



Epsilon Sigma Alpha
Oklahoma State Council

2018 - 2019

Petticoat Journal

Peggy Hughes - Editor

Volume 67 Issue 1

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**ESA Oklahoma State President,
Margaret Kramer**



Keep Calm – Make a Difference in ESA

My journey as OK State Council President began April 28. What an adventure to date. Starting with a fantastic weekend celebrating Oklahoma’s Diamond Anniversary Convention and ending with the State Council meeting on June 9. The Council meeting was attended by 55 members, guests and potential members. For those of you who were unable to attend, you were missed. Council business was presented, motions were made and voted upon, reports given, delicious snacks and lunch was enjoyed and amazing educationals presented. The Membership Co-Chairs reported OK had 18 new members since March 1, thank you to all who have been busy recruiting, the survival of our beloved organization is dependent of its continued growth, together we can make this happen. Currently I am preparing for the Leadership Seminar scheduled for September 15, at a Tulsa venue, so mark your calendars and plan to attend, you won’t be sorry. You are guaranteed to leave knowing more than you did when you arrived, experience a lifted spirit and the lasting benefits of spending the day with your ESA family. I am grateful and privileged to be representing Oklahoma at the International Convention in Phoenix in a few weeks. I would be remiss if I did not thank the membership for your kind words of encouragement, support and wisdom. Being president of any organization has a learning curve and ESA is all about learning, and growing. Be mindful that updated information and news will be communicated via e-mail, on the oklaesa.org web site or on the Epsilon Sigma Alpha (ESA) Oklahoma. Facebook page. If there is anything that I can do to be of assistance to you please do not hesitate to call, text or email me. Best wishes for a fun, memorable and safe summer, take time out of your busy schedules to “smell the roses”, Keep Calm – Make a Difference in ESA

I'll be alone each and every night
While you're away, don't forget to write
Bye-bye, so long, farewell
bye-bye, so long

See you in September

See you when the summer's through

Margaret Kramer, President
mgnurseok@aol.com
918-617-3130



**LIGHTS CAMERA ACTION!!!!!!
SEEKING CAST MEMBERS FOR THE 2019-
2020 STATE COUNCIL.**

This is your opportunity to do something worthwhile for Oklahoma ESA. Pull up those anchors and sail into the most wonderful experience of your lifetime and become a member of the elected or general board.

Your talents will become an award winning center stage performance as you help guide our STATE to new heights and achievements.

DON'T MISS THE ACTION CONTACT ME ASAP!!!!!!

I have a wonderful year planned and your talents are needed.

1st Vice President
Linda Leveridge
lleveridge@att.net
405-802-6521



How Do I Breathe????????? Why Do I Need to Breathe????? How Can Breathing Help Me Be Calm?????

Breathing exercises create positive changes that help improve conditions as serious as asthma, chronic obstructive pulmonary disease, and heart failure . Breathing exercises improve lung function by “stretching” airway tissue and inducing the release of a “protective chemical” known to maintain airway

For the past 3 weeks, I have been rehabilitating my knee...It has been a very painful and frustrating time for me...

So making sure I practice what I preach...my ability to use deep breathing has HELPED ME RELAX DURING THOSE TOUGH REHABILITATION EXERCISES

OK , this all sounds good and fine, you say. How can I make it work for me? What do you actually do? Although the breathing exercises experts describe closely parallel the breath work in traditional yoga practice, you don't need to take up yoga to learn the techniques. It's really about increasing your oxygen intake and -inducing the body's relaxation response.

Here's how to do it:

1. Simply get comfortable in any position and put your hands on your chest and stomach.
2. To maximize oxygen intake, it's important to learn to breathe from your abdomen (“belly breathing”) rather than your chest. Focus on your breath until you feel your stomach rise and fall more dramatically than your chest with each inhalation and exhalation.
3. Breathe in through your nose, hold the breath for a few seconds and then exhale through your mouth. The time it takes to exhale should be about twice what it is to inhale. (Many suggest a 4:7:8 pattern – 4 to inhale, 7 to hold, and 8 to exhale.) Let go of other thoughts while you breathe.
4. Do 4-8 breath cycles 1-3 times every day.

Once again, KEEP CALM AND RELAX is my theme for this year....I would offer to come to any of your local or district meeting so we can all use this to help our well being

KEEP CALM AND RELAX

Mona Quaid Johnston
2nd Vice President
mquaidm@yahoo.com
918-448-5649

Epsilon Sigma Alpha International

Oklahoma State Council
Executive/General Board Meeting
First Christian Church – Shawnee, OK
June 9, 2018

Minutes

The meeting was called to order at 10:10am by President Margaret Kramer. A welcome was given by Madam President. The committee to read the minutes of this meeting consists of Lora Thompson, Chair, Gloria Torres, and Gina Wozencraft.

2nd Vice President Mona Quaid Johnston announced that her theme would be “Keep Calm and Relax.” Mona encourages chapters to do something on all or part of this theme. Mona volunteered to visit any chapter to help with the theme this year.

Treasurer Robyn Ryan, upon recommendation of the Budget Committee, moved that the Money Market interest earned be deposited into the Operating Funds Checking account. No second was required. Discussion ensued that this would amount to about \$12 to \$16 per year and would go into the operating budget. Motion unanimously carried.

Robin then presented the 2018-19 Budget. Robyn Ryan, upon recommendation of the Budget Committee, moved that the proposed budget for 2018-2019 be approved. No second was required. Motion unanimously carried. President Margaret asked that suggestions on ways to raise money for the State Council Operating Budget for the coming year be sent to her

Project Director Susan Patterson presented a report on the balance in the Project account. Balance is \$3751. Number of students at OSB is 95. Number of students at OSD is 104. Money allocated to OSB is \$1790.68. Money allocated to OSD is \$1960.32. Susan, upon recommendation of the Oklahoma Executive and General Board, moved that \$1790.68 be given to OSB and \$1960.32 be given to OSD for the schools to use at their discretion. No second was required. Motion unanimously carried. Susan announced that the OSD tour will be in October and she is awaiting confirmation of the specific date. The OSB tour will be February 23, 2019.

2019 Convention Chair Tina McKamie announced that the 2019 Convention, “April in Paris,” will be held April 26, 27, 28, 2019 at the Hyatt Regency in Tulsa. There will be ongoing raffles for free convention registration and 50/50 jars to raise funds for the convention. Also, the chapter with the most members in attendance at the convention will be awarded \$100. The hostess chapters will not be eligible for this promotion. Tina, upon recommendation of the 2019 Convention Committee, moved that the 2019 registration fee remain at \$120.00 for members, DESAs and ELANs; men’s registration for mixer, banquet, and breakfast \$75.00; banquet guest registration \$50.00. No second was required. Motion carried unanimously.

Contest Chair Sylvia Ochs announced that there will be no major changes. Minor and cleanup changes will be in the PJ.

