration	110.00
MARC Rep Hotel (2 nights)	203.62
Incoming State President's Gavel Pin	20.00
IC Convention	
Convention Ad	100.00
Caucus	40.00
Total Convention Expenses	1,479.74
Other Expenses	
Bond Insurance	181.00
IC Dues	45.00
State Council Meeting Meals	1,500.00
Revising Blue Book (copy revised pages only)	50.00
State Council Meeting Rooms	200.00
State of Oklahoma Registration	130.00
Webmaster	200.00
Purchase of Bank Checks	25.00
Contingency Fund	643.37
Total Other Expenses	2,974.37
GRAND TOTAL EXPENSES	10,872.73
ENDING GENERAL FUND BALANCE	0.00
OTHER ACCOUNTS	
Speakers Fund	792.04
IC Campaign Fund	219.36
2012 IC Convention	5,415.14
CD (renews 2/3)	4,000.00



Hello Oklahoma ESA!

Last year, as Chaplain, I decided that since I send the Reports to everyone with an email in the state of Oklahoma, I didn't need to list them for a report for the PJ. Well, I heard complaints at State Convention. So:

- 5-4 Get Well & Sympathy to Catherine Poe, Beta Psi, Clinton**
- 5-4 Get Well to Dawn Haley, Gamma Delta, Tulsa**
- 5-4 Get Well to Pat Britt, Gamma Delta, Tulsa**
- 5-4 Sympathy to Gamma Delta, Tulsa **Loss of Chapter Member****
- 5-5 Sympathy to Marge Stevens, Sigma Chi, Inola, Loss of Mother**
- 5-17 Sympathy to Donna Wiley, Delta Kappa, Norman**
- 5-20 Sympathy to Pat Britt, Gamma Delta, Tulsa Loss of Husband**
- 5-23 Sympathy to Jane Ricks, Alpha Rho, Broken Arrow, Loss of Son**
- 6-14 Sympathy to Alpha Omega, Choctaw, **Loss of Chapter Member****
- 6-15 Sympathy to Sigma Chi, Inola, **Loss of Chapter Member****
- 6-15 Get Well to George Kramer, Husband of Margaret Kramer, Beta Iota, McAleste**
- 6-16 Get Well to Cathy Holsted, Theta Tau, Kingfisher**
- 6-19 Get Well to Dana Terrell, Theta Tau, Kingfisher**
- 6-21 Sympathy to Jody Maples, Beta Mu, Lawton**
- 6-22 Thinking of You to Lavern Marcott, Sigma Chi, Inola**
- 6-22 Thinking of You to Roberta Metzger, Sigma Chi, Inola**
- 6-22 Get well to Sue Knight, Sigma Chi, Inola**
- 7-1 Sympathy to Beta Psi, Clinton, Inola **Loss of Chapter Member****
- 7-6 Sympathy to Sigma Chi, Inola, **Loss of Chapter Member****
- 7-10 Sympathy to Delta Chi, Midwest City, **Loss of Chapter Member****

They say that laughter is the best medicine. Although we have experienced much sadness lately, I'd like to include a funny story to break the seriousness.

Captain:

A navy captain is alerted by his First Mate that there is a pirate ship coming towards his position. He asks a sailor to get him his red shirt.

The captain was asked, "Why do you need a red shirt?"

The Captain replies, "So that when I bleed, you guys don't notice and aren't discouraged." They fight off the pirates eventually.

The very next day, the Captain is alerted that 50 pirate ships are coming towards their boat. He yells, "Get me my brown pants!"

Peggy Hughes, Chaplain
Oklahoma State Council of ESA
1759 E 59 PI
Tulsa, OK 74105
918-742-5591
918-398-1113
hughestulsa@aol.com

MEMBERSHIP

Membership is defined as “state of being a member.” Member is defined as “a distinct part: person in an organization.” I am proud to say I am a member of ESA. I hope you feel the same way.

My name is Jo Rott; your 2016-2017 state membership chairman. I have been an ESA member for 6 years and I have much to learn. Together we can make this an outstanding year with regard to state membership.

I have stated my goal is to visit every chapter of ESA in the state of Oklahoma. It is a huge undertaking but hopefully I am up to the task. I need to hear what ESA members have to say about our organization and ways we can increase membership and improve participation.

I am making myself available to every chapter in the state—be it a chapter meeting, a recruitment (rush party) event; a ways and means project or social event; if asked I will try to come and be of service to your chapter. If I don't hear from you; you'll hear from me.

I am planning on visiting chapters who are not active in district or state events; to encourage their participation.

To schedule a visit or to ask questions about membership or recruitment of new members; contact me at the following:

Jo Rott

16700 Brewster Lane

Edmond Ok 73012

H: (405) 330 1028

C: (405) 509 1617

Jrott081847@gmail.com

Have a great summer, see you at the fall leadership meeting.

We started the year off with a "bang". If you missed the June State Council meeting you missed an informative and fun meeting. There were some additions to the Foundation Contest rules.

"The contest now states: Total money donated excluding the turn around fund; total money donated through the turn around Fund. Information from ESA Foundation monthly report from the Foundation office. (See Summary of Contest, Guidelines) We voted to add: Value of Monetary Donations and donations not sent directly to Foundation will be counted; information will be taken from service report."

We also voted to add a Standing Rule #10, which states:

All monies raised during the State Convention Auction to Benefit St. Jude, Easter Seals and the ESA Foundation will be divided equally between the three projects. After all funds are collected the Foundation Counselor will send the entire monetary amount and the paper work to ESA Foundation Headquarters. Eligible donations will be sent through the Turn Around Fund.

