

Epsílon Sígma Alpha International Oklahoma State Council Petticoat Journal Mona Johnston: President October/November Volume 69, Issue 2

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The 2020 Oklahoma ESA Convention is complete. Officers are installed and now we continue to



have a great year. Even though we were small in numbers, we had a great time, visited with each other, took time to have special times with friends, and generally enjoyed our time being present. We did miss those of our sisters who were not able to attend this year.

I would like to take this time to thank Lori Few for providing us with Beautiful Music, June and Janette for the well written and

presented installation. My husband Bobb and his band of <u>**Beta lota Helpers**</u> who erected a beautiful stage for the installation.

The Honor Guard was especially beautiful in their efforts and generally had such a good time. (I saw you waving your lights and smiling)

Being part of this organization always brings joy to my heart and the beautiful ESA women/men who can join together and continue to make all things possible even through extenuating circumstances.

Again, thank you to my previous State Council President (Linda), her board and those who have helped her with her journey this year. Your efforts have not gone unnoticed.

Music has been my theme this year and was chosen because it does not always mean music played or sung. It can also mean when someone says a nice thing to you or your family speaking your name. Please try to remember how important saying someone's name to them, because it has been proven time and time again that it is "Music to Our Ears".

Thank you again for allowing me to serve as your ESA Oklahoma State Council President this year.

Please be safe.

Mona

September 5th, 2020

Hello Ladies, Darn, it sure doesn't seem like September already. I was sure hoping this virus would be gone (with the heat) and we would be able to visit in person at our meetings. Since its proving the scientists wrong and still going strong, we have to do our best.

With that being said I would like for everyone to think about what they would like to do on the state board. Whether it be the elected board or the appointed board. Oklahoma is a wonderful state to be involved with ESA. I have been in ESA for almost 20 years and only moved to Oklahoma 7 years ago. I have never felt so welcomed and urged to take on offices. I guess you can say that is what has motivated me to take on the officers positions that I have in the last couple years.

I know the rest of you are just as motivated to get involved and hold a position on the Oklahoma board. Over the next couple months the nomination committee will be reaching out to see what interests you. But, you know you don't have to wait, you can let us know if there is a Journey you are interested in taking and we can get the positions filled faster.

The nomination committee consists of Myself and Linda Leverage as well as Margaret Kramer - Rita Hains – Jacque Cantrel – and Gloria Torres. You can let any of us know what you are interested in.

We all are going to Enjoy The Journey in ESA

Hope to see everyone soon

Sandy Lackey 1st Vice President Oklahoma State Council of ESA



Stephanie Kwolek July 31, 1923 – June 18, 2014

Stephanie was an American chemist who is known for inventing Kevlar. She was of Polish heritage and her career at the DuPont Company spanned more than 40 years. She discovered the first of a family of synthetic fibers of exceptional strength and stiffness and polyparaphenylene terephlhalamide.

In 1964 her group searched for a new lightweight strong fiber to use for light but strong tires. The polymers she had been working with of the time formed liquid crystal while in solution, something unique to those polymers at the time.

Stephanie was born to Polish immigrant parents in the Pittsburgh suburb of New Kensington, Pa. in 1923. Her father John died when she was 10 years old. He was a naturalist by avocation and she spent hours with him as a child exploring the natural world. She attributed her interest in science to him and an interest in fashion design to her mother, Nellie (Zydel) Kwolek who worked as a seamstress.

At young age, Kwolek considered a career in fashion but her mother warned her that she was too much of a perfectionist to be a designer. She did have a love of textiles and fiber arts. So, she chose chemistry a field for perfectionists if there ever was one. Stephanie received her bachelor's degree in chemistry in 1946 and was looking for a temporary job to help raise the money from medical school. But in the lab, she became fascinated by polymer chemistry and decided to stay.

1965 trying to replace the steel wire used in car tires developed a light strong fiber that could help improve car's gas mileage. A work day at the lab consisted mostly of dissolving long chains of molecules called polymides-the same type of synthetic polymer used to make materials like nylonand running the solution through a machine that would spin it into fiber. The molecules DuPont was working with melted at nearly 400 degrees to be spun and heating made the fiber too weak and floppy for the job. Kwolek job was to find a version that could be spun at lower temperatures. Even she was surprised when a batch of dissolved polyamides produced a milky, runny liquid solution instead of the clear, syrup thick solution she expected. But instead of throwing it out as a bad batch or rejecting that molecule as a non-starter decided to give the weird cloudy solution a try. The result was the strongest, stiffest fiber anyone had seen so far. Today we know it as Kevlar.

Kevlar works because, under the right conditions, the molecules arrange themselves end to end, parallel to the length of the fiber and firm strong hydrogen bonds between the molecule chains. The resulting material is 5 times stronger than equal weight of steel but lighter than fiberglass and withstand high temps.

She had developed exactly the material her bosses were looking for, but it turned out that she'd done even more than that. Bulletproof vests and body armor made from Kevlar and related materials have saved the lives of thousands of armed services members, law enforcement officers. The material is also used in the boots that firefighter's wear, in spacecraft components, in the gloves that protect cook's fingers from kitchen knives and in skis, tennis rackets and ropes.

