

Educational

Super-easy Spaghetti Scarf.

One of my neighbors wore this darling scarf made how to make it. I went on the Internet and got visualize easier. There are many ideas for different Internet—just Google t-shirt scarfs. This is a plain t-shirt or one with graphics as shown. You any thrift store, or \$ Tree or General \$ Stores have them for about \$5. A t-shirt without a pocket is preferable, but you can even cut below a pocket and make it work. What a terrific, inexpensive gift you can make for your Secret Sister or make for a Ways & Means project! Or make them as a philanthropic project for senior residents—they're warm!



from a t-shirt, and she taught me these pictures so you could kinds of these t-shirt scarfs on the simple jersey scarf made from a can get t-shirts cheap for \$1-\$2 at

Here's what you need: an old men/women's XL t-shirt (XXL works too), scissors, and a flat space to work. I like to use a foam board to pin my t-shirt onto to help keep it straight.

Step 1. Lay the shirt flat and line up the stitching as possible.



hem. Cut the hem off as close to the

Then cut straight across from one armpit to the other (I use a yardstick to help me keep my cutting straight). You can save the cut off scraps for “flowers.”



Step 2. Your tube of fabric should be lying flat in half with a top and bottom fold (the hem area you cut and under the arms you cut should be on the sides). Along the bottom fold, cut with your scissors every inch all the way across. They don't have to be exact.



Step 3. Using the snips you made, cut ALMOST to the other end BUT be sure to leave 1 to 2 inches on the top fold uncut! (about 2 fingers' width) (See the pictures below).



Step 4. Now it's time to lengthen your loops. Hold the uncut edge with one hand while you streeeetch each loop with your other hand. Your fabric should curl and stretch. Continue until all loops are stretched about the same length.

Step 5 is optional. Cut about a 6-inch piece of the hem. Gather up the fabric where all the loops meet. Tie the 6-inch piece of hem about in the center of this seam. (See picture below)



VOILA! Your Spaghetti Scarf is finished!



Now loop it around your neck (or loop it twice as pictured) or tie the whole length in a knot at the end (see below) and you've got a very stylish, very thrifty scarf!



What do you think? So easy! There are multiple ways to wear these. You can make a “rosette” by cutting 2-3 round pieces of your scraps with pinking shears (I vary the sizes of the circles) and sew a glitzy button in the center.



Then sew a pin clasp, which you can buy at a hobby store, on the back of the rosette so you can pin to your spaghetti scarf for decoration.



If you made a spoon necklace at our August Leadership, scarf. Too cute!

you can even hang it off your