The ESA Foundation Registered Agent will send the appropriate distribution of the donation allotment, for St. Jude, to the ESA For St. Jude Office at ESA Headquarters.

A check will be sent to the State Easter Seals Chairman from the Foundation Turn Around Fund and the State Easter Seal chairman will send that check to Easter Seals of Oklahoma.

The Foundation's portion of the funds will be placed in the Foundation area designated by the Oklahoma ESA Foundation Counselor. This will be a direct donation of the designated funds because donations by ESA entities to the ESA Foundation cannot be sent through the Turn Around Fund.

How a designated area for the Foundation donation is chosen:

First the Counselor will make sure the Endowments under the supervision of the Oklahoma State Council have enough funds to give scholarships. If not the monies will be divided between those Endowments. If the endowments are viable then the funds may be contributed to other fund raising areas of the Foundation. Such as the Fantasy Event, The General Fund, The Art Spark Grant, that honors BJ Clark, or sponsor events held during the Foundation Fund Fest at IC Convention.

We also voted to combine two of the Endowments that the Oklahoma State Council is responsible for as we did a few years ago. Hawkins and Monty Tuma were combined. Myre Starr and Hawkins-Tuma are the two to be combined. This will give the endowment more money to give a larger scholarship, because one of the \$5000 restricted fund will be added to the scholarship. All of the names will be added to the scholarship.

Other Endowments Oklahoma State Council is responsible for funding:

Mary Louise Smith, has \$276,177 including the \$5000 restricted fund; Dorothy Smith-Drumm \$18,416.83 and Oscar and Joyce Whitewing \$17,152; Hawkins-Tuma \$7,455; Myre Starr \$6,974. That means that we depend on your donations to fund these endowments to keep them going.

It's almost scholarship time. I need everyone's help in getting the word out about the ESA Foundation Scholarships. Any high school graduate; college student or college grad; and even you can apply for a scholarship. Tell your friends, neighbors, family members, put it in your church bulletin, posters up at work any way you can think of getting the message out. The scholarships are available October first. Go on line

to www.epsilonsigmaalpa.org to apply. The deadline for applying is February first. If you have any questions you may contact me at tigervip60@aol.com. or [405-229-4731](tel:405-229-4731)

Thanks, Vivian Y Gibson
ESA Foundation State Counselor

COME GO FISHING WITH ESA !!!!!

DISTRICT 2 LEADERSHIP WORKSHOP

SATURDAY AUGUST 20TH 2016

NOBLE AVE BAPTIST CHURCH, 1219 W NOBLE AVE, GUTHRIE OKLA

REGISTRATION: 930 A.M. MEETING 10:00 A.M.

SPEAKER: DAWN PARLI

COMMUNITY EDUCATION AREA MANAGER

LIFE SPRING IN HOME CARE NETWORK

TOPIC: THINGS WE NEED TO KNOW AS WE AGE,

CONTINENTAL BREAKFAST

SALAD LUNCHEON \$10.00

SILENT AUCTION DOOR PRIZES

PLEASE BRING A CHILD'S BOOK AS DISTRICT 2 WANTS TO SHARE THE JOY OF
READING AND LEARNING WITH THE CHILDREN ENROLLED IN HEADSTART
FACILITIES ACROSS DISTRICT 2

RSVP BY AUGUST 15 TO:

LIBBY ZAAGE, DISTRICT 2 COORDINATOR ; (405) 795-4998

Ezaage1@cox.net

JO ROTT (405)330 1028

Jrott081847@gmail.com

SEE YOU THERE!!!!

FOLLOW THE FISH FOR FUN AND INFORMATION



Greetings from District III

Some chapters are taking time off for the summer, but the district is gearing up for the August 27th Leadership Meeting along with District V at the Bedouin Shrine located in Muskogee, Oklahoma. Registration will start at 9:30 a.m.

I asked each chapter President to make sure that members received a copy of the proposed by law changes that will be discussed at the August 27th meeting. A copy of proposed by law changes should have reached each member's email box. If by chance you did not get a copy of the proposed changes, please email me at linda.jones93@gmail.com and I will email a copy to you.

Hopefully every District III chapter will make sure a representative is in attendance on August 27th.

On another note it is time to select a new District project, or vote to continue with Clarehouse, an end of life care facility in Tulsa. If there is a worthwhile group, organization etc. that your chapter has in mind, please make sure to relay the information to District III project chair, Brenda Yates at byates@suddenlink.net before July 30th. We will select our recipient at the August 27th meeting.

Did your chapter miss the opportunity to sell spring bulbs for the District III project? No worries, Brenda Yates has arranged for us to sell fall bulbs. This is an easy way to raise funds for our District III project. Brenda will talk more about the project at the August 27th meeting.

Please make note that Charlene Law has taken the position as District III Parliamentarian. Charlene may be reached at cjl41968@yahoo.com or by calling 918-266-0185.

Looking forward to seeing you in August!

"Be the light that leads and the inspiration that lifts others to excellence."

Linda Jones

District III Coordinator

Save the Date!