Stephanie spent next 20 years at DuPont who put her in charge of polymer research at its Pioneer lab. She retired in 1986 but continued to consult for them. She also served on committees for the National Academy of Science and the National Research Council.

1995 Stephanie was awarded the DuPont Company's Lavoisier Medal for Outstanding technical achievement. She died June 18, 2014. At the time of death she was still the only female employee to receive that honor. Other awards are National Medal of Technology and Innovation (1996) and Perkin Medal (1997). Nominations-Lemelson-MIT Lifetime Achievement Award (1999).

77th ANNUAL OKLAHOMA STATE CONVENTION

"BLACK TIE AFFAIR" FIRST GENERAL ASSEMBLY MINUTES July 31, 2020

Robbin Brown, convention Chairman gave the call to seating at 8:30 a.m.

Dr. Billye Peterson Putnam conducted the Opening Flag Ceremony.

President Linda Leveridge gave the call to order. She then led those in attendance in the Opening Ritual.

Darla Barton, State Chaplain gave the thought for the day.

Robbin Brown, Convention Chair, welcomed all and thanked her committee for their hard work. She then gave instructions for the Awards Luncheon. She demonstrated how we were to wrap our arms around ourselves...thus giving out Hugs.

President Linda introduced Midwest City Mayor Matt Dukes who gave us a warm welcome and stated how appreciative everyone is for our attending the convention in his city.

President Linda introduced her Board members and the Sooner Seniorettes. She also announced an International Representative and MARC Representative were not coming due to the Corona Virus.

Sharon Storms, corresponding secretary announced many regrets from members who did not come because of the virus.

Sylvia Ochs, Recording Secretary received attendance sheets. There were 44 members, 1 Guest, 1 DESA present.

Linda appointed the committee to read convention minutes as follows; Cathy Hoisted - Chair, Gwen Beasley, Gwynn Nell Swanson.

Billye Putnam, Chairman called for vote of March meeting minutes. They were approved unanimously and will be placed on file as printed.

Cathy Hoisted, standing in for State Parliamentarian Peggy Hughes, reported that Peggy sent a written report stating there were no By-Law changes. Cathy called for adoption of convention rules. She moved the rules be accepted; Darla Barton seconded. Motion carried. Robbin Brown, Convention Chair, moved for adoption of convention program.

The motion was seconded by Robyn Ryan. Motion carried.

Gwen Beasley, convention registration chair gave the following report;Oklahoma members — 57Guests – 11MESA – 4Total Registered -- 72

Marilyn Hight, Treasurer gave the following report;		
Balance forward from 2019-2020		
Receipts		
Disbursements	\$ 1117.45	
Balance as of June 20, 2020		
General Fund		
Money Market Fund	\$ 5195.14	
Speakers Fund	\$ 760.64 IC	
Campaign Fund	\$ 219.36	
2012 IC Convention Fund	\$ 4215.14	
Certificate of Deposit	\$ 4000.00	
State Project Director gave the report as follows:		
Receipts	\$ 4358.00	
Oklahoma School for the130 students	\$ 2684.50 Oklahoma	
School for the Blind81 students\$ 1672.55		
This came to \$20.65 per student. OSD will use their funds for furniture and distance learning. OSB will		
use their funds for new equipment in their gym.		

Peggy Hughes, state Parliamentarian stated there were no By-Law changes.

State Membership Chair, Liz King, was unavailable at this time.

Mona Johnston 1st VP and Nominating Chair gave the slate of officers for 20202021:		
Western District Coordinator Ramona Bench		
Eastern District CoordinatorJudi York		
Sr. Past PresidentMargaret Kramer		
Jr. Past President/Disaster Fund		
Petticoat Journal Editor		
State Project DirectorAmanda Lovell		
Parliamentarian Brenda Yates		
TreasurerMarilyn Hight		
Corresponding SecretaryJune Miller		
Recording SecretaryLinda Jones		
2 nd Vice President		
1st Vice PresidentSandy Lackey		
PresidentMona Johnston		

Linda Leveridge moved the slate of officers by approved by acclamation. The motion was seconded by Maxine Wheelan. Motion carried.

Mona Johnston, current 1st VP, presented information for 2021 State Convention. Date: April 30, May 1, 2021 Theme: "ESA Music for the Soul" Hotel: Crown Plaza, Tulsa, Ok Room rate is \$99.00 and Convention Chair is Tina McKamie. Sandy Lackey, 1st VP, presented the convention bid for 2021-2022: Date: April 29, April 30, May 1, 2022. Theme: "April Showers Bring May Flowers". Hotel: Embassy Suites, Tulsa, Ok Room rate is \$120.00. Hostesses are Alpha Theta and Beta Iota. Elise Jimison is Convention Chair.

State Auditor Rita Hains stated the following had been reviewed and found in good order at May 12 meeting: State project, Directory, Gen Fund, and PJ. Convention will be audited by Janice Shockley and Robyn Ryan when convention is over and all receipts are in.

Linda Jones gave the results of the Friday night auction. There were 46 items. \$1401.00 received from the silent auction and \$40.00 donated by Delta Epsilon Chapter which gave us a total of \$1441.00. These funds will be divided between St Jude, Easter Seals and Foundation.

MARC REP was unable to attend due to Virus.