Secret Sister Leslie Farabee, was unable to attend. Rita Hains reported that Leslie e-mailed Secret Sister forms to all who expressed an interest in participating in the Secret Sister program. Those were e-mailed on June 6. If anyone did not receive the form, or if anyone has decided to join the program, please contact Leslie.

There was no new business.

Meeting was adjourned at 10:45 am.

Respectfully submitted,
Rita Hains
Recording Secretary
2018-19



Epsilon Sigma Alpha International
Oklahoma State Council Meeting
First Christian Church – Shawnee, OK
June 9, 2018

Minutes

The meeting was called to order at 11:05am by President Margaret Kramer. A welcome was given by Madam President and she led the meeting in the opening ritual. A short video on hot summer days was shown to lighten the day and put a smile on everyone's face.

Chaplain Charlene Law could not be at the meeting. Peggie Sprinkle gave the thought for the day. Billie Fritch led us in the Pledge of Allegiance and the singing of God Bless America.

A welcome was given by President Margaret. Beta Iota and Alpha Theta Muskogee are the hostesses for the meeting. Lora Thompson was thanked for arranging the meeting place and for setting up for the meeting.

Three guests were introduced and two first-time attendees. Roll call was taken from registration.

The committee to read the minutes of the 75th Oklahoma State Convention included Robbin Brown, Chair; Kay Brader, and Peggy Campbell. Robbin could not attend today, so Gwen Beasley gave the report. The minutes will be placed on file as printed.

The committee to read the minutes of today's meeting consists of Lora Thompson, Chair, Gloria Torres, and Gina Wozencraft.

Corresponding Secretary June Miller reported that 55 people were present today. 16 regrets were received. She also reported that Mary Adams was in a car accident and admitted to the hospital; she will go to rehab on Monday.

Treasurer Robyn Ryan, upon recommendation of the Oklahoma Executive and General Board, moved that the Money Market interest earned by deposited into the Operating Funds Checking account. No second was required. Motion unanimously carried.

Robin presented the 2018-19 Budget. Robyn Ryan, upon recommendation of the Oklahoma Executive and General Board, moved that the proposed budget for 2018-2019 be approved. No second was required. Motion unanimously carried.

Project Director Susan Patterson presented the report on the balance in the Project account. Balance is \$3751. Number of students at OSB is 95. Number of students at OSD is 104. Money allocated to OSB is \$1790.68. Money allocated to OSD is \$1960.32. Susan, upon recommendation of the Oklahoma Executive and General Board, moved that \$1790.68 be given to OSB and \$1960.32 be given to OSD for the schools to use at their discretion. No second was required. Motion unanimously carried.

2018 Convention Chair Judy York could not be in attendance today; Rosalie Griffith gave the report. The 2018 State Convention “Diamonds in the Garden of ESA” was a success. They do not have the final financial report as there are still a few outstanding items. They fully expect to have a profit from the 2018 convention. The full financial report will be printed in the July/August PJ. 106 were in attendance, 8 guests, 2 out of state guests who were are IC representatives.

2019 Convention Chair Tina McKamie announced that the 2019 Convention, “April in Paris” will be held April 26, 27, 28, 2019 at the Hyatt Regency in Tulsa. There will be ongoing raffles for free convention registration and 50/50 jars to raise funds for the convention. Also, the chapter with the most members in attendance at the convention will be awarded \$100. The hostess chapters will not be eligible for this promotion. Upon recommendation of the 2019 Convention Committee, Tina moved that the 2019 registration fee remain at \$120.00 for members, DESAs and ELANs; men’s registration for mixer, banquet, and breakfast \$75.00; banquet guest registration \$50.00. No second was required. Motion unanimously carried. Meals included are the luncheon, banquet, and Sunday breakfast.

Contest Chair Sylvia Ochs announced that there will be no major changes. Minor and cleanup changes will be in the PJ.

Membership Co-Chairs Lola Jaegers and Linda Voss presented a skit on conversations about ESA. They gave many examples and ideas on ways to increase chapter membership.

Social Media/Webmaster Aletha Bolt introduced the “Groupme” program for members to stay in touch with friends and family. It works on Windows, iOS, Android and the web. It is simple to add anyone to a group using their phone number or e-mail address. For more information contact Aletha at aletha.bolt@yahoo.com or webmaster@oklaesa.org.

Second Vice President/Educational Director Mona Quaid Johnston gave a presentation on her theme “Keep Calm and Relax” and had members participate in a project demonstrating relaxation.

Hope for Hero’s Chair Sandy Lackey reported that she has had positive responses from soldiers receiving pillow cases. This project is ongoing for anyone interested in sending more. Brenda Yates shared a list of wish items for the troops and Sandy has a copy for those interested. Other projects include crocheted beanie hats and crochet balls and she has instructions available for those projects. A project was suggested for some sort of pouch or reusable bag to keep the desert sand out of personal items, but a pattern has not as yet been found. A raffle will be held at the September 15 Leadership meeting for anyone who brings items.

Easter Seals Chair Jeanne Kindley-Lifton reported that she has been in contact with Jed Johnson at the Easter Seals National Office in Washington, DC. He said that Easter Seals has two items of note related to service delivery in Oklahoma: 1) The Senior Community Services Employment Program (SCSEP.) This program is the largest federally-funded program for older adults who seek employment and training assistance as well as civic engagement. Through this transitional employment program Easter Seals

partners with community-based non-profit organizations and government agencies. Easter Seals provides these services through a partnership with the AARP Foundation in Oklahoma in three locations (Tulsa, OKC, and McAlester). 2) Easter Seals is working with an organization called Fedcap that will be initiating service delivery in Oklahoma as Easter Seals Oklahoma. The date for re-initiation of Easter Seals services in Oklahoma has a projected date of January 1, 2019. "Woven Life" will not be credited this year for outstanding chapter. A check was received for Easter Seals and Woven Life. The Woven life was credited on the philanthropic report.

Jr. Past President/Disaster Fund Chair Peggie Sprinkle reported that donations are made to the Fund by sending the money to her at 1802 E. Norman St., Broken Arrow, OK 74014. Check must be made out to ESA Disaster Fund. She will send monies to the IC Disaster Fund Chair. Peggie handed out ESA Disaster Fund Blessings Jars. Members are to decorate the jar and place it where they will see it every day to collect extra change whenever they felt they received blessings. She also suggested that the jar be passed around at meetings.

OK MARC Reps Deb Hughes and Rosalie Griffith announced that the MARC Conference will be in Sioux Falls, SD on October 12-14. Registration will be \$125.00 for the entire weekend.

ESA for St. Jude Ramona Bench reported that the Tulsa Dream Home sales were going strong and it will be given away in June. The OKC ticket sales just started last week and the home will be given away in August. A show of hands indicated that there is enough interest for a trip to Memphis for a tour of St. Jude's. She will contact ALSAC and make those arrangements.

Credentials Co-Chairs Darlene Cushenberry and Barbara Childers were covering the Tulsa Dream Home and not in attendance. Members were asked to see June Miller if they have not signed and designated a proxy for the IC Officers vote at Convention.