District III & V Joint Leadership Meeting

"You Are an Essential Piece of ESA"

Saturday, August 27, 2016

Bedouin Shrine

201 South 6th Street

Muskogee, Ok. 74401

Registration 9:30-10:00

Coffee and snacks will be provided

Lunch will be provided by District V – Cost \$10.00

****Please contact June Miller District V recording secretary at
rmiller91@sbcglobal.net**

or

by phone 918-329-0010 by August 20th

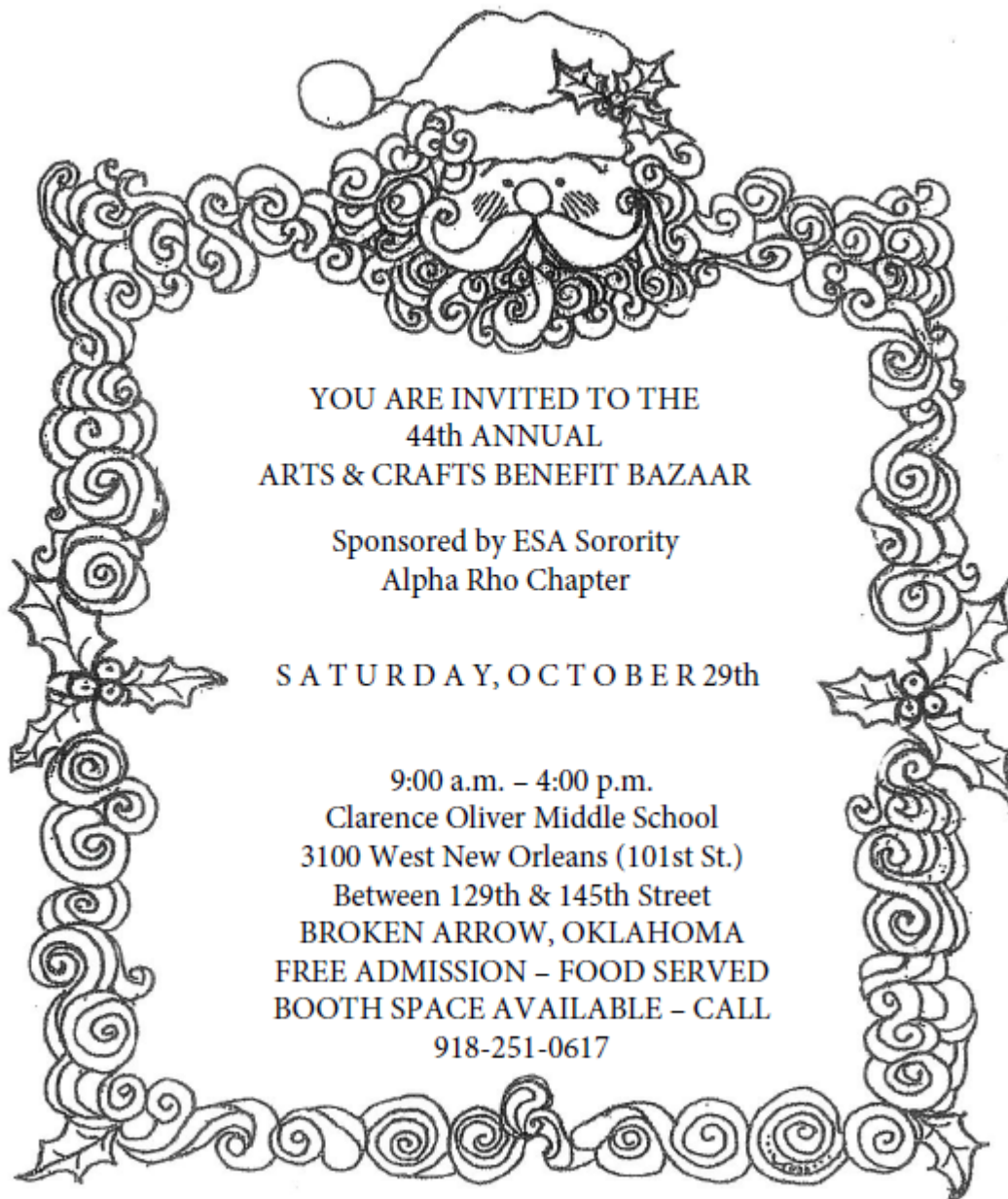
**Need more information? Please contact Linda Jones, District III
Coordinator, 918-809-5621 or linda.jones93@gmail.com**

or

**Sandy Lackey District V Coordinator- 918-441-9462,
slackey5151@gmail.com**

Alpha Rho Chapter in Broken Arrow is sponsoring the 44th Annual Arts & Crafts Benefit Bazaar on Saturday, October 29th from 9:00 – 4:00 p.m. at Clarence Oliver Middle School. The school is located at 3100 W. New Orleans, in Broken Arrow.

The event is the longest running event of its kind in Broken Arrow, and serves as the main fundraiser project for the chapter. Hope to see you there!



Beta Iota #4283 McAlester

It's summer and that means one thing for Beta Iota: the Miss McAlester Scholarship Pageant. Each June, we gear up to award thousands of dollars in cash and tuition scholarships to our local young women. The pageant takes all hand on deck for Beta Iota. The ladies put in countless hours to make each pageant a success. This year our Miss McAlester is Kyleeann Parker. Kyleeann is a 22 year old senior, communications major at Oklahoma Baptist University. Our Miss McAlester's Outstanding Teen is Macey Sexton. Macey is a 14 year old freshman at Lakewood Christian School. Both of these young women will go on to compete at Miss Oklahoma and Miss Oklahoma's Outstanding Teen next June.

Beta Iota awarded over \$8,000 in cash scholarships this year. Each contestant received a minimum of \$250.00 to put towards their educational goals!

We are looking forward to another fantastic year in ESA beginning this fall!



Delta Kappa Chapter, Norman-PJ Article Aug/Sept, 2016

It is suppose to be the "lazy days of summer". I am still waiting for the lazy part to kick in for Delta Kappa this summer.

Our annual garage sale for St Jude's was held June 17 & 18 at Goodrich Church. We were very excited to make a nice profit of over \$2000.00. Our success at this project was due to the many generous donations of furniture and household items from several supporters. And due to our "peddling" skills we are still bringing in more money. Delta Kappa members worked very hard on this sale. Thank you DK sisters for giving so much of your time in support of this project.