Dr. Billye Putnam, President of Senior Seniorettes, gave their election report: President------Nancy Baucom Secretary/Treasurer Peggy Sprinkle Historian-----Linda Leveridge

Billye also gave a report of St. Jude Dream Home. She thought all tickets would be gone within a week. Giveaway will be August 27, 2020 for OKC/Edmond. Tulsa sold all of their tickets and giveaway will be August 2, 2020.

Announcements:

*Robyn Ryan, Oklahoma 2nd Vice President, said her State Educational Theme for 2020-2021 will be "Women Who Made A Difference".

*Linda asked if anyone had a special story to tell.. After a fun time with story telling the meeting adjourned to prepare for the noon luncheon.

Sylvia Ochs, Recording Secretary

77th ANNUAL STATE CONVENTION 2 ND GENERAL ASSEMBLY MINUTES Sunday, August 2, 2020

8:30-9:00a.m. Incoming and Outgoing offices met to exchange information for the year 20202021.

9:00 a.m. Linda Leveridge called for seating and doors to be closed.

Darla Barton State Chaplain presented "Celebration of Life" for eight members who were deceased. She had framed a picture of each member and gave their obituaries. She had a gold candle by each framed picture. At this time she asked if anyone had a special memory of the honorees. She wanted each of us to share in their lives. Darla shared a reading of the poem "Dash". Each picture was presented to the member's chapter. Honored were: Laura Robinson, Charlotte Killough, Carol Applegate, Helen Weaver, Wanda Lucas, Virginia Shadrick, Deborah Martin, Byrdie Emanuel.

Linda Leveridge called the 2nd General Assembly to order.

Robyn Ryan made motion to forego minutes of 1st General Assembly and they will be printed in the Petticoat Journal. Motion seconded by Margaret Kramer. Motion carried.

Linda requested all chapters give their attendance sheets to Sylvia Ochs. There were 44 members and 2 guests making a total of 46 present. There were 18 chapters represented.

The IC and MARC reps were not present due to Virus.

The presentation of gifts was held. Linda received a silver tray from the State Board. Gwyn Nell Swanson presented her with the Petticoat Journal. The Publicity book prepared by Jennifer Sparkman was presented by Sylvia Ochs. Linda Jones gave her gift. Sandy Lackey gave her report to Linda outlining her Presidential year. Sharon Storm, Linda's corresponding Secretary gave her a weekend at the Stone Lion Inn weekend retreat in Guthrie.

The meeting was interrupted by the Senior Seniorettes who escorted Linda to another stage to check and see if she would be asked to join their group of special ladies. After much 'shall we say' review, she was finally accepted. Yeah.

Linda gave her farewell address to the group.

Then she introduced Mona Johnson, our new President for 2020-2021.

The Lowering and Raising of the Gavels was held by Tawana Cathey and Janette Murray.

Mona's theme for her year is "ESA Makes Beautiful Music". She introduced only her Executive Board because several General Board members were absent. Each was given a toy musical instrument with an explanation for each person.

The drawing for next year's convention registration was won by Rita Hains. The 50-50 drawing was won by Ramona Bench (\$186.00)

The lowering of the flags was conducted by Dr. Billye Putnam.

Meeting adjourned with the closing ritual.

Sylvia Ochs, Recording Secretary



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ESA OK State Council Leadership September 12, 2020

Good Morning Members,

Thank you all for sending in your PJ articles for October/November issue. I will be reading what your chapters and Executive/General board has been involved in. Can't wait. On a personal note, THANK YOU ALL for sending your sympathy cards/texts/calls. ESA sisters have always been there for me. I'm grateful for your continued love, prayers, support and friendship.... Please keep your family close and safe during our pandemic. Much love and thanks.

Leslie Farabee OK St Council PJ Editor 2020-21 Hello ESA Sisters,

This time of year is always busy for The Oklahoma School for the Blind and The Oklahoma School for the Deaf, but this year is a much more challenging year for the students, teachers and staff. They have a plethora of protocols and procedures in place regarding COVID-19 so it will be a quite different year but they are adamant about the safety of the students and keeping the campus as safe as possible.

OSB Elementary students went back Monday Aug. 24th. Middle school and high school went back Monday the 31st. They do have some doing virtual.

OSD has started school online only and are preparing to open the campus on August 31st for students to come to campus as normal. As long as no one gets COVID-19, they can remain open and will not have to go back to virtual learning.

Hopefully, September will bring a little more normalcy once the students are on campus.

As of now, the tour dates are still on the calendar. OSD- Oct. 24, 2020 OSB- Feb. 27, 2021

You can donate to the State Project Fund in honor or in memory of anyone or anything you wish. I will send a card letting the person know that you made a donation in their name. You can gift your secret sister by donating to the State Project. I will send your secret sister a card letting her know of your gift in her honor.

Thank you to all the wonderful members of ESA that make this State Project a success every year. You are truly amazing and caring women.

Thank you,

Amanda Lovell, State Project Director



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Epsilon Sigma Alpha Western District

Leadership Meeting "Fluttering Away With ESA"

Saturday, October 10, 2020

Noble Avenue Baptist Church 1219 W. Noble Avenue

Guthrie, Oklahoma

Registration: 9:30 am

Meeting: 10:00 am

Donuts will be served before the meeting begins and a box lunch will be served after the meeting, the cost of which is \$10.00.