The remaining Executive and General Board members who did not give reports were introduced.

Announcements:

- Directories available. See June Miller for today. Cost is \$8.00
- PJ Subscriptions for mailed copies are \$25.00. See Peggy Hughes to order.
- Door prizes were furnished by Beta Iota.
- State Leadership will be September 15, 2018 at a Tulsa location.
- District IV Leadership will be October 13m 2018 at 1st Christian Church in Shawnee. 9:30 registration.

The meeting was adjourned at 2:05pm with the closing ritual.

Respectfully submitted,
Rita Hains, Recording Secretary 2018-2019
Rita-hains@ouhsc.edu
918-241-6736/918-760-4661

ESA INTERNATIONAL OK STATE COUNCIL PROPOSED BUDGET 2018-2019

GENERAL

BEGINNING BALANCE **2176.47**

INCOME

Chapter Dues (\$30/33 chapters) 990.00

Chapter Members (\$5/member) 436 2180.00

Convention Profit+Prepaid Room Credit Est.100.00 100.00

Directories 800.00

ESA on the Mall 50.00

Interest on Money Market 16.00

State Convention Loan Fund 1082.50

Transferred from Speaker's Fund 150.00

Transferred from IC Convention Fund

Ways & Means 1500.00

Total Income 6868.50

Grand Total Income Available 9044.97

EXPENSES

PRESIDENT

IC Convention Registration 250.00

IC Convention Transportation 368.00

IC Convention Hotel (6 nights) 400.00

PICPA Lunch 40.00

Flag Pole Rental

State Convention Registration 120.00

State Convention Transportation 50.00

State Convention Hotel 230.00

Engraving Gavel & Charm 50.00

State Leadership Supplies 50.00

President's Award (Donation) 50.00

Travel District Meeting (4) 200.00

Postage Paper Supplies, Copies & Printing 200.00

Miscellaneous 50.00

Subtotal President Expenses 2058.00

First Vice President

Travel District Meeting (4) 200.00

Postage, Supplies, Ballots 40.00

Convention Leadership 40.00

ESA Headquarters Leadership 625.00

Transportation Leadership 250.00

Subtotal First Vice President Expenses	1155.00
Second Vice President	
Transportation & Miscellaneous	50.00
Misc copies & postage	90.00
ESA Headquarters Leadership Registration	
Subtotal Second Vice President Expenses	140.00
Corresponding Secretary	
Meeting Notices & Postage	25.00
Chapter President's Packets	25.00
Supplies	100.00
Subtotal Corresponding Secretary Expenses	150.00
Elected Officers	
Parliamentarian	10.00
Recording Secretary	10.00
Treasurer	50.00
Petticoat Journal Editor	5.00
Project Director	75.00
Jr. Past President/Disaster Fund	25.00
Sr. Past President/Workshops	20.00
Subtotal Elected Officer Expenses	195.00
Total All Elected Officers Expenses	3698.00
Appointed Chair Expenses	
Association of the Arts	5.00
Auditor	5.00
Awards	5.00
Chaplain	150.00
ESA for St. Jude	25.00
Contest	5.00
Credentials	5.00
DAA (Plaque \$25.00 & Charty Donation \$200.00)	225.00
Directory	406.00
Easter Seals	5.00
ESA Foundation Counselor	5.00
Hope for Heroes	5.00
Membership	50.00
Outstanding Chapter	5.00
Outstanding Sr. Youth (Cashier's Check)	400.00
Outstanding Jr. Yourh (Cashier's Check)	200.00
Philanthropic	10.00
Publicity	10.00
Scrapbook	10.00
Secret Sister	5.00

Total Appointed Chair Expenses	1536.00
State Convention	
Convention City (33@\$2.50/chapter)	82.50
Convention Awards	100.00
DAA (1), Youth (2), & St. Jude (3) Meals	300.00
Installation of Officers	75.00
Retiring President's Gift	50.00
Miscellaneous	50.00
Convention IC Rep gift	35.00
Convention MARC Rep Gif	35.00
IC/HQ Rep Registration	120.00
IC/HQ Rep Hotel (2 nights)	212.00
MARC Rep Registration	120.00
MARC Rep Hotel (2 nights)	212.00
Incoming State President's Gavel Pin	20.00
State Convention Loan Fund	1000.00
IC Convention	
Convention Ad	100.00
Caucus	40.00
Total Convention Expenses	2551.50
Other Expenses	
Bond Insurance	200.00
IC Dues	45.00
Blue Book Revision Copies	50.00
State Council Meeting Rooms	300.00
State of Ok Registration	130.00
Webmaster	200.00
Bank Checks	25.00
Speaker Fees	150.00
Contingency Fund	159.47
Total Other Expenses	1259.47
GRAND TOTAL EXPENSES	9044.97
OTHER ACCOUNTS	
Speakers Fund	813.21
IC Campaign Fund	219.36
2012 IC Convention Profit	5415.14
Balance	6447.71
Interest	4.21
Money Market Balance	6451.92
CD(renews 2/3)	4000.00
Robyn Ryan, Treasurer, robynrhuntinggirl@gmail.com,918-346-0942	

ESA Foundation Counselor

I am back for 2 more years as your Foundation State Counselor. This is one of my most favorite jobs. Again, I will need your help. I need everyone to contact a school counselor in their area to tell them about all of the scholarships that the Foundation has available. They can apply by going to the website epsilonsigmaalpha.org. They can begin applying early September or October. They can find out the date on the website also.

Chapter presidents, I can use your help this year. Appoint a Foundation Counselor in your chapter so I can form a team to work with me in contacting the schools; signing up new members and promoting the Foundation. Please send me the name of the person you selected as your chapter representative.

Remember, you too can also start an Endowment. What would it mean to your family to have a scholarship in their name. If you are interest in starting an endowment please contact me at 405-229-4731 or tigervip@aol.com.

Vivian Gibson, ESA Foundation State Counselor



Philanthropic

News You Can Use.....

I hope everyone is enjoying the summer months. Before we know it, fall will be upon us. Please be sure to remind each of your chapter members to keep track of their philanthropic hours and monies. Be creative when planning your chapter's philanthropic projects this upcoming year. Staying organized and diligent will be the most beneficial way to ensure a thorough and complete philanthropic report for our next convention. Please contact me if you have any questions.

"My advice is to never do tomorrow what you can do today.
Procrastination is the thief of time."



Lori Few, Philanthropic Chair
lorifew@gmail.com
918-360-8818

-Charles Dickens

Always
wear
YOUR
invisible
CROWN

EASTER SEALS



Hello Everybody!!

I am Jeanne Kindley-Lifton the newly appointed Easter Seals Chairman.

I was given checks from the Friday night silent auction from State Convention for \$550.50 to Easter Seals (sent to Chicago) and then one for \$550.50 for Wovenlife (sent to OKC).