It was party time on July 1 at the Native Spirits Winery located close to Lake Thunderbird. Lots of wine tasting, several peach bellinis and yummy snacks were enjoyed by eight DK members, spouses, significant others and 3 prospective members. We had a great time with a special toast to the seven DK members who celebrate a July birthday.

We have four members, Gwynn Nell, Linda, Nancy and Vivian attending IC Convention. We look forward to hearing about their adventures in Loveland Colorado.

Since we already have two storage units full of furniture and misc. merchandise, our ways and means chair, Georgia, is suggesting we have another garage sale in August. We need to make room for more furniture being donated.

Our next social has become an annual event and one that we look forward to. Gwynn Nell will host us once again in her home in August and treat us to homemade ice cream with an assortment of delicious toppings. It is especially nice to relax around the pool, visit and share stories of our summer events and to make plans for the coming sorority year.

Until next time-----Blessings for an enjoyable and safe summer!

Janice Shockley

Delta Kappa, Norman

Gamma Delta News

The Gamma Delta chapter celebrated the May 15th Founder's Day Tea in grand style! The meeting took place at Clarehouse with table centerpieces provided by TAC Parliamentarian, Byrdie Emanuel, and chapter member Marge Goodno with tea pots from their personal collections, color-coordinated with festive blooms by Jenny Lizama surrounded by tea bag favors in decorative pouches with the message, "You're **TEA-riffic!**" from the creativity of President, Dawn Haley. This was not your staid or stuffy, "Tea" with chamber music...the laughter, joy and celebratory atmosphere was capped off with awards.

Chapter member, Marge Goodno, held our Gamma Delta business meeting Brunch/Social at her home in Tulsa on Saturday, June 4th. Chapter members and guests enjoyed the variety of Marge's menu outside in her botanical garden full of blooms in every color imaginable ~ everywhere you looked burst forth with another vibrant hue from native flowers indigenous to Oklahoma. The attached menu shows the culinary fare members selected from while we discussed chapter plans for the summer and fall months ~ it was a feast for our eyes, stomachs and ESA members' hearts.

Zeta Gamma Chapter, Shawnee

Zeta Gamma chapter 2016-2017 officers were installed at the beautiful home of Stephanie Hamm. Of course, we had lunch at the Golden Corral to begin our day (can't pass up food.) The installation was beautiful and amazing with Mickey Mouse playing a great part. What a great time!!!

Then it was convention. Being one of the convention hostesses we were busy, but you never know what goes on behind closed doors. We can solve all the world problems. We were rewarded by winning the Chapter of the year, (15 members or less.)

Our chapter year began with dinner and planning meeting of our year events at the home of Lora Thompson. We planned a great year. Socials, educationals, philanthropic and business meeting were discussed. We again, are one of this year state convention hostesses. So, State Convention was also on our agenda. We could never forget to plan for Dist IV leadership with Linda Voss as Dist. IV Coordinator.

We are going to be busy this year but when was Zeta Gamma members not busy?

Lora Thompson
President/Publicity Chairman

TULSA AREA COUNCIL

GREETINGS! Our new officers are as follows:

President – Jeanne Lofton, Vice-President – Dawn Haley, Secretary – Leslie Farabee, Treasurer – Jenny Lizama, Parliamentarian – Byrdie Emanuel. The chairs are filled by: Sharon Barnett, Brenda Yates, Donna McCandless, Peggy Sprinkle, Carolyn Womack, and Judi York. In addition, Peggy Sprinkle is 1st Vice President for Oklahoma State Council and has appointed Judi York as Convention Chair. Thanking you ladies in advance for your time, talent and services. All of you are appreciated!

A Dutch Flower Bulb District III fund raiser coordinated by Brenda Yates successfully raised \$640. Good Job Branda!

On May 15th, the Founder’s Day Tea at the Clarehouse was enjoyed by our members. The Honorees are: Years of service - Frances Mann, 65 yrs; Anne Jones, 25 yrs; Marie DuCharme, 25 yrs; Cindy Whitehead, 25 yrs; Deb Hughes, 20 yrs; Jewel Pin – Lee Ann Schafer, 1 yr; Marilyn Fairchild, 1 yrs. Congratulations for your years of service and dedication to ESA.

Our St Jude’s Dream Home in Stone Canyon, Owasso sold 10,000 tickets. The home was valued at approximately \$500,000 and was truly a “dream home” (a one-story, 3300 sq ft, 4 bedrooms, 3 baths, 3 car garage, office, safe room, ½ acre lot and more). We thank all the donor, builders, associations and the Tulsa Area Chapters that participated to make this dream come true for the winner, LaDawn Webb of Tulsa, and our St Jude’s children and their families.



We wish to invite all of our sisters, their families and friends for a fun evening at our annual BUNCO BASH. COMMUNITY FOOD BANK OF EASTERN OKLAHOMA. COME, HAVE FUN AND HELP US FIGHT HUNGER!



TULSA AREA COUNCIL

Bunco Bash

Benefiting

Community **FOOD BANK** of Eastern Oklahoma *Fighting Hunger, Feeding Hope*

Friday, July 22, 2016

6:00 pm

**Highland Park Christian Church
5708 E 31st St, Tulsa, OK**

Cost is \$20.00 per player

Refreshments will be served at 6:00 pm.

Bunco will begin at 6:30.

There will be Raffles to benefit the Food Bank.