Please bring a silent auction gift, socks for Shoes That Fit, and personal hygiene items like small soaps, toothpaste, deodorant, etc.

Masks are required and social distancing will be observed. Sanitizer will also be available.

Please RSVP by October 5, 2020 to: Ramona Bench, ramonabench@hotmail.com, (909) 553-0130 Or Libby Zaage, ezaagel@cox.net, (405) 795-4998

77th Annual Oklahoma State Convention Contest Winners 2019-2020

Association of the Arts: Poetry/Short Stories:

1st & 2nd Place – Linda Leveridge, Delta Kappa – Norman

Association of the Arts: Clara Vaughn - Chapter with the most entries

Delta Kappa, Norman

Awards: What ESA Means To Me: 1 year or less

1st Place – Carol King, Kappa Theta – Guthrie

Awards: What ESA Means To Me: more than 1 year

1st Place - Linda Leveridge, Delta Kappa – Norman

DAA:

1st Place – Cindy Crook, Kappa Theta – Guthrie 2nd Place – Erica Wright, Delta Kappa – Norman 3rd Place – Kathy Ward, Beta Rho – Del City

Disaster Fund : 15 members or less

1st Place – Beta Rho – Del City 2nd Place – Alpha Theta – Muskogee 3rd Place - Delta Epsilon – Del City

Disaster Fund: 16 member or more

1st Place – Delta Kappa – Norman 2nd Place – Gamma Zeta – Edmond 3rs Place – Beta Iota – McAlester

Winner of the 3 Cake Drawing: Beta Iota – McAlester

Easter Seals:

1st Place – Delta Kappa – Norman 2nd Place (3 way tie) Beta Gamma – Tulsa; Beta Iola – McAlester & Epsilon Kappa -Hominy 3rd Place –Zeta Gamma – Shawnee

Educational Award – Distinguished Athenian Award

Faye Alexander, Delta Kappa – Norman

ESA Foundation – Monetary Donations & Donations not sent directly to Foundation

 1^{st} Place - Delta Kappa - Norman 2^{nd} Place - Beta Iota - McAlester 3^{rd} Place - Gamma Zeta - Edmond

ESA Foundation – Dorothy Smith Drumm Award Turn-around Fund Only

1st Place – Delta Kappa – Norman 2nd Place – Beta Gamma – Tulsa 3rd Place – Zeta Gamma – Shawnee

ESA Foundation - Norma Moore - Money donated excluding turn-around fund

1st Place – Zeta Gamma – Shawnee 2nd Place – Sigma Chi – Inola 3rd Place – Beta Gamma – Tulsa

ESA for St Jude: 15 members or less - hours donated

1st Place - Beta Gamma - Tulsa 2nd Place - Sigma Chi - Inola 3rd Place - Kappa Theta - Guthrie

ESA for St Jude: 15 members or less - monies donated

1st Place - Beta Gamma - Tulsa 2nd Place - Sigma Chi - Inola 3rd Place - Gamma Delta - Tulsa

ESA for St Jude: 16 members or more - hours donates

1st Place - Gamma Zeta - Edmond 2nd Place - Kappa Alpha - Tulsa 3rd Place - Beta Iota - McAlester

ESA for St Jude: 16 members or more - monies donated

1st Place - Kappa Alpha - Tulsa 2nd Place - Gamma Zeta - Edmond 3rd Place - Alpha Rho - Broken Arrow

Membership:

1st Place and winner of the \$300 cash – Zeta Epsilon – Seminole 2nd Place - Beta Zeta – OKC 3rd Place – Eta Omega – Grove

Outstanding Youth

Senior High

1st Place - Zoie Newman - Mc Alester 2nd Place – Cheyenne Reener - Seminole 3rd Place – Rylee Roberts – Delta Kappa - Norman

Junior High Youth

1st Place – Macy Barefoot - Delta Kappa - Norman 2nd Place - Hensley Kidd - McAlester

Outstanding Chapter – 15 members or less

 1^{st} Place – Zeta Gamma – Shawnee 2^{nd} Place – Beta Rho – Del City 3^{rd} Place – Beta Gamma – Tulsa

Outstanding Chapter – 16 members or more

 1^{st} Place – Beta Iota – McAlester 2^{nd} Place – Delta Kappa – Norman 3^{rd} Place – Gamma Zeta – Edmond

Philanthropic - 15 members or less – Hours

1st Place – Epsilon Kappa – Hominy 2nd Place - Beta Rho – Del City 3rd Place – Kappa Theta - Guthrie

Philanthropic - 16 members or more – Hours

1st Place – Delta Kappa – Norman 2nd Place – Beta Iota – McAlester 3rd Place – Kappa Alpha – Tulsa

Philanthropic - 15 members or less - Monies

1st Place - Beta Rho- Del City 2nd Place - Beta Gamma - Inola 3rd Place - Zeta Gamma - Shawnee

Philanthropic - 16 members or more – Monies

1st Place – Kappa Alpha – Tulsa 2nd Place – Eta Epsilon – Skiatook 3rd Place – Beta Iota - McAlester

Presidents Award

Linda honored all Oklahoma Chapter members

State Project - Monies donated 15 members or less

1st Place - Epsilon Kappa - Hominy 2nd Place - Beta Rho - Del City 3rd Place - Delta Chi - Midwest City