As you may have found out if you were at the State Meeting is that we have Easter Seals here in Oklahoma through AARP. They are located in Tulsa, OKC and McAlester.

Easter Seals projected date to be present here in Oklahoma under the Easter Seals name is January of 2019. They didn't say where the location will be. Until such time as Easter Seals is established back here in Oklahoma I will continue to send your funds to Chicago unless otherwise stated for a certain cause.

It was decided that any donations made to Wovenlife this year will not be able to count towards contest points for your chapter. If you have any questions regarding this please contact the contest chair.

Have a great time this Summer and be safe.

Jeanne Lifton, Easter Seals Chair

Noahsark01@yahoo.com

918-398-9737

HOPE FOR HEROES

Sandy Lackey, Chair 2018/2019

Hello Ladies, Just in case you were not able to attend the June 9th Council meeting I wanted to thank everyone who participated in the sock drive last year. We were able to deliver over 400 pairs of socks to the VA in Muskogee and to The Barracks in Muskogee.

We also collected four bags of pillow cases hand made by all of you and given to the Blue Star Mothers who then sent them to the troops. They have already received back comments from some of them saying it was like having a piece of HOME with them.

If you would still like to make some pillow cases I am sure they would appreciate them.

Sandra Bixler, president of the Tulsa area Blue Star mothers also gave us some more ideas for projects. She said they like the beanies to keep their heads warm, so if you are into knitting those would be nice. There are so many ideas on Pinterest that we could get some out there.

She also said they would like to get some colorful bags for personal items that the sand will not get into. But she said larger than the zip lock baggies. Again, I did a search on Pinterest and found a few, and Aletha put some links on the Oklahoma face book page.

Brenda Yates had also shared a list of items that they are requesting and I made copies of that list and passed it out. Hopefully I can get the list posted again with this PJ.

Anyone who brings items for the troops will be given a raffle ticket for a drawing at the meeting. Hope to see everyone at the September Leadership meeting.

Sandy Lackey, Hope for Heroes Chair

Slackey5151@gmail.com

918-441-9462



Chaplain Report
Charlene Law

Happy July

It's hard to believe the first half of year 2018 is over! We had several sisters with health issues and other personal challenges just since I took on the job as Chaplain in April. I hope you all have been receiving my emails, if not please send me an email at cjl41968@yahoo.com.

Cards have been sent to the following ESA sisters:

Shirley Moore – Gamma Zeta – Edmond – Back Surgery
Jan Sanders - Zeta Epsilon Seminole – Loss of Mother
Joyce James - Chi Epsilon – Talihina – Cataract Surgery
Mary Adams – Gamma Pi – Inola – Injuries from car Accident
Mary Ann Emery - Omega Pi – Tulsa – Death
Mona Quaid Johnston – Beta Iota – McAlester – Knee Surgery
Judy Daniel – Chi Epsilon – Talihina – Heart Surgery
Karla Robertson Applegate – Gamma Pi – Inola – Lung Transplant
Jan Bruehl – Alpha Omega – Choctaw – Health Issues
Kitty Warner – Chi Epsilon – Talihina – Cancer
Judi York – Beta Gamma – Tulsa – Loss of Uncle
Marcie Lucas Ellington – Beta Rho – Del City – Loss of Sister in Law
Sue Avery, - Alpha Theta – Muskogee – Home burned, loss everything
Ellen Miller – Sigma Alpha – Inola – Shoulder Surgery

Two things to remember in life: Take care of your thoughts when you are alone, and take care of your words when you are with other people!
Lorde

I like to see a man proud of the place in which he lives. I like to see a man live so that his place will be proud of him.
Abraham Lincoln



ESA Oklahoma St. Jude Chairman – Ramona Bench

ESA sisters, we find ourselves headed into the 2018-2019 year. All our calendars are filling up, but we don't want to forget to schedule our St. Jude events.

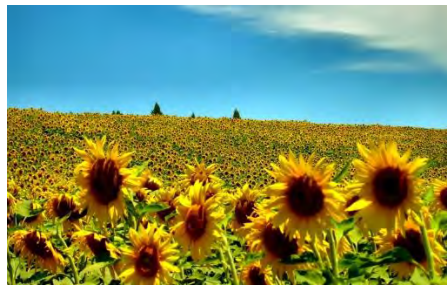
I had the privilege of going to the crazy sock run at Inola. The ladies and gents from Sigma Chi did a wonderful job. The Tulsa Dream Home is over and one for the history Books . Thanks to all those who worked hard to make that another success. The Oklahoma City Dream Home is moving towards completion and the tickets sales are ahead of last years sales. It is to be given away in August.

Both Tulsa and Oklahoma City are having their big walk/run in September. Get your teams together and take part.

I am starting to plan a trip to Memphis to tour the St. Jude Campus. As of now it looks like it will probably be sometime in October. If any of you have an interest in going please let me know.

Thank you for all your hard work for St. Jude. Let's help stamp out childhood cancer.

Ramona Bench
ESA Oklahoma St. Jude Chairman
Phone. 909-553-0130
Email. ramonabench@hotmail.com[Get Outlook for iOS](#)



ESA DISASTER FUND



Monies donated to this fund are to assist an ESA member whose home/or personal belongings are destroyed or damaged extensively by one of nature's causes - fire, flood, etc. Assistance may also be given when a member incurs heavy financial responsibility due to a debilitating illness or accident, which involves the member or their spouse or immediate family living in the home due to physical or mental impairment whom they have legal guardianship over and are legally responsible.

Donations are made to the Fund by sending money to the State Disaster Fund Chair - Peggie Sprinkle - 1802 E. Norman St, Broken Arrow, OK 74014. Make check out to ESA Disaster Fund and I will send to the IC Disaster Fund Chair.

I hope each chapter will have some kind of money raising project this year. I gave out jars for change (and dollars!!) to those attending the June State Council meeting. Please contact me if you have any questions - peggie.ok.esa@gmail.com or 918-813-3382.

Gertrude & Agnes will be really happy to receive any and all monies in the mail or at any of Oklahoma State Council or District meetings. Your ESA sisters will appreciate your help!

Peggie Sprinkle, Disaster Fund Chair
peggieokesa@cox.net
918-813-3382

PJ Article District 3 & 5

Can you believe this calendar is year is half over? The summer is flying by in extreme heat. I pray all of you are well and in good spirits.

District 5 and District 3 will have a joint district meeting on August 25, 2018 at Hornback's Catfish Ranch, 2250 So 32nd St, Muskogee, Oklahoma 74401.

Registration will start at 9:00 a.m. and the meeting will begin at 10:00 a.m. Lunch will be served at noon. You will each pay Catfish Ranch for your lunch.

We have an exciting meeting planned to help you "Keep Calm and Make a Difference in ESA". Please bring your Hope for Heroes items to the meeting. Sandy Lackey will be there to collect items.