Tickets will be \$1.00 each or 6 for \$5.00

**There will be prizes for each Bunco, most wins,
most losses and most Buncos**

**RSVP to: Judi York – judikay@cox.net
[\(918\) 605-2860](tel:9186052860)**

Carolyn Womack



I am so excited to say welcome to the 2016-2017 year with our new President, Nancy Baucom! I am also excited because I hope to bring continued awareness and opportunities to our state through our partnership with Easter Seals. Per the state website, this wonderful organization "provides services to children and adults with disabilities and other special needs, and support to their families."

A new and fantastic opportunity now includes connecting with Easter Seals by signing up to receive emails. If you would like to sign up to receive emails on state updates and events please send me an email at debrajohnson316@msn.com with the email address where you would like to receive an electronic monthly newsletter. There are also social media pages dedicated to Easter Seals Oklahoma that can be found on Facebook (Easter Seals Oklahoma) and Twitter (@EasterSealsOK) you are welcome to follow. Additionally, make plans now to stand or sit alongside Easter Seals for the Redman International Triathlon taking place in Oklahoma City on Saturday, September 24th. They need our help to assist along the bike portion of the race. Send an email to my address listed above if you would like to sign up in support. *Please note this is scheduled for the same date as the ESA Walk.

After visiting both the Adult Day Center and Early Learning and Inclusion Center in downtown Oklahoma City, I was impressed to learn of their rebranding strategy to include a change in how the name is written- Easterseals. You may have also noticed the fresh new logo which offers a bright and modern design while boasting of collaboration. They hope this new look will reflect their ideals while showing they are an organization rich in history and energetic in their work with the disability community.

In order to serve Easterseals in a very effective and tangible way this year, please collect donations at your meetings in order to assist with providing medical devices to those in Oklahoma who show a financial need. Devices approved for all ages include items such as: canes, wheelchairs, corrective shoes, prosthetic devices, eye glasses, hearing aids, therapy services, and more. Those who apply not only complete an application, they must also write a letter explaining how the device would impact the recipient, as well as sit through a personal interview before being selected. Easterseals directly purchase the requested device(s) and then present it to the selected individual(s). However, this is not a funded service. Therefore, they have not been able to assist nearly as many as desired in recent years. Your support and fundraising will make such a difference in the lives of those applying for this assistance. Start your collection jars now and send me pictures to update others on your chapter's ESA for ESOK goal. Looking forward to seeing how many individuals' lives will be impacted this year through our partnership!

Debra Johnson
2016-2017 ESA Oklahoma
Easter Seals Chairman
[\(918\)839-3530](tel:(918)839-3530)
debrajohnson316@msn.com

JOURNEY TO St. Jude Children's Research Hospital

By Jane Thomas

On March 1, members of the Delta Lambda chapter of ESA held their monthly meeting in the home of Jane Thomas. We enjoyed a covered dish dinner and were treated to an informative educational by our adopted O S B student, Tai Yauri Thomas. Other guests on this occasion included her school friend Richelle Zampella and their creative writing teacher, Kathy Barrett.

Tai Yauri is a St. Jude's patient, and travels there with her mom every six months for a precautionary check-up because of a tumor still present behind her right eye. Here is her story.

Tai Yauri first was taken to St. Jude's when she was 14 months old.

To aid in her presentation, she had recorded a conversation with her Mom, who lives in Oklahoma City. This summary represents the combination of Tai Yauri's remarks, those in the recording, and a conversation which I had with her mother following our meeting.

Mom noticed that when she put Tai Yauri (whom we call Tai) to bed in a darkened room, she could see the reflection of the hall way light in Tai's eyes, (like cat eyes). Recognizing that this was not normal, she immediately contacted her local doctor, who arranged for Tai to be seen in Oklahoma City. The result of that visit was that the Oklahoma City doctors wanted to immediately remove both eyes, leaving Tai totally blind from a cancer called Retinoblastoma. Meanwhile, her mom confided these developments with an attorney whom she believed to be credible in many ways. The attorney told her, amazingly, that her own daughter had suffered from this same condition, and had beaten this cancer by receiving treatments at St. Jude Children's Research Hospital in Memphis. Her final admonition to Mom was, "get Tai to St. Jude's." And that was exactly what she did.

Tai had to receive numerous rounds of chemo and radiation, and did lose her right eye. But, the doctors at St. Jude's were able to save some vision in her left eye, which she still has today.

Saving the vision in Tai's left eye enabled her to follow the interests of her athletic personality, as a young child. She learned to ride a bicycle, and played some basketball and football. Her mom recognized the need for Tai to come to our school after the third grade. Tai had often resisted the way in which classroom aids in public school wanted to hover over her, as her interest was to aggressively run and play.

At O S B, Tai found the freedom to explore her athletic personality, and to be with many others also experiencing low vision.

Both Tai and her mom spoke about the generosity of St. Jude's, providing free transportation, food and lodging for both of them for extended stays, and for regular checkups.

They were also able to bond with other families when Tai was small, and receiving frequent treatments. Another development which Mom remembered fondly, was the fact that Tai's first prosthesis was made by the same ocularist who made them regularly for Sammy Davis Junior. Now, his son has taken his place, doing fine work, at no cost to the family.

Tai is a bright and talented young girl, whose life has been shaped in many ways by the wisdom and compassion of a host of doctors and staff at St. Jude's Children's hospital.