State Project - Monies donated 16 members or more

1st Place - Delta Kappa - Norman 2nd Place - Theta Tau - Kingfisher 3rd Place - Beta Iota - McAlester

State Project - Hours donated 15 members or less

1st Place - Beta Rho - Del City 2nd Place - Beta Gamma - Tulsa 3rd Place - Beta Zeta -OKC

State Project - Hours donated 16 members or more

1st Place - Beta Iota - McAlester 2nd Place - Delta Kappa - Norman 3rd Place - Alpha Rho - Broken Arrow

Years of Service:

Ramona Bench	5 years
Jacque Cantrel	20 Years
Leslie Farabee	20 Years
Gwen Beasley	25 Years
Misty Blundell	30 Years
Dana Terrell	35 Years
Anita Long	35 Years
Judy White	45 Years
Cathy Holsted	45 Years
Priscilla Drummond	45 Years
Maxine Wheelan	65 Years

Covid Retreat

Greetings one and all, I thought it would be fun to share some of the happenings at this year's Covid Retreat (aka State Convention). Friday night's welcome/ mixer was a big success. We had some very interesting characters from Hollywood paying us a visit: Dorothy and Toto as well as the wicked witch, Bozo the clown was there with some interesting or maybe not so interesting antics, couple of dudes dressed in black doing some singing (not sure who they were) but they made us laugh, and what party would not be complete without the famous Phyllis Diller and her stories about Fang. We played a couple of rounds of Trivia. Other activities were planned but were cancelled. Everyone was so excited to just sit mingle and visit something we have not had the opportunity to do in a while. We made over 1500 dollars on the silent auction. The Hospitality Lounge was a great gathering place with some very neat raffle items.

Saturday's event started out with flag ceremony, opening ritual and flag salute. The mayor from Midwest City welcomed all of us to the area and thanks us for having our convention. Business was taken care of as usually. With several cancellations of speakers, we had some sharing times: T shirt Tales, stories and other memories, especially the stories with Cathy's van of travelers (Sounds like that was one interesting party van!!). Lunch was great awards were handed out. Congrats to Seminole for winning Liz King's incentive on most new members, Beta lota and Zeta Gamma for Outstanding Chapter, Carol King for What ESA means to me one year or less she is from Kappa Theta Guthrie. Installation was beautiful Mona and her guys and gals did a great job. We honored our own Maxine Wheelan with a special honor guard and escorts as she was presented an award for 65 years of service to ESA. Way to go Maxine.

Sunday we wrapped things up as usually, raised and lower the gavels and I passed the gavel on to Mona raised our glasses toasted the new officers, tied up any loose ends. Said our closing ritual and headed out to Linda's going out of business sale and to view Jerry's pictures.

By the way, Jerry was glad to see all of us. You can view convention pictures and it is not too late to place orders. So, if you were not with us in person you were with us in our hearts. You can get pictures if you would like some.

There is a list of winners attached so you can check it out.

I had a great and crazy year. God Bless you everyone.

Linda Leveridge



Disaster (noun) :an adverse happening occurring sometimes unexpectedly; can be caused by carelessness, negligence, bad judgement or by natural forces: hurricanes, wildfires, floods, tornadoes, earthquakes, etc.

As you can see by the definition, a disaster can happening at any time that is why it is imperative that we stay prepared. As your new **DISASTER FUND CHAIR**, I am asking each chapter to plan in their Chapter's budgets and extra 15 to 20 dollars to this very worthy cause. You never know when you might be at the end of a misfortunate happening.

PLEASE GIVE FREELY!!!! NOW ACCEPTING CHAPTER, INDIVIDUAL AND CORPORATE DONATIONS. THERE IS A GREAT SURPRISE AWAITING YOU.

Linda Leveridge Jr. Past President Disaster fund Chair



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Margaret Kramer, Sr. Past President/Workshop Coordinator



Greetings Oklahoma ESA

Sisters and Brothers! I trust you are all taking the necessary precautions to continue your Chapters "Good Works" while keeping safe and healthy. This has been and will continue to be a challenging year for us all. I am extremely confident

that with ESA Oklahoma membership's commitment to the organization and what it represents that we will overcome the obstacles necessary to reach our goals with the assistance of our talented and innovative leaders and members. I realize it is early to start planning for Convention Workshop ideas however I am asking you for your thoughts on what topics you would enjoy learning or hearing more about. Let's be creative. I am eager to have your input.



Fall is in the air, and I hope that this will mean that the pandemic is coming to an end. I hope that each of you and your families have remained safe and healthy during this unprecedented time in our lives.

Since you may be staying home more now than you usually do, this is a perfect time to reflect about "What ESA Means to Me" and to write an essay to enter in the "What ESA Means to Me" contest. There are two categories for the essay: the first is for members of less than one year, and the second is for members of more than one year. All essays are due to me by April 1. Please send your entries to my email. I am looking forward to receiving many essays for this contest.