If you have any questions, please contact Tawanna Cathey (District 5) or Marilyn Hight (District 3)

Tawanna Cathey, Dist V Coordinator
tawannajohnson@kiamichiwb.org
918-470-7575

Marilyn Hight, Dist III Coordinator
marilynhight@yahoo.com
918-819-2022

Soar With Eagles
District IV



District IV Leadership

October 13, 2018

First Christian Church

Shawnee, OK

9:00 Registration

9:30 Meeting Begins

All are invited to attend the District IV Leadership meeting

Patty Heer, Dist IV Coordinator

pjlwhr@aol.com

405-275-2928/405-203-0000



EOSIA
TULSA AREA COUNCIL



Benefiting

Community **FOOD BANK** of Eastern Oklahoma *Fighting Hunger, Feeding Hope*

Friday, August 3, 2018

6:00 pm

Highland Park Christian Church
5708 E 31st St, Tulsa, OK

Cost is \$20.00 per player

Food and drinks will be served at 6:00 pm.
Bunco will begin at 6:30

*There will be several wonderful Raffle items
Tickets are \$1.00 each or 6 for \$5.00*

Prizes for each Bunco and for most Wins, Losses and Buncos

RSVP to: Judi York Phone: 918-605-2860

Email: judikay@cox.net

Sylvia Ochs
Contest Chair

Attention: ALL State and Chapter chairmen----Please read and review all contest rules, forms, etc. that are available on the Oklahoma State Council website – www.oklaesa.org. Review NOW so you will be able to get those reports in on time. I know there will be some great contests this year.

Sylvia Ochs, Contest Chair
theochsrealestate@gmail.com
405-641-1830/405-282-0404



Beta Iota Chapter Chatter

After raining, sleeting and an Earthquake all in the same day April 7, 2018 Beta Iota had to reschedule and successfully held our 4th Annual Beta Iota Hotrod Show fundraiser in early May. It brought cars from Durant, Hominy, McAlester & other towns in Oklahoma. It is always a great time seeing the hotrods, meeting the drivers, selling T-shirt's and checking out all the great vendors and food that attended. But most rewarding that we are bringing our community out and raising monies to give back at the same time.



Beta Iota Cont.

The ladies of Beta Iota, McAlester gathered together in May to install our new 2018-2019 Beta Iota officers and all of our new members. The Banquet was held at a local winery "Whispering Meadows" in McAlester. A wonderful dinner and fellowship with our sisters.



Beta Iota Cont.

A few of our Beta Iota ladies attended and supported our local Food Bank fundraiser called "Empty Bowls." A fun time together with food, drinks, and fun with our sisters.



Beta Iota Cont.

Every year in June Beta Iota, McAlester chapter hosts our local Miss McAlester & Miss McAlester Outstanding Teen Scholarship Pageant which is part of the Miss America organization. It is a great opportunity not only for local young ladies to dress up and show off their talents but to win scholarships to help with their continuing education. The winners of this pageant get to advance on and compete in Miss Oklahoma in June of 2019.



Some of the Beta Iota ladies were able to meet up for a Saturday morning brunch of mimosas and food at our local Urban Wineworks winery. It was a great opportunity for some of our new sisters to get to know some of our ladies.



Beta Iota is looking forward to a very successful and worthy 2018-2019 year with all of our new members and fundraisers. Here is wishing all of Oklahoma ESA chapters the same success for the year to come!! Be worthy and stay worthy!



Chapter Chatter

Alpha Rho #4350 Broken Arrow

Alpha Rho Chapter is supporting the Broken Arrow historical Society preserve the history of Broken Arrow. On Saturday, September 29, 2018 we will be present at the Museum Broken Arrow to share information about ESA in an outreach from 10 a.m. until 2:00 p.m. We are using this as a membership drive for ESA, so we invite all our ESA sisters to invite friends and family as well as people they would love to recruit and bring them by The Museum Broken Arrow located at 400 South Main Street, Broken Arrow, Ok. You may visit <https://www.brokenarrowmuseum.org/> for further information about the museum.

Our annual Arts & Crafts Benefit Bazaar Booth space is quickly filling up. If you wish to reserve a booth to sell items for your chapter, please send an email to esacraftshowba@gmail.com or call Nancy Stanley at 918-251-0617 for application information and space availability



Zeta Gamma, Shawnee

Hope everyone is enjoying their summer. Currently Zeta Gamma members are on “summer break”. However, we did attend Margaret’s June State Council meeting and had a great time. Great meeting Margaret.

We do have members scheduled for the dream home and will be working on getting as many tickets sold as we can and being on hand to show the home.

Also Peggy Campbell has our meetings scheduled for the year and Patty Heer as District IV coordinator, has her meetings planned too.

See you at the State Leadership

Gwen Beasley

Gamma Zeta Chapter Chatter

- > Several members of Epsilon Sigma Alpha enjoyed dinner at Edmond's new restaurant Torchy's Tacos in Bryant Square. Members enjoyed delicious food, fun conversation, and great fellowship. The E.S.A.'s Gamma Zeta chapter is involved with philanthropic endeavors: Edmond Boys' Ranch Town, Coffee Creek Riding Stables, Project 66, No Boundaries, Intl., Salvation Army Night Watch, All Things Baby, Free to Live, UR Special and Mobile Meals. The group also works with Oklahoma School for the Deaf in Sulphur and the Oklahoma School for the Blind in Muskogee. St. Jude Children's Research Hospital is the national project for Gamma Zeta.
- > If you are interested in volunteering with Gamma Zeta, call JoAnn Bullard at 405-613-4545 or 405-690-



GAMMA ZETA AT CONVENTION



Pictured left to right: Laura Howells, Billye Peterson, Liz King, Carrie Clifton, and Bonnieday accept awards at ESA state convention

ESA's Gamma Zeta chapter in Edmond won many accolades at their recent state convention. Awards were as follows: Bonnieday: "What ESA Means to Me;" 2nd place for donations to Disaster Fund; 2nd place for Easter Seals donation; 3rd place for St. Jude Most Monies Raised; 2nd place for ALSAC Sponsored events for St. Jude; 2nd place for Most New Members; 3rd place Outstanding Chapter. The following members received service pins: Sandi Robinson -- 5 year award; Laura Howells— 5 years; JoAnn Bullard --15 years; Ruth Tracy -- 20 years; Jacci Gantz -- 45 years and Bev Hanna-Fedde --55 year service pin. Jacci Gantz also received her 2nd Degree Pallas Athene pin for volunteer service.

Jacci Gantz, Publicity chairman
Epsilon Sigma Alpha, Gamma Zeta chapter
405-922-5954

Gamma Zeta Cont.



Pictured left to right: front row: Linda Cotton, Rosie Scheihing, Veronica McCain. second row: Liz King, and Bonnie Daye (not pictured Jacci Gantz). King, Gantz and Daye sponsored the new pledges.