Registration Form
31st Midwest Area Regional Council Conference
"Mystique of the Aurora Borealis"

October 7 - 9, 2016

Crowne Plaza AIRE – MSP Airport – Mall of America
3 Appletree Square, Bloomington, MN 55425
952.854.9000

Rooms reserved under Epsilon Sigma Alpha –Midwest Area Regional Council

(ESA – MARC) - (Held until September 15th)

Hotel Reservation Link: [Epsilon Sigma Alpha](#)

Room Rate \$119+ 14.275% tax (1-4 people)

NAME: _____ STATE: _____

ADDRESS: _____ CITY, STATE, ZIP: _____

E-MAIL ADDRESS(OPTIONAL): _____

CURRENT OFFICER/OFFICES HELD (please check all that apply)

MARC BOARD _____ STATE PRESIDENT _____ 1st TIMERS _____

MARCettes _____ IC BOARD _____ IC APPOINTED BOARD _____

FOUNDATION BOARD _____ HEADQUARTERS _____ GUEST _____

REGISTRATION FOR LEADERSHIP: \$ 53.00 _____

REGISTRATION FOR CONFERENCE: _____

FRIDAY LUNCHEON \$ 26.00 _____

SATURDAY LUNCHEON \$ 26.00 _____

SATURDAY BANQUET \$ 35.00 _____

TOTAL CONFERENCE REGISTRATION: \$140.00 _____

AFTER SEPTEMBER 17TH DEADLINE: \$150.00 _____

WALK-IN REGISTRATION WILL BE: \$ 165.00 (CHECK OR MONEY ORDER -ONLY)

SPECIAL DIETARY NEEDS _____

Make check payable to: 2016 MARC Conference

Mail Registration Form and Payment to:

Birdie Elkofska, Registration Chair, 3320 Louisiana Ave S, #206, St. Louis Park, MN 55426

MARC CONFERENCE SPEAKER SERIES –October 7, 2016

FARE HYPNOSIS CENTER-ROBERTA FERNANDEZ

We will start our day with Roberta with the FARE HYPNOSIS CENTER - You will learn some techniques to control stress, calm yourself and the value of these techniques in your life! Roberta Fernandez is a well-respected professional in her field of practice. She has 30 years' experience in education, training, sustainability, and finance, working across public and private sectors. Past clients include Kemps, Pentair, Sam's Club, and Starwood VO, JP Morgan Chase, the MPCA and DNR, and many government and educational Institutions. She is her own 'walking' testimonial, having used hypnosis to successfully manage my severe knee pain pre-surgery, and after my bilateral knee replacement (both knees at the same time). I used only hypnosis to manage my pain, not drugs. I am currently using hypnosis for weight loss and have gotten rid of 30 pounds. Having used hypnosis successfully in so many ways for myself, I feel compelled to help others become more positive, productive and purposeful in achieving their life goals.

LIFE REIMAGINED

The Life Reimagined Institute provides the thought leadership and program development that guides and fuels the Life Reimagined experience. The Life Reimagined Institute brings together the world's leading experts in personal development, aging, transitions, and reimagining life. These groundbreaking Life Reimagined programs, services, content, tools and innovations that have helped countless individuals reignite their sense of purpose... You will be experiencing one of the many programs that are offered through the Life Reimagined Institute relating to PASSION, how to identify it and how to make take action steps to enjoy it.

DIANE AMUNDSON, WINONA STATE UNIVERSITY

Talking about our Generation: Learning to Communicate More Effectively Across Generations!!

What you will learn:

Have you ever had these thoughts? "Why won't they just pick up the phone?" or "You should stay until the job is finished," or "Why do they come to my cubicle to answer my emails?" You love the variety of people you work with or associate with in your various organizations and the variety of tasks you perform each day but sometimes they can all drive you crazy! Some of this craziness comes from the way that the five different generations clash in today's workplace. Each generation wants to perform their best work and yet their beliefs and values can differ greatly in how they approach their work. This workshop promotes a light-hearted yet thought-provoking look at the benefits of a mixed-generation workforce and examines how age affects all of us in the workplace. During this highly interactive workshop you will:

- Assess your current knowledge of the five generations in today's workforce: Traditionalists, Boomers, Gen X and Gen Y and Z!
- Learn the facts and events that shaped each of these generations; way of viewing the world of work and play.
- Discover six to ten tips to improve your communication and each generation.
- Understand how to attract and retain Millennials

This will be highly interactive and will cover many things that you can put into practice immediately.

THURSDAY NIGHT OPPORTUNITIES WHEN YOU ARRIVE IN MINNEAPOLIS

NAME: _____ STATE: _____

_____ **Yes, this one is for me**

Mall of America - FREE HOURLY SHUTTLE FROM THE HOTEL

You can do this one at any time you arrive and don't have to go in a group if you like to shop 1:1. We will have it available for you and give they give you the shuttle pick up point when you get to MOA.

_____ **Yes, this one is for me**

Mystic Lake Casino

We will need to get a group of at least 25 to confirm a shuttle stop at the hotel. We were going to arrange for a 5 o'clock shuttle and return around 10-11 back to the hotel. Cost of the shuttle is free, cost at the casino is up to you.

_____ **Yes, this one is for me**

Fulton Brew and Tour of Down Town Minneapolis

We will be taking the train right outside of the hotel to downtown Minneapolis with a trip past the brand new Vikings US Bank Stadium where our St. Jude walk will be held. The Tour will stop at the Twins Target Field and Fulton Brewery. The tour will involve some walking and the only cost is the price of a train ticket and whatever you choose to eat and drink. We would like to gather and hop on the train around 5 so you can see somethings before it's too dark outside however downtown Minneapolis is a hopping place even in October.