This is also a great time to organize your service awards so that you may honor those members who have achieved the First Pearl and Pallas Athene, as well as those achieving service years. Remember to send this list of those who have 5, 10, 15, 20, 25, 30, and 35 or more years of service to me, along with those in your chapter who have received their First Pearl or Pallas Athene. We want to recognize all of our sisters for their years of service to ESA, but we cannot do that if we do not have your help. Please send this list to me We want to celebrate our sisters' service years to ESA. **Dana Terrell**, Awards Chairman <u>danterrell1973@gmail.com</u>





Oklahoma State Leadership

September 12th, 2020

Hopes for Heroes Report

Tulsa area:

Blue Star Mothers are asking for 150 skull caps to be crocheted/knitted by November 1st

- Dark colors because will go under helmets
- Need to determine collection points: I will contact chapters to coordinate collection
- Blue Star Mothers contact: Susan @918.259.9479

Tulsa Vet Center:

- Service veterans suffering from PTSD, Trauma, transitioning from service, etc.
- Asking for crocheted hats/scarves, quilts, letters
- Will place items in waiting area for vets
- Contact: 918.628.2960

14002 E. 21st #200 Tulsa, Ok 74134

Oklahoma City

Oklahoma City VA Health Care System:

- In person volunteering opportunities on hold
- See list of needed donations
- Contact: 405.456.5162

PATIENT NEEDS LIST

ALL ITEMS MUST BE NEW <u>NEW CLOTHING</u>

PERSONAL ITEMS

DISPOSABLE RAZORS SHAVING CREAM TOOTHBRUSHES TOOTHPASTE COMBS DEODORANT SHAMPOO BODY WASH SHIRTS PANTS UNDERWEAR SOCKS SHOES

ITEMS THAT CAN BE MADE DITTY BAGS

LAP ROBES SMALL PILLOWS

OTHER NEEDS-CHECK OR CASH DONATIONS

REFRESHMENT FUND - For purchase of coffee, popcorn for patients

CANTEEN BOOK FUND — To purchase patient needs through Canteen if not available through Voluntary Service.

GENERAL PURPOSE FUNI) — May be utilized for general patient needs

RECREATION FUND — For patient recreation activities HOIÆLESS VET PROGRAM

ALL ITEMS SHOULD BE BROUGHT OR SENT TO:

VA HEALTHCARE SYSTEM

VOLUNTARY SERVICE (135)

921 N.E. 13TH STREET

OKLAHOMA CITY, OK 73104 PHONE: 405-456-5162

PLEASE NCLUDE DONOR NAME AND ADDRESS





Through all the difficult times we have all experienced during the COVID virus, causing many changes in our routine, not being able to meet in person, I found this quote and I hope it helps.

"You have to take a deep breath and allow the music to flow through you. Revel in it, allow yourself to awe. When you play, allow the music break your heart with its beauty".

The following cards were mailed to our members.

Mary Ann Jones, Zeta Gama, Shawnee chapter sympathy cards to Zeta Gamma and Aunt of a Mary Ann for the death of Mary Ann

Jodie Ross, member of Delta Chi, Sympathy card, for the loss her husband

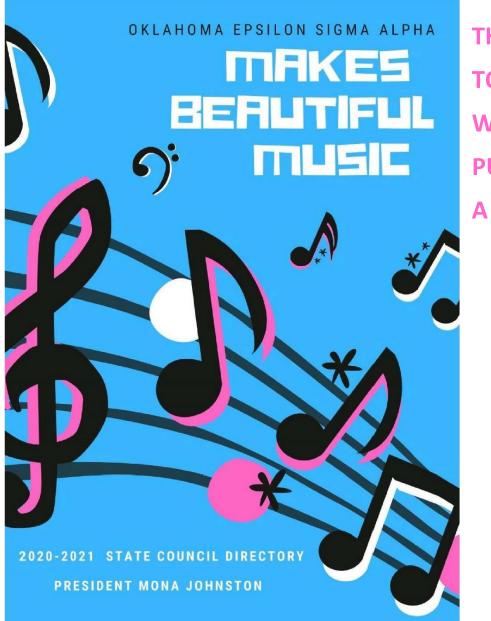
Sue Knight, Sigma Chi, Inola chapter thinking of you, Broken shoulder

Roberta Metzger, former Sigma Chi member, loss of her daughter due to COVID

Leslie Farabee, Eta Mu Owasso chapter. Sympathy card for the loss of her Father

Mara Wheeler, Gamma Delta member Sympathy card, loss her mother, Greta Wheeler was a charter member of Beta lota in 1973. She and Zelma Bowman were the driving force that started the chapter.





THANK YOU TO EVERYONE WHO PURCHASED A DIRECTORY!

-Lori Few

Liddie writes

The Secret Sister program is in full swing. The participants should have received their new names and information by now... Questions or concerns? Contact me at lesliefarabee@gmail.com

Liddie Farabee, Ok State Council Secret Sister Chair 20-21

ESA for St. Jude

Notes from ZOOM meeting on September 10th.

- **Booked Event** forms are used before an event happens
- . Please inform HQ and Ramona Paine that an event is scheduled.
- Completed Event forms HQ and I about the credit earned for that event. Without the completed form, you DO NOT get ANY credit for the event.
- Total for event need to be FULL total not the portion you get for.
- The member # is REQUIRED for the first chair of event. The online form will not submit without this information.
- St. Jude Walk/Run/Memphis Marathon, only fill out the booked and completed event form of if you are VOLUNTEERING. If you are fundraising then it's reported to HQ and ALSAC with a report at the end of each year.
- Radiothons We need # of people volunteered, # hours volunteered, and the total for the event with each completed event form so HQ can accurately calculate benefit.