Epsilon Sigma Alpha, an international philanthropic service organization, pledged three new ladies. These women will be very busy with volunteering and fundraising for Boys' Ranch Town, Coffee Creek Riding Stables, Free to Live, Project 66, Mobile Meals, All Things Baby, UR Special, and No Boundaries International and Salvation Army Knight Riders. Gamma Zeta also works with Oklahoma School for the Deaf in Sulfur, Oklahoma and Oklahoma School for the Blind in Muskogee, Oklahoma. St. Jude Children's Research Hospital is their national project. Anyone interested in joining this energetic group of ladies, please contact Linda Coniglio at 405-919-2052.

Thank you,

Jacci Gantz, Publicity chairman
Epsilon Sigma Alpha, Gamma Zeta chapter
405-922-5954

Gamma Delta, Tulsa - Blooming With ESA

From spring into summer, the ladies from Tulsa's Delta Gamma chapter were blooming with joy and learning how to bring nature a little closer to home.

Delta Gamma member, Gina Woziencraft, brought Monarch butterfly magnets she made with a Milkweed plant for each chapter member to plant in our respective gardens. The Milkweed plant attracts Monarch butterflies and supplies much needed nourishment as they continue their migration south through the United States. We learned the most beneficial places to plant Milkweed for ample growth and sustenance for the Monarch travelers (or "sojourners" ... if you like that better).

Chapter members Marge Goodno and Joan Gallo were recognized with service awards ~ Marge for 45 years, and Joan celebrating five.

A photo of the "Blooming With ESA" cake; a photo of information on Monarch butterfly migration, a butterfly magnet Gina made, and a Milkweed plant she brought; a closeup of the butterfly magnet. Marge Goodno receiving a certificate for 45 years with ESA ~ Photo yet to come...waiting for it to be sent to me. Joan Gallo receiving her 5 year pin.

Regards,
Joan Gallo



OKC Dreamhome Kick Off Sellathon



Pictured seated: Margaret Kramer, Epsilon Sigma Alpha state president, Jacci Gantz, ESA member, Shelly Goetz and Linda Voss, ESA member.
Standing: Meg Alexander, Chris Standford and Mitch English, Fox 25 employees.

Fox 25 hosted the first day successful, kick-off of ticket sales for the St. Jude Dream Home. Over 700 tickets were sold out of the 7250 tickets available. First day buyers' names were entered for a chance to win a Storm Safe Shelter. One lucky winner will have a chance to win an in-ground storm shelter, plus installation, courtesy of Storm Safe Shelters. The Dream Home is a beautiful 3,500 square foot home, built by Foster Signature Homes. It has 4 bedrooms, 3.5 bathrooms and features an open floor plan with a mother-in-law suite, a theater room, wine room and an outdoor kitchen! Tickets sell for \$100 each. If you would like to purchase a ticket, please call 1-800-592-1596.

Thank you,
Jacci Gantz, Publicity chairman
Epsilon Sigma Alpha, Gamma Zeta
405-922-5954

OMEGA PI

**“LIKE A SUMMER RAIN, HUMOR MAY SUDDENLY CLEANSE
AND COOL THE EARTH, THE AIR AND YOU”**

Our TAC members hosted a successful 2018 75th Annual Oklahoma State Council Convention. Carolyn and Melba attended from Omega Pi. Meetings were informative, workshops interesting, great food and entertainment at its best, plus the friendship, laughter and love of our members. Highlights were: a Lady Bug Picnic, Silent Auction with auctioneer Steve York, Awards Luncheon, Installation Banquet, Celebration of Life and Peggie’s beautiful quilt. Peggie’s theme was “Diamonds in the Rough” and the glittering decorations were lovely. Chapters statewide raised \$736,638.30 for St Jude! It was sad to see our 2017-18 President, Peggie Sprinkle retire but happy to bring Margaret Cramer our 2018-19 President on board. Congratulations to both Peggie and Margaret! We thank everyone for your hard work! A special thank you to Peggie and Judi York!

Save the date!! 2019 Oklahoma State Council Convention will be April 26th, 27th, 28th at the Hyatt Regency Hotel, 100 E 2nd St in Tulsa.

“Let It Be Gnome” Founder’s Day Tea was on May 6 at the Hardesty Library displaying decorations of Leslie Faraday’s theme “Magical Garden of ESA”. The Brunch was delicious, the afternoon entertaining. Our pledge, Marilyn Naas was introduced. Members received awards AND our JOAN NIGHTINGALE was honored with 60 years of service! Outstanding! Congratulations! Marie DuCharme, Mary Ann Emery, Mitzi Joy, Marilyn Naas, Joan Nightingale, Melba Spain, Cindy Whitehead and Carolyn Womack were in attendance.

On May 21, an Installation Ceremony was performed by Melba Spain for our new member, Marilyn Naas accompanied by her sponsor, Marie DuCharme. Marilyn, we welcome you with open arms and are excited about our ESA future together in Omega Pi!

We were sold out of our 11,000 tickets by June 17th for our 2018 St. Jude’s Dream Home built by Epic Homes in Stone Canyon, Owasso, This year’s modern contemporary home valued at \$600,000, 4000 sq ft, has 4 bedrooms, 3.5 baths, 3 car garage, tornado shelter, features unique master bath suite, media room, and 2nd floor balcony inside and out with a great overlook. Joan Nightingale, Mitzi Joy and Carolyn Womack volunteered one day.

Omega Pi Cont.

OKLAHOMA WINNERS

Dream Home – Steve Turman, Coweta

Israel Diamond Dbl Halo Pendant \$4,000 – Stephen MCollam, Owasso

K95.5 Trip to Denver, Luke Bryan/Sam Hunt - Evelyn Stence, Okmulgee

Rt 66 Chevrolet, 2018 Chevrolet Equinox FWD LS - Jeff Gender, Bixby

FFO \$10,000 Home Shopping Spree – Pam Haught, Broken Arrow

The Melting Pot, year of fondue \$1,200 – Jeff Rutherford, Tulsa

All my sons Moving & Storage \$1,000 Gift card – Roy Cole, Porter

Artesso SmartTouch Kitchen Faucet – Jimmy & Kelly Spradlin, Mannford

Shaw Floors \$1,000 Gift card – Mike Logan, Tulsa

Ambassador Hotel Week-End Getaway for 2 – Shirley Elledge, Cleveland

BUNCO BASH at the Highland Park Christian Church, 5908 E 31st St, is Friday, August 3rd. Admission is \$20.00. Proceeds are going to The Community Food Bank of Eastern Oklahoma. Food, Bunco prizes, Raffle Ticket prizes. Raise money to help feed our hungry! Bring guests and have fun!

ST JUDE WALK/RUNATHON to end childhood cancer is September 22nd at OneOK Park. Register, form your team, fundraise. Contact Deb Hughes if assistance is needed.

Saturday, September 29 is our annual trip to Donna Gibbs-Crawford home in Grove. It is an overnigher filled with laughter, shopping, dining, visiting, playing games and fun!

Omega Pi Cont.