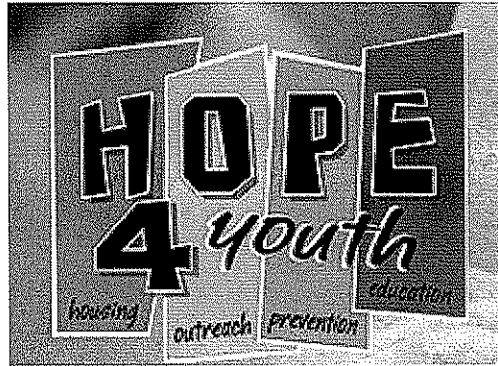
TOUR COORDINATOR IS: Julene Donnay, Please confirm via e-mail to her at Julenedonnay@aol.com,

or if you only us USPS the address is: Julene Donnay, 17763 Oakland Drive NE, Ham Lake MN 55304

Hands on Project - MARC CONFERENCE 2016 -

A Shower For the Hope 4 Youth Organization

<http://hope4youthmn.org>



It's one of our favorite projects in Minnesota, helping the Hope 4 Youth is a homeless shelter environment that provides teens a place to get help, housing, jobs, and not be left on the streets. Hope 4 Youth as an organization provides Outreach, Housing, Emergency Assistance, Education, and a support system for young people to get back on track.

<p>Individual-sized products Gold</p> <ul style="list-style-type: none"> Bond Powder Lotion Men's & Women's Body Wash Shaving Cream Hand Sanitizer Toothpaste Toothbrush Hand/baby wipes Deodorant 	<p>Other Personal Items</p> <ul style="list-style-type: none"> Insect Repellent Sunscreen Hair Picks Paper Towels SA & Holiday Fuel (only) cards \$10Walmart Gift Cards \$5/\$10 McDonald's/Subway \$5 - \$10Home Depot Gift Cards Men's Boxers /Briefs, all sizes Men's White T-shirts, all sizes Men's White Socks Men's Jeans, all sizes Men's Tennis Shoes Women's Hooded Sweatshirts, XS•XL•XXL Women's Colored Ankle Socks Men's & Women's Shorts, all sizes 	<p>Other Food Items:</p> <ul style="list-style-type: none"> Nonperishable meats Ramen Noodles Trail Mix (individual packs) Pretzels Chips Crackers Ranch Dressing Fruit Cups Knorr Pasta and Rice Cereal Instant potatoes Boxed dinners Yakisoba noodles Pop tarts Pudding Cups Jerky/meat sticks Nuts Jelly/Jam Water Flavor packets (Propel)
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ESA Community Chapter Online Fundraising

Go to: fundraising.stjude.org/esachapter

The screenshot shows the top navigation bar with the St. Jude Children's Research Hospital logo, the word "EVENTS" in large red letters, and the text "FOR ST. JUDE". To the right, it says "Welcome back, Ashley!" with buttons for "Find Your Event" and "Log Out". Below the navigation are links for "Home", "Get Started", "Search this Event", and "Contact".

The main content area features the title "ESA Community Chapter Fundraising" in large black text, with the date "February 5, 2016" below it. To the right is a large red "Register" button. Below the button is a progress bar showing "\$0 Raised" and "\$10,000 Goal" with a "Make a gift!" link in between.

At the bottom, there is a "Welcome Ashley. Manage this event" link. On the left is a "Event Details" section with a location pin icon and a "Questions?" link. On the right is a "Thanks for your interest in ESA Community Chapter Fundraising for St. Jude!" message, followed by text: "Help St. Jude Children's Research Hospital change the way the world treats childhood cancer and other deadly diseases. Treatments invented at St. Jude have helped push the overall childhood survival rate from 20 percent when the hospital opened in 1962 to more than 80 percent today."

The logo for Care Connection features the word "CARE" in a bold, black, sans-serif font at the top. Below it, the word "CONNECTION" is written in the same font, with two red heart icons replacing the letters "O" and "I". A blue dotted arch connects the top of the first heart to the top of the second heart, spanning over the word "CARE".

CARE CONNECTION

ESA's Care Connection is a link that provides service to members, their families, and others whom they recommend for assistance. The program was created solely to facilitate the exchange of person-to-person charitable services. Members share their personal talents and caring spirit to provide support to other ESA members. Simply put, Care Connection provides an opportunity for members to help others, as well as to receive assistance during their own times of need.

Care Connection utilizes the knowledge, expertise, and volunteer skills of ESA members to share support and service to others during times of change, transition, or personal crisis.

Through Care Connection, ESA members have channeled both financial and personal support to individuals, and sometimes to the communities of our membership, when emergencies arise.

For instance, following Hurricane Katrina, Care Connection harnessed the efforts of ESA members everywhere to provide material goods, and, in some cases, financial aid and personal assistance to those members whose lives were disrupted by the storm.

Most often, Care Connection meets the personal needs of members who want or need information regarding support for relatives or family members living at a distance, exchange of business opportunities or information, or to send expressions of support or good wishes to members who are celebrating joyful times or experiencing personal crises (via cards, letters, e-mails, tweets, calling trees, etc.)

Care Connection also helps members connect during times of transition when they are seeking support of their ESA family as they move, or as their personal circumstances change. This type of relocation information is often invaluable to members who are contemplating a move, change in career, or other life-altering transition.



This year, as part of ESA's "Fun for All Ages" focus project, members and chapters are encouraged to host a walk/run event to support a cause you love and meet people of all ages you can invite to join ESA. Do one sometime in the year for any good cause, and create it specifically to appeal as a "Fun for All Ages" event – reach out to families with school-aged children, young adults, active seniors, congregational organizations, and business community partners to offer them a great time for all their people while making your community a better place.