If participating in Memphis Marathon the T-shirts are \$25. The event is Virtual so **Anyone** can participate this year.

St. Jude/Walk/Run most events are virtual – That Means Anyone Can Participate.

All ESA registrants will receive a runners bib. All members who raise \$100 on their fundraising page will receive the unique patient artwork shirt and have the opportunity to be featured in the *Journey* magazine wearing the shirt.

All teams are encouraged to set a goal of \$1,972 in support of the year the ESA and St. Jude partnership was established. All donations MUST be reported to HQ and received Before May 31st to be received in the office.

A chair pin will be sent upon receipt of a completed Event Form for all events raising \$500 or more.

Ramona Paine rockingchair18@yahoo.com or ramona.paine@gmail.com



Congratulations to our State President, Mona Quaid Johnston and her board. I wish for you a fantastic year.

Thanks to everyone who assisted with the auction at convention. Under the circumstances, I think it was successful. You raised \$1561. That means that Easter Seals; ESA for St. Jude and ESAF received \$520.33 each; The foundation gets the extra penny; \$520.34. The foundation's portion was donated to the Hawkins-Tuma-Starr Memorial Endowment. A special thank you to Linda Jones, Cathy Holsted, Aletha Bolt, Judi York, Leslie Farabee and Janice Shockley. Also, to all of you who helped to make the auction possible.

Please get the word out to every one you know that as of September 1, the ESA Foundation Scholarships are available. The deadline to apply is January 31, 2021. Go to : <u>epsilonsigmaalpha.org</u>; scroll down to scholarships and grants; Click; scroll down; click the state of OK to see which ones are available to Oklahoma. Let everyone know that these scholarships are available.

There are grants available through the ESA Foundation. Please go to the website to see if you or someone you know qualify for one of the grants.

Vivian Gibson ESA Foundation State Counselor

Outstanding Youth Chair

Now that school is back in session, please begin to think about the outstanding youth in your hometown. Please also contact your school counselors and inform them about the outstanding youth award.

Guidelines and rules can be found on <u>oklaesa.org</u> under the contest/forms tab.

Reminder entries are due by March 1st 2021.

Entries will need to be mailed to: Melissa Byrum Beta Iota PO Box 104 McAlester, OK 74502

Please contact me if you would be interested in judging this year.

Melissa Byrum 405-641-3534 melissabyrumslp@yahoo.com

MARC - Midwest Area Regional Conference

MARC is meeting the challenges head-on as we are all learning to adapt in this "new normal". We are following Linda's theme "Taking Chance", in a new way.

The MARC state presidents, state reps, MARC officers and members held a Zoom meeting in August, instead of the normal meeting at IC Convention. Plans for the upcoming Leadership Conference were shared for the Zoom conference. Nominations for 2020-2021 officers were presented, treasurer's report and budget were presented, proposed bylaw updates (While their members remain active, Iowa disbanded their state council and operational updates are required), plans for a Hope of Heroes project and a fund raiser for the two MARC Foundation Scholarships through the ESA Foundation were all shared. And as usual, there was time for ESA members to share what is happening in the 12-states.

While we may not be traveling to Indiana this fall, the MARC Leadership Conference will be a **virtual meeting on Saturday, Oct. 10, 2020**. As information is available the Zoom information and time will also be distributed through the state chaplain's email list, not posted on Facebook or online, for security and privacy.

If you are unfamiliar with MARC this would be a good time to check it out and meet MARC members from the other states. It's free this year, no packing, no flights or long drive but an awesome opportunity to share ESA, meet someone new and share the bonds of fellowship.

Watch for the Zoom link in early October. I hope to "See" you there.

And looking ahead, the MARC Leadership Conference October 2021 will be Wichita, KS, just a few hours away. From the advance plans I have heard, it is going to be an experience in KS!

Deb Hughes OK Rep to MARC

Philanthropic Chairman – Linda Voss

Happy Fall my sisters! Time to get to work on new projects to be of service to others. During this Covid mess we often find new challenges in getting things accomplished like we would prefer, but we know that overcoming challenges is what ESA ladies do best! Please let me know of challenges and your solutions that we might share among all sisters and also new opportunities that you find to serve. Over the years, ESA women have seen hard times but have always come together to overcome and excel during those times. I look forward to hearing from you. Please keep in contact as this helps us all. Just e-mail, text or call me. Also, if you have questions, don't hesitate to contact me. Can't wait to hear from you!

Linda Voss <u>lindavoss365@yahoo.com</u> 405-694-0928 4215 N. Westminister Rd. Guthrie, OK 73044 ESA Hugs, Linda



Peggie Sprinkle – Membership Chair

This has been such a strange year! Hope you all have been safe. Very few of us have been having in-person meetings ZOOM is interesting!

October is always Recruitment Month in ESA!

"Up Your Game for ESA" - ESA HQ has great resources for you on the website: epsilonsigmaalpha.org/ESALife!

As a chapter, host a recruitment event (virtually or safely inperson) and welcome a new community member between September 1 and

October 31, and all your chapter members will be invited to

the LeAnn Wray's

Fabulous Friday Family Feud ESA Celebration Zoom party in November.