MARY ANN EMERY

JULY 1, 1932 – JUNE 13, 2018

If you look at the “Big ESA Chapter in the Sky” you will see our beloved sister at the age of 85, almost 86, Mary Ann Emery. She graduated from Marquette High School in 1950 and continued her education at Ursuline College in Kansas and Tulsa University, majoring in business. She moved to Denver and met Robert Emery. They married in 1955 and moved back to Tulsa. Her employment included: Administrative Assistant at KVOO, Frontier Savings and Loan, and an accountant at Helmerich and Payne, retiring in 1995. Mary Ann then devoted her time to charitable causes with Assistance League, Bargain Thrift Shop, Meals on Wheels, St. Pius Women’s Club and ESA Sorority, Omega Pi. Mary Ann is survived by children; Susan Emery, Tulsa; Elizabeth Largent, Broken Arrow; Anne Foster and husband Chris, Tulsa; Dr. Robert Emery and wife Jennifer, Batesville, Arkansas. She has had 9 grandchildren and 2 brothers and a sister.

Her sisters from Omega Pi; Marie DuCharme, Anne Jones, Melba Spain, Joan Nightingale, Cindy Whitehead, Carolyn Womack, Marge Goodno, Marg Viven-Grant, Donna Gibbs-Crawford, recited our closing ritual at the Memorial Service on the 22nd. Jun 23rd funeral at St Pius Church.

Joan Nightingale and Mary Ann have been best friends since their sophomore year at Marquette High School in Tulsa. They are lifetime friends, “Tulsa Sisters’, Omega Pi Sisters. Mary Ann joined ESA January 1953, and became a member at large after a couple of years to become a homemaker and a mother. She rejoined in 1995 after her retirement. She was an ESA member for 25 years and our Omega Pi Sister. She was diagnosed with Stage 4 Stomach Cancer around the 1st of June. Her passing was very sudden for everyone. A true friend, always listened, not judgmental, would always be there for you in need, dependable, kind, generous, intelligent, dedicated to helping others, catchy humor and enjoyed life to the utmost. Truly she will be missed by all of us, but never forgotten as she will be in our hearts forever, our Angel Sister, Mary Ann Emery.

In Closing, remember our military, police, firemen and all those that risk their lives for our safety and freedom. We Americans should never forget that men first crossed the Atlantic not to find soil for their plough but to secure liberty and freedom for their souls. They came to escape religious persecution, oppression, injustice, and revolted against the King. Freedom is never free, sacrifices are made. July 4th, our day of Independence, celebrate!

Omega Pi Cont.

Carolyn Womack



Real life sisters Melba Spain & Carolyn Womack



Pledge Installation Marilyn Naas, Melba Spain & Marie DuCharm

Omega Pi Cont.



Founder's Day Tea

Marie, Mitzi, Marilyn, Joan, Mary Ann, Cindy, Melba & Carolyn



Joan Nightingale

Omega Pi Cont.



In Memory

Mary Ann Emery

July 1, 1932

June 13, 2018



DISTRICT III NEWS

Marilyn Hight District III Coordinator

As you recall, officers were installed at our February meeting. They are Coordinator, Marilyn Hight; Vice Coordinator, Brenda Yates; Treasurer, Robyn Ryan; Secretary, Marilyn Joplin; Parliamentarian, Byrdie Emanuel and Project Chair, Charlene Insalato-Law. Billye Peterson presided over the ceremony.

Our next meeting is August 25th for our Leadership meeting with District V. We'll be meeting in Muskogee at The Catfish Ranch 2250 S 32nd St. Registration starts at 9:00 a.m. More details will follow but plan on fun and information and good fellowship as we see WHAT WILL YOUR LEGACY BE IN ESA?

Marilyn Hight, Dist III Coordinator

marilynhight@yahoo.com

918-219-2022



Marilyn Hight, Brenda Yates, Marilyn Joyce, Robyn Ryan, Byrdie Emanuel, Billye Peterson

TULSA AREA COUNCIL

**“LIKE A SUMMER RAIN, HUMOR MAY SUDDENLY CLEANSE
AND COOL THE EARTH, THE AIR AND YOU”**

Our TAC members hosted a wonderful 2018 75th Annual Oklahoma State Council Convention. Meetings were informative, workshops interesting, great food, entertainment at its best, plus the friendship, laughter and love of our members. Highlights were: a Lady Bug Picnic, Silent Auction with auctioneer Steve York, Awards Luncheon, Installation Banquet, Celebration of Life and Peggie’s beautiful quilt. The gorgeous quilt was made by Sue Knight and Judy Cravens of Sigma Chi. Peggie’s theme was “Diamonds in the Rough” and the glittering decorations were lovely. Chapters statewide raised \$736,638.30 for St Jude! It was sad to see our 2017-18 President, Peggie Sprinkle retire but happy to bring Margaret Cramer our 2018-19 President on board. Congratulation to both Peggie and Margaret! We thank everyone for your hard work! A special thank you to Peggie and Judi York!

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Members receiving Service Awards

Joan Gallo	5 years	Gamma Delta	Tulsa
Ann Stokes	5 years	Eta Mu	Owasso
Ruby Kimmons	10 years	Kappa Alpha	Tulsa
Janet Thompson	10 years	Kappa Alpha	Tulsa
Steve York	10 years	Beta Gamma	Tulsa
Susan Peterson	15 years	Sigma Chi	Inola
Rita Hains	20 years	Eta Mu	Owasso
Sharon Barnett	25 years	Kappa Alpha	Tulsa
Rosalie Griffith	40 years	Sigma Chi	Inola
Marge Goodno	45 years	Gamma Delta	Tulsa
Joan Nightingale	60 years	Omega Pi	Tulsa

Thank you for your services, congratulations to all!

Special congratulations to Joan 60 yrs, Marge 45 yrs, Rosalie 40 yrs.

TAC Cont.

We were sold out of our \$100 11,000 tickets by June 17th for our 2018 St. Jude's Dream Home built by Epic Homes in Stone Canyon, Owasso. This year's modern contemporary home valued at \$600,000, 4000 sq ft, has 4 bedrooms, 3.5 baths, 3 car garage, tornado shelter, features unique master bath suite, media room, and 2nd floor balcony inside and out with a great overlook. Thank you for all our ESA volunteers, the builders and donors. A fantastic donation for St Jude was earned!

OKLAHOMA WINNERS FOR DREAM HOME DRAWINGS

Dream Home – Steve Turman, Coweta
Israel Diamond Dbl Halo Pendant \$4,000 – Stephen MCollam, Owasso
K95.5 Trip to Denver, Luke Bryan/Sam Hunt - Evelyn Stence, Okmulgee
Rt 66 Chevrolet, 2018 Chevrolet Equinox FWD LS - Jeff Gender, Bixby
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The Melting Pot, year of fondue \$1,200 – Jeff Rutherford, Tulsa
All my sons Moving & Storage \$1,000 Gift card – Roy Cole, Porter
Artesso SmartTouch Kitchen Faucet – Jimmy & Kelly Spradlin, Mannford
Shaw Floors \$1,000 Gift card – Mike Logan, Tulsa
Ambassador Hotel Week-End Getaway for 2 – Shirley Elledge, Cleveland

The finished scrapbook from Chairperson Melba Spain and assistant Carolyn Womack was presented to Dawn Haley, past president.