Some ideas:

- 5K – promote to runners' clubs and high school runners
- Nighttime "Glow" event – Host an "after dark" walk/run showcasing glow sticks and necklaces, Neon shirts, light up props, late night food/fun
- Parade-style (decorate your wagon, stroller, board, bike) – kids and families walking laps around the high school track, park or ballfield with fun after-events on the center field.
- Try one in September for St. Jude if you want to do a "walk" event and one of the ALSAC walk sites is not near you (see below for more info about St. Jude walk events)
- If you envision something big, we have "how to" event tips from members who have done these larger 5K style events (tip: start planning these well in advance)
- Have members ready to talk about ESA good works in the community and to invite attendees to join ESA

DO SOME GOOD

There are lots of ways to use your Fun for All Ages walk/run event to do some good. Contact the charity/cause you're supporting and discuss a need you'd like to help them fill. You can choose to raise general fund cash donations, or to help them achieve a more specific goal, like helping purchase a big ticket item on the charity's wish list such (playground equipment for the shelter's backyard and so on). Or choose to do some good through non-cash donations, like asking walk participants bringing food for the pantry, a coat/hats/boots for the Veterans' Services Outreach Center, or baby clothes and supplies for struggling single moms.

MAKE THE "AFTER-PARTY" FABULOUS!

Give everyone a reason to stick around after the walk/run activities conclude. Your real opportunity to mingle with the participants might be AFTER the walk/run, so create some fun activities for participants as they finish the main event:

- Food
- Prize drawings
- Costume contests/prizes
- Karaoke/prizes
- Photo booths, local celebrity photos
- Lawn games (corn hole/bean bags)
- Face painting, balloon animals
- Thank you from guest speakers (especially if it's for a cause) – local media, people who've been helped by the cause, staffers from your cause
- Big Check presentation

WHO TO INVITE

Three groups of people can be targeted as participants for your event. Think about who would enjoy the event itself and the activities of the day you have planned.

1. **People who will especially enjoy the walk/run itself.** If you're planning a 5K, these are the local runners' clubs, high school and university track team members, staffers and members of local health clubs who should be on your guest list and the targets of your promotional activities. If you're planning a parade-style walk with decorated bicycles/wagons/skateboards and face painters, try inviting young families through daycare facilities, elementary school PTOs, neighborhood homeowners' organizations, or congregational groups.
2. **People who love the cause and will turn out specifically to support that cause.** The charity or organization you are supporting keeps a donors/supporters list and is usually generous in sharing it when for an event that benefits their cause. This is a great source for your participant invitation list and also of business contacts for donations. The charity staffers may even be willing to make some calls or provide you with a letter to reach out to their supporters.
3. **Business and community organizations, their members and staffers.** These are people who you are asking to donate to your event and would probably LOVE to bring some of their people along. For example, encourage the owner of the car dealership that is donating all the sodas to bring their own family, friends, and customers to enjoy the good work their dealership is doing in the community through supporting your event.

PROMOTE THE EVENT

1. You'll want to design promotions aimed at each of your target invitee groups. Creating fliers to post in places frequented by these groups, like in running shoe stores for your 5K and in daycare centers or in the children's library room for your parade-style walk help you target those members of the public you think will especially enjoy the event and activities of the day. Speak with the staff at places like this so they can get excited about the event and help with word of mouth support, directing interested people to your registration information.
2. For contacting donors/supporters of the cause, find out if the charity will allow you to send an e-mail from their account about your event and post content on their social media pages and in their newsletters. In addition, request permission to attend other events of the charity and pass out information about your upcoming event. Their most ardent supporters often turn out for many events for the cause in the area.
3. For YOUR donors and supporters, design some promotional materials they can proudly display at their business about the event recognizing them as a sponsor in order to make it easy for them to showcase their good works to their customers AND to invite customers to join in this fabulous event being supported by the business.

DONATIONS

- Cash donations from businesses to sponsor the needed event supplies (recognize their business as a sponsor at your registration table, on the shirts, on the signs, in the ads) – a great way raise the money to order shirts, banners, and other advance needs
- In-Kind donations of food, beverages, signage/printing, and prizes; donation of services like face painting and photography
- Additional volunteers for course marshals, emcees
- Donation of facilities' use
- You can even layer on some extra bucks by turning some of your donated prizes into raffle items or selling some of the donated food items.

TALK ABOUT ESA

These walks have the dual purpose of meeting and welcoming new members of all ages as well as supporting your event and cause, and BOTH are equally important. Put your best foot forward to showcase ESA. Plan some time in your "stick-around-afterwards" activities to address the crowd, thank them for their support, and tell a little about ESA. Briefly mention some of ESA's national causes your chapter supports, other local groups you help, and that chapters in your area are welcoming new members **right now**, so anyone who is interested in more fun opportunities for volunteerism should see someone in an ESA shirt or visit your table for more information.



***Oklahoma State Council
2016-2017 Meeting & Special Events Dates***

2016

June 11	Executive & General Board Meeting State Council Meeting Goodrich United Methodist Church Norman
July 10-17	International Convention "Reaching New Heights in ESA" Embassy Suites, Loveland, CO
August 20	District II Leadership Guthrie
August 27	District III & V Leaderships Muskogee
September 10	State Leadership Hilton Garden Inn, Lawton
September 17	Walk to End Childhood Cancer Tulsa
September 24	Walk to End Childhood Cancer Oklahoma City
October 1	District IV Leadership Shawnee
October 7-9	MARC Conference Embassy Suites, Minneapolis Airport Bloomington, MN
December 10	Oklahoma School for the Deaf Tour & Christmas for the kids Sulphur



***Oklahoma State Council
2016-2017 Meeting Dates***

2017

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| February 18 | Oklahoma School for the Blind Tour
District III Meeting & Installation
District V Meeting & Installation
Muskogee |
| March 4 | District IV Meeting & Installation
Shawnee |
| March 11 | Executive & General Board Meeting
State Council Meeting
TBA |
| March 18 | District II Meeting & Installation
Guthrie |
| April 28, 29, 30 | 74 th Annual State Convention
"ESA in Candy Land"
Hilton Garden Inn, Lawton |