Contact Tracy Swanson, ESA HQ Membership Director at <u>tracyswanson@epsilonsigmaalpha.org</u> if you have any questions.

Keep wearing those masks and social distancing!

Chapter Chatter

The Sisters of Vinita, Alpha Sigma Chapter #3085 share in the loss of Carolyn Simmons 82, a Charter member of Alpha Sigma. Carolyn passed away on Sept. 12, 2020. In November of this year, Carolyn would have been in ESA for 59 years. Carolyn will be greatly missed.



ESA Tote Bag Order Form

Name:	 	
Address:		
Phone:	 	
Email:		
Date:		





*First name is optional and can be embroidered on blue and beige bags.

1. <u>CIRCLE</u> YOUR CHOICE OF CANVAS BAG COLOR: \$15.00 Each

ROYAL BLUE w/WHITE ESA LETTERS (15 1/2"wide x 14" tall-approximately)

BEIGE w/BLUE ESA LETTERS

(15" wide x 13" tall-approximately)

TOTAL COST OF ORDER:_____

Order may be picked up OR mailed. Postage is waived for shipped orders

ALL ORDERS MUST BE PREPAID: CHECK #_____ (payable to: Gamma Delta) CASH \$_____

Shipping information, (only if order is to be mailed): Mail to: _____Address above Other address: ______

Mail order form & check to:Mara Wheeler, 321 S. Linden St., Sapulpa, OK 74066mara.wheeler@sbcglobal.net918-729-7787

Petticoat Journal Article – Delta Kappa

Delta Kappa had a great time at the 77th annual State Convention (aka The Covid Convention) at the Reed Center. We had 10 members attending the "Black Tie Affair" to help Linda celebrate and finish her year as the 2019-2020 State President. Even though Delta Kappa served along with Zeta Gamma as the hosting chapters, we still had lots of fun. The pictures below of Phyllis Diller aka Sharon Storms who made a guest appearance at the Friday night skits and Linda Leveridge enjoying her "retirement party" as State President provided by the Sooner Seniorettes should indicate what a good time we had. You can't get a bunch of ESA sisters together and not have a good time!!!

Congratulations to Mona and her officers and chairmen for a wonderful & successful year of "ESA Makes Beautiful Music". Mona's installation at the Sat night banquets was beautiful! Several of Delta Kappa members will be joining in to participate with the State Council Zoom meeting on Sept 12.

We will begin our 2020-2021 sorority year with our first business meeting on Tuesday Sept 8 at Goodrich Church. Since we have not been able to meet all summer for socials, installation of officers and our annual board meeting to plan the year, there will be a lot of items to take care of. It will be nice to gather together again as a chapter.

We will be having our first garage sale for this year on Sept 18 & 19 at Goodrich Church. By this time we have already had 2 garage sales. Thanks to Covid we have 2 storage units packed full with furniture, clothing and everything imaginable. We are hoping to downsize drastically which means lots of items at discounted prices. Come shop with us. You could find some wonderful treasurers!

Fall and all the wonderful colors and cool weather are on the way. Except for allergies fall is such an enjoyable season. I hope you can take some time to enjoy all that nature has to offer.

Until next time.....Blessings to stay well and stay safe

Janice Shockley for Delta Kappa, Norman



This Photo by Unknown Author is licensed under <u>CC BY-NC-ND</u>

Beta Iota, McAlester – Kristin Sullivan

BETA IOTA- MCALESTER had a face-to-face, mask "Let Your Light Shine So" meeting on July 9th at June Miller's home to install the 2020-2021 Beta lota Chapter Officers: Amanda Lowell was installed as President, Annette Nichols, Vice President, Tarra Singleton, Treasurer, Kristin Sullivan/Tawana Cathy, Recording Secretary, Amy Rymer, Education Director and Holly Stachmus Parliamentarian. It was a fun night of food, friends, conversation and recovery of a lost wardrobe for Beta lota 2019-2020 President Holly Stachmus. What a night to remember! Many of the Beta lota members were able to attend the Oklahoma State Convention on July 31, August 1, 2 at the Reed Center. It was wonderful to see all of our ESA sisters! We are also so proud that our own Mona Johnston, is serving as ESA Oklahoma State Council President and are looking forward to working together with all ESA sisters to make this an amazing year. As Coronavirus continues to rear its ugly head in 2020 the Beta lota sister are striving to creatively find ways to accomplish our goals of fund raising and providing service to our community. Due to the pandemic, many businesses have been affected by the down turn of the economy. We expect fundraising this year to be more difficult. We have decided to work on fund raising through virtual means such as online auctions, selling raffle tickets, etc. Miss McAlester h Scholarship Competition has been cancelled for this year, but we have still been able to see how the MMSC continues to encourage and bless the lives of a previous contestants, one shared with us her ability to use her scholarship funds to pay for her first college classes.

Throughout this Pandemic the Beta lota Sisters have been able to provide service at the Eufaula Friendship Kitchen. As Coronavirus uncertainty continues Beta lota plans to continue to eagerly serve our communities.

"The best way to find yourself is to lose yourself in the service of others." Mahatama Gandhi





Instillation of 2020-2021 Chapter Officers



77th Oklahoma State Convention