A donation of \$500 was sent to Emergency Infant Services, the runner up charity for the Bunco Bash. Consideration for an EIS fundraiser in the future has been discussed.

BUNCO BASH at the Highland Park Christian Church, 5908 E 31st St, is Friday, August 3rd. Admission is \$20.00. Proceeds are going to The Community Food Bank of Eastern Oklahoma. The Food Bank provides approximately 400,000 meals per week for low income adults and children. In addition, the schoolchildren's summer feeding from mid May to mid August provides 1,000 sandwiches a day Monday-Friday, totaling 5,000 a week to 26 sites! Come and play with ESA and enjoy tasty food, soft drinks, Bunco prizes, Raffle Ticket prizes and a lot of whooping and hollering!. Raise money to help feed our hungry! Bring guests and have fun!

Tuesday, September 18th 6 to 8 pm, Kendra Scott, JEWELRY STORE in Utica Square is donating a percentage of sales to the Community Food Bank. Contact Dawn Haley for additional information.

ST JUDE WALK/RUNATHON to end childhood cancer is September 22nd at OneOK Park. Register, form your team, fundraise. Contact Deb Hughes if assistance is needed.

ANNUAL CANDLELIGHT DINNER – December 1st

TAC Cont.

MARY ANN EMERY

JULY 1, 1932 – JUNE 13, 2018

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Her Omega Pi sisters, present and past, recited our closing ritual at the Memorial Service on the 22nd. Her funeral at St Pius Cathedral was June 23rd.

Joan Nightingale and Mary Ann have been best friends since their sophomore year at Marquette High School in Tulsa. They are lifetime friends, “Tulsa Sisters’, Omega Pi Sisters. Mary Ann joined ESA January 1953, and became a member at large after a couple of years to become a homemaker and a mother. She rejoined in 1995 after her retirement. She was an ESA member for 25 years and our Omega Pi Sister. Mary Ann was diagnosed with Stage 4 Stomach Cancer around June 1st. Her passing was very sudden for everyone. She was a true friend, always listened, not judgmental, would always be there for you in need, dependable, kind, generous, intelligent, dedicated to helping others, catchy humor and enjoyed life to the utmost. Truly she will be missed by all of us, but never forgotten as she will be in our hearts forever, our Angel Sister, Mary Ann Emery.

In Closing, remember our military, police, firemen and all those that risk their lives for our safety and freedom. We Americans should never forget that men first crossed the Atlantic not to find soil for their plough but to secure liberty and freedom for their souls. They came to escape religious persecution, oppression, injustice, and revolted against the King. Freedom is never free, sacrifices are made. July 4th, our day of Independence, celebrate!

Thank you Leslie for your dedicated time and work.

Your “Magical Garden of ESA” Brings a thought...
“To plant a garden is to believe in tomorrow”

C Womack 7-15-18

TAC Pictures



In Memory
Mary Ann Emery
7-1-1932/6-13-218
Omega Pi



Ongoing President Peggie Sprinkle
Finally earns ALL HER STARS THAT SHINE!

TAC Pictures Cont.



Judi York & Peggie Sprinkle,
Retiring State President



\$736,638.30 raised by all Oklahoma Chapters for St. Jude 2017

TAC Pictures Cont.



State Convention 2017-2018
President Peggie Sprinkle with quilt gift made by
Sue Knight and Judy Cravens



Margaret Kramer
2018-2019 State President

Kappa Theta #5414 Chapter Chatter

We are off to a good start.. Had our fundraiser Style Show & Luncheon. One new member and a prospect attending our meetings. Our Educational was a tour of the Guthrie YMCA. Our president, Ramona Bench, has been on the go attending St. Jude activities in Tulsa and Oklahoma City. We are looking forward to assisting with hosting St. Jude Home near Edmond, OK. Hope all are having a fantastic Summer.

Chapter Publicity Chair,
Sylvia Ochs



Beta Gamma Chapter Chatter

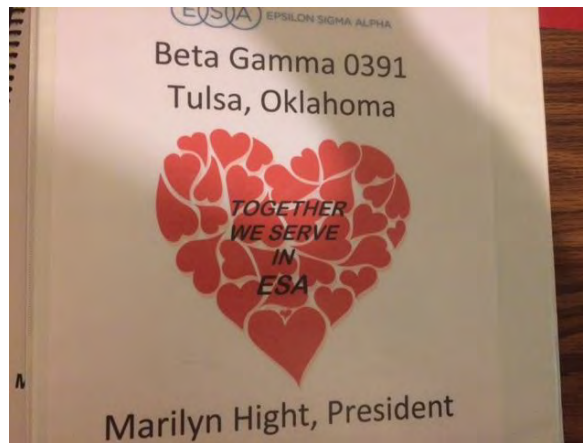
Hi ya all! I'm writing just a short note to let you know some of what we've been up to so far this year. Marilyn Hight is our President this year. Her theme is - "Together We Serve in ESA" with a red heart made of little red hearts as her symbol. It's cute. I'll send you a picture.

Judi York, Jeanne Lifton & Peggy Hughes were busy with the St. Jude Dreamhome Office until we sold out of tickets. Peggie Sprinkle was one of the ones in charge of the volunteers for the House. It's hard work, but we have a good time working together. The house was beautiful this year.

Now that the Dreamhome is under our belts I guess the Bunco Bash will be the next big bit of business. I'm including a flyer for the Tulsa Area Council Bunco Bash in this issue of the Petticoat Journal. I think this issue will go out before the Bash. It's kind of a perk being able to govern what goes in because I'm the Editor. Ha Ha!

Anyway if we don't see you at the Bunco Bash we'll see you at the Leadership Meetings we'll be having amongst the Districts and State. Meanwhile, have a good summer!

Love,
Peggy Hughes, Publicity Chair
Beta Gamma Chapter



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MARC Board _____
MARCettes _____
ESA Fdn Board _____
State President _____
Headquarters _____
IC Appointed Board _____
1st Timer _____
Guest _____

Registration Options

Postmarked no later than 9/11/18

Registration for Conference and Leadership \$125.00 _____
Registration excluding Friday Leadership \$110.00 _____

Postmarked after 9/11/18

Full Registration \$150.00 _____
Registration excluding Friday Leadership \$145.00 _____

Walk-in Registration (cash/check/money order only) \$175.00 _____

Saturday Banquet only \$ 50.00 _____

Total Enclosed (make check payable to MARC Conference 2018) \$ _____

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Mail check and form to:

Barbara Campbell
Registration Chair
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Vermillion, SD 57069
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Registration for the banquet "Cheers to 33 Years!"